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Initialization, enhancement and mechanisms of aerobic granulation in wastewater treatment

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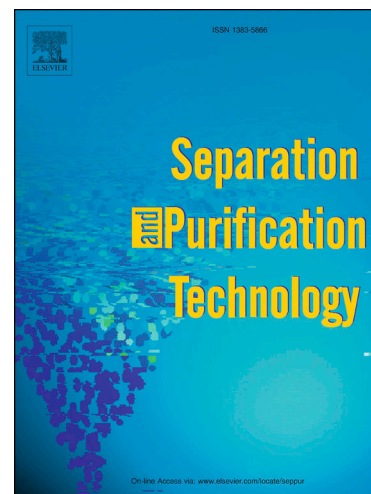
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1 **INITIALIZATION, ENHANCEMENT AND MECHANISMS OF**
2 **AEROBIC GRANULATION IN WASTEWATER TREATMENT**

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14 **Highlights of Review Article**

- 15
16 • A comprehensive review on factors initiating formation of aerobic granules.
17 • Effective approaches adopted to enhance initial development of aerobic granules.
18 • Different mechanisms of aerobic granules development at initial stage were
19 discussed.
20 • Natural polymer as a new approach in accelerating aerobic granules development.
21 • Aerobic granules fed with enhancer showed excellent properties and pollutant
22 removal.

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12 ABSTRACT

13 Aerobic granulation is a promising technology that has increasingly attracted global
14 attention due to its potential as a cost effective system, and its application in a wide range
15 of wastewaters. Aerobic granules are highly structured suspended microbial aggregates
16 capable of degrading biodegradable compounds with excellent settling properties, good
17 pollutant removal and high resistance to toxic compounds. However, evidences show that
18 granules formation in high strength wastewaters takes relatively much longer time at
19 initial stages. This article reviews the state-of-the-art of the researches done on the factors
20 influencing granulation at initial stage, with particular focus on the aggregation of
21 microbial cells. In addition, this review discusses the effective approaches adopted for the
22 enhancement of initial development of aerobic granules. Moreover, the current article
23 highlights the mechanism of aerobic granulation at its initial stage, as well as other
24 different approaches. Finally, future research directions to improve aerobic granules
25 formation at the initial stage are discussed.

1 Keywords: Aerobic granules, Aggregation, Enhancement, Initial Development,
2 Mechanism

3

4 **1.0 Introduction**

5 Interest in biogranulation technology has constantly grown due to its unique
6 characteristics, particularly in the treatment of a wide range of wastewaters. Research
7 work on biogranulation technology has been extensively studied in wastewater treatment.
8 Anaerobic granular sludge was successfully developed in upflow anaerobic sludge
9 blanket (UASB) reactor since 1970 [1], while formation of aerobic granular sludge in
10 sequencing batch reactor (SBR) was observed in 1997 [2]. Biogranulation process
11 involves the aggregation of aerobic and anaerobic microorganisms through the interaction
12 of their biological, physical and chemical properties [3]. These biogranules form a
13 network of bacteria community that has the ability to degrade complex wastewaters.

14 The conventional wastewater treatment technology typically consists of ponding
15 systems, evaporation and open or close digesting tank [4]. Although these methods are
16 suitable for wastewater treatment in terms of cost and operation, they are considered less
17 effective due to their major drawbacks including application of long hydraulic retention
18 time (HRT), requirement of large working area and presence of large amount of
19 undigested suspended solids capable of causing sludge bulking [5, 6].

20 Aerobic granulation is a promising wastewater treatment method that has several
21 advantages over conventional activated sludge (AS) systems. Aerobic granulation
22 systems can be operated at high organic loadings, short retention time, low energy
23 consumption and low operational cost [7, 8]. Additionally, aerobic granules are strong,
24 compact microbial structures which have excellent settling and high biomass retention

1 capabilities that enable them to withstand high recalcitrant organic loadings and toxicity
2 from high strength wastewaters [8, 9]. Furthermore, land requirements, sludge generation,
3 energy consumption and cost are significantly reduced by 50-75%, 20-25% and 23-40%,
4 respectively under aerobic granulation system as compared to conventional activated
5 sludge process [10]. Over the years, aerobic granulation systems have effectively treated
6 low and high strength wastewaters.

7 However, the major drawback in aerobic granulation development is the long
8 start-up period, which has remained unsolved and this lead to unpredictable granule
9 morphology that influence aerobic granules properties (granular strength and stability),
10 growth of irregular filamentous bacteria, scum formation and stable foaming, washout of
11 slow settling biomass and inefficient nutrient removal capabilities [11-13]. Recent studies
12 showed that granules took relatively longer times to be initially developed while treating
13 high strength wastewaters. High strength wastewaters such as palm oil mill effluent
14 (POME), livestock, textile and rubber wastewaters contain excess amounts of organic
15 constituents (suspended solids, COD, BOD, oil and grease) and lignocellulose materials
16 (lignin, cellulose, phenolic and humic acid). Indiscriminate disposal of improperly treated
17 wastewaters has severe deleterious effects on the ecosystem. Fulazzaky et.al [12] noted
18 that granules' formation did not occur after 190 days of palm oil mill effluent (POME)
19 treatment. Pijuan et.al [14] also noted that aerobic granules were initially appeared after
20 133 days of operation. During the cultivation of aerobic granules at high suspended solids
21 concentrations, Cetin et.al [13] indicated that smaller granules were formed on day 44
22 (0.6 mm). The concentration of Mixed Liquor Suspended Solids (MLSS) fluctuated due
23 to the presence of high suspended solids, causing system instability and low pollutants
24 removal. At stable period, smaller matured granules were cultivated and caused the

1 outgrowth of irregular filamentous granules [13]. Thus, focus on the initial process of
2 aerobic granules' development is essential to reduce the long start-up period.

3 The overall granulation mechanism involves four stages, including cell to cell
4 attachment, microbial aggregation, pre-maturation and post-maturation. The formation of
5 aerobic granules starts from (i) 0-30 days; (ii) 30-60 days (iii) 60 – 200 days or more [10].
6 Each phase performed different mechanism as they are affected by different factors. In
7 granulation, out of four stages, the first stage (cell to cell attachment) plays a major role
8 in determining a successful development of aerobic granules. The factors that are
9 involved in the first stage, also known as the initial stage, are identified as primary factors.
10 According to Sarma et.al [10], the common factors that are responsible for the formation
11 of aerobic granules are classified as primary factors. The initial stages of granulation are
12 influenced by different primary factors such as surface hydrophobicity, EPS, charge
13 neutralization and hydrodynamic shear force. During the initial granulation process, cell
14 aggregations are likely to occur due to the factors that act as a possible mechanism to
15 facilitate initial cell to cell attachment. Primary factors play a crucial role in the initiation
16 of cell aggregation by strengthening the interaction between microbial cells, which, in
17 further, leads to the attachment and formation of microbial aggregation at the second
18 stage. It is essential to give more attention to the initial process of granulation, as this
19 could help to promote rapid formation of aerobic granules by reducing long granulation
20 time. In addition, this can assist in strengthening the initial development of aerobic
21 granules in terms of structure and physical properties, which will be discussed in Section
22 3. Meanwhile, the factors that are less likely to be involved in the formation of aerobic
23 granules are classified as secondary factors, because the granulation may occur even

1 without their presence. Secondary factors include organic loading rate (OLR) and solid
2 retention time.

3 During the past decade, a number of review papers on granulation technology
4 have been published, discussing factors influencing granulation [7, 15, 16], mechanisms
5 [8], structural stability [17], application of biogranules in wastewater treatment and
6 mathematical modelling of biogranules [18]. In addition, the main gap knowledge in
7 granulation technology was addressed for better understanding of the granulation process
8 [10]. In several reviews, operational conditions, such as settling velocity, shear force,
9 settling time, biomass concentration and feeding strategy, have been suspected as key
10 factors to promote the granulation. Nancharaiah and Kiran Kumar Reddy [8] discussed
11 the formation mechanism of aerobic granules, where EPS and high selective pressure
12 such as hydrodynamic shear force and feast/famine condition were selected as triggering
13 factors that lead to biogranule formation. Besides, Kent et.al [17] reviewed the aerobic
14 granulation formation in continuous flow reactors (CFRs), by considering settling
15 velocity, hydraulic and shear force as main factors to accelerate the granulation process.
16 Bengtsson et.al [16] and Winkler et.al [19] also addressed the operational conditions as
17 parameters associated with the formation of aerobic granules. Rollemberg et.al [7] stated
18 that selection pressure is the driving force for a successful cultivation of aerobic
19 granulation.

20 To date, most recent studies indicated that formation mechanism of granulation is
21 mainly dependent on environmental and operational parameters. However, there is a lack
22 of comprehensive and critical review on the roles of microbial conditions toward the
23 formation of aerobic granules. Apart from operation conditions, microbial conditions,
24 such as EPS, surface hydrophobicity and bacterial strain, also play a major role in the

1 initiation of microbial aggregation, which are considered for a successful development of
2 aerobic granules [20, 21]. Granulation is a complex phenomenon process, and the method
3 of accelerating it involves numerous parameters, including seed sludge, exchange ratio
4 and organic loading rate. It is clearly seen that the dominant factors influencing the
5 initiation of aerobic granules are still unknown. Moreover, reviews highlighting the
6 alternative approaches on the enhancement of aerobic granules are still limited. Up to the
7 present, only Zhang et.al [22] reported the recent strategies that have been used to
8 accelerate aerobic granules formation and their contributions to rapid granulation.
9 Therefore, the purpose of this article is, firstly, to briefly review the primary factors
10 associated with the formation of aerobic granules, and their influence on the initiation of
11 cell aggregation in the granulation process, where microbial conditions are selected as
12 triggering factors. Secondly, to assess the influence of alternative approaches in
13 enhancing initial development of aerobic granules and their mechanisms. This review
14 compared the main physicochemical characteristics of aerobic granules, as well as the
15 different development approaches, and analysed their contribution to the rapid
16 granulation. Future research directions in improving aerobic granules formation are
17 suggested, which could be useful for a better understanding of the enhancement of aerobic
18 granules development at initial granulation process.

19 **2 Factors Affecting Initiation of Aerobic Granules Development**

20 Formation of aerobic granules is a complex process influenced by a number of
21 parameters. In many studies, it was illustrated that selection pressure is the major factor
22 involved in successful aerobic granules cultivation. Some of the selection pressures,
23 which primarily influence aerobic granulation development, include shear force [8],
24 volumetric exchange ratio [23], settling time and aeration intensity [24]. Wastewater

1 characteristics are also important in the development of aerobic granules as they are
2 difficult to be controlled in the reactor. On the other hand, organic loading rate (OLR)
3 and substrates are more likely to influence the characteristics of developed granules,
4 rather than the process development of aerobic granulation [3]. Very weak selection
5 pressures such as low shear force and long settling time could hinder granulation
6 development process. Relatively strong selective pressures are essential to initiate aerobic
7 granules development.

8 **2.1 Selection Pressure and Wastewater Characteristics**

9 According to Nancharaiah and Kiran Kumar Reddy [8], hydrodynamic shear force is one
10 of the major triggering forces in SBR for successful development of aerobic granules,
11 which is beneficial for the structural formation of aerobic granules. Previous studies
12 emphasized that high shear force is required for cultivation of aerobic granules as it
13 contributes to the compactness and stability of aerobic granules [7, 8]. In addition, the
14 presence of high shear force increases the secretion of EPS and cell surface
15 hydrophobicity. The increased production of EPS at a high shear force could promote
16 granules formation and produce stronger structure of aerobic granules. When the reactor
17 operated with high shear force, compact and strong granules will be developed, thus lower
18 the SVI value. In SBR system, shear force is represented by superficial upflow air velocity
19 (SUAV). Several studies have shown that shear force under 1.2 cm/s is unable to produce
20 granules with good properties. According to Tay et.al [25], loose and irregular biofilm
21 were formed under low shear force of 0.3 cm/s and no granulation occurred as SVI value
22 was increased to 170 ml/g at steady state. However, the study conducted by Tay et.al [25]
23 differed from the findings of Lochmatter and Holliger [26], which reported the
24 development of aerobic granules under shear force of 0.8 cm/s. Nonetheless, the structure

1 of aerobic granules developed were loose and irregular. Lot of researches claimed that
2 strong and dense granules could be formed under superficial air velocity of higher than
3 1.2 cm/s. Based on the studies of Ab Halim et.al [27] and Ibrahim et.al [28], higher
4 superficial air velocity of 2.1 cm/s and 2.3 cm/s, respectively, were able to develop
5 aerobic granules with better settling ability. However, Bindhu and Madhu [29] stated that
6 excessive increasing of shear force may not be effective in enhancing removal
7 performance of aerobic granules. The result showed that the increased of upflow air
8 velocity from 3 cm/s to 4 cm/s did not give significantly impact towards the COD removal
9 efficiency. Therefore, the selection of optimal shear force is essential in order to produce
10 aerobic granules with excellent properties and maximum removal efficiency.

11 Another important factor for granules cultivation is the settling time. A number of
12 studies indicated that short settling times are necessary for aerobic granules formation
13 [24, 30, 31]. Linlin et.al [32] emphasized that short settling time is important for the
14 formation of aerobic granules, because it determines the amount of sludge accumulation
15 in the reactor. Qin et.al [24] indicated that, after 7 days, aerobic granules with a diameter
16 of 0.35 mm were successfully cultivated in the reactor operated at 5-min settling time.
17 The authors also claimed that it was difficult to develop aerobic granules at a settling time
18 higher than 15 min. Aerobic granules with larger size appeared initially at settling time
19 of 5 to 10 min. Bindhu and Madhu [29] stated that a settling time of 3 min can sufficiently
20 produce compact granules with excellent settleability. However, too short settling time
21 will cause accumulation of insufficient granules due to the wash-out of large amount of
22 sludge at the initial stage of aerobic granules development. Similarly, prolonged settling
23 time could cause the formation of flocculated biomass and retention of filamentous

1 bacteria in the bioreactor. This can disturb the settling ability of granules and cause failure
2 to the granules development.

3 Many studies have shown the role of wastewater composition as key factors
4 influencing the development of aerobic granules. The presence of divalent ion in
5 wastewaters, such as Ca^{2+} and Mg^{2+} can promote aggregation by acting as nuclei, initiate
6 bacterial attachment by acting as a bridge and further accelerate the initiation of aerobic
7 granules development [33]. As reported by Gao et.al [34], Ca^{2+} produces larger aerobic
8 granules with higher organic loading rate and is capable of inducing higher secretion of
9 polysaccharides-EPS content. Due to their positive effects in improving the aerobic
10 granules development, attempts have been made by several studies to supplement these
11 divalent ions in the reactor, in order to enhance the aerobic granulation process as
12 discussed in section 3.2. Further, according to Li et.al [35], the existing of chemical
13 elements in wastewaters such as Fe, P and Si may contributes to microbial aggregation.
14 Presence of Al and Fe are necessary to produce aerobic granules with excellent properties
15 [36]. Si could increase the growth of microbial metabolism, build the foundation for the
16 structure of aerobic granules and increase the strength of granules.

17 Despite the well-established factors that affect aerobic granules formation, there are
18 complex processes that are involved during the initialization of bacteria aggregation,
19 which are influenced by some primary factors, including bacterial aggregation strain, cell
20 surface hydrophobicity, EPS secretion, surface charge and proton translocation. The
21 effects of these factors on the mechanism of granulation processes are largely unknown.
22 Bacteria is not likely to aggregate naturally due to the repulsive electrostatic forces and
23 hydration interactions among it. It prefers to disperse, rather than aggregate, without
24 force. Thus, these factors become the triggering force that is essential for the initiation of

1 cell aggregation by coalescing the bacteria and, further, make them aggregate. The
2 formation and stability of aerobic granules are crucial for a successful granulation system.

3 **2.2 Bacterial Aggregation Strain**

4 Microbial aggregation is the process of coalescing bacteria cells that belong to the same
5 bacterial strain (auto-aggregation) or to two or more different bacterial strain (co-
6 aggregation). It is well established that bacterial strain (auto aggregation and co-
7 aggregation) plays a major role in the development of aerobic granules at the initial stage.
8 Auto-aggregation refers to the aggregation formed through the interaction between
9 bacterial cells from same species, while co-aggregation refers to the interaction of bacteria
10 from different species. Both bacterial strains have different characteristics and conditions
11 that influence their ability to be classified as good and poor aggregators in the aggregation
12 process. According to Chen [37], auto-aggregation ability is scaled by aggregation index.
13 High aggregation index indicates high aggregation ability and denotes a strong tendency
14 of the cells to agglomerate into an aggregate. Basically, high aggregation index is a result
15 of high settling ability caused by increased cell size at early stage of granules
16 development.

17 Auto-aggregation can be classified based on its aggregation strength. According
18 to Rahman et.al [38], auto-aggregation ability can be classified into high, medium and
19 low auto-aggregation. The aggregation ability decreases when auto-aggregation is high
20 and increases at medium and low strain. *B.longum* strain is a bacterium with good
21 aggregation ability. A study by Ibrahim et.al [39] classified the bacteria strain ability by
22 aggregation behaviour such as sensitive, moderate and resistant. Besides, media
23 compositions, pH and temperature can affect auto-aggregation [38, 39]. The auto-
24 aggregation ability decreases when there are changes in pH and media composition.

1 Rahman et.al [38] observed that, high auto-aggregation strain at high temperature shows
2 a significant decrease in aggregation ability.

3 Auto-aggregation can facilitate the aggregation of bacteria by enhancing the
4 formation of microbial aggregates and contribute to the structural stability of cells. The
5 characteristics of auto-aggregation strains are unique, indicating that the bacterial strains
6 are species-dependent and have different aggregation capabilities at different growth
7 stages. Besides, the behaviour of auto-aggregation is regulated in different ways.
8 However, the characteristics of co-aggregation show that their relationship with bacteria
9 is complex and varies at different growth times. According to Jiang et.al [40], bio
10 augmentation of two co-aggregation strains has significantly improved the aerobic
11 granulation development at initial stage. This could be attributed to the association of
12 bacterial co-aggregation with an integral component of the granulation process.

13 **2.3 Surface Hydrophobicity**

14 Cell surface hydrophobicity plays an important role as a triggering force to initiate cell-
15 to-cell aggregation during the initial stage of aerobic granules development. It is one of
16 the most important forces in microbial aggregation that influences the bacteria to coalesce
17 and aggregate. Previous studies demonstrated that cell surface hydrophobicity could
18 induce, strengthen cell-cell interaction and initiate the granulation [20]. High cell surface
19 hydrophobicity accelerates the formation of a denser structure and enhance microbial
20 aggregation, particularly aerobic granules [3]. The increase of cell hydrophobicity could
21 be influenced by the high shear force or hydraulic selection pressure imposed on
22 microorganisms. Nevertheless, cell hydrophobicity is not sensitive to OLR. Based on the
23 thermodynamic theory, the increase in cell surface hydrophobicity would decrease the
24 excess Gibbs energy on the surface and, therefore, promote cell-to-cell interaction of

1 bacterial self-aggregation [41].

2 Several studies have investigated the factors that influence cell hydrophobicity,
3 including starvation phase, addition of cations, type and concentration of substrate, pH,
4 temperature, composition of the media, hydrodynamic shear force, settling time and
5 others [8, 42, 43]. Under starvation period, the bacteria change their surface properties
6 and become more hydrophobic, allowing them to coalesce and aggregate [20]. Cations
7 have been examined for their influence on aggregation and cell surface hydrophobicity.
8 Alias et.al [44] studied the effect of cations on the aggregation and cell surface
9 hydrophobicity and found that the addition of Ca^{2+} increased aggregation up to 62%, and
10 enhanced the cell surface hydrophobicity of aerobic granules. The aggregation and cell
11 surface hydrophobicity of microbial cells increased with increasing ionic strength.
12 Moreover, Ca^{2+} additions can cause a shorter starting period and a faster aerobic
13 granulation process [3, 45]. This indicates that high cell surface hydrophobicity is
14 important for the integration between microbial cells, and to form compact aggregates.
15 Several studies have found that variation of microbial community structure in bacteria
16 aggregation and contribution of extracellular polymeric substances affect cell surface
17 hydrophobicity in aerobic granulation [20, 46]. The increase of cell surface
18 hydrophobicity can improve the settling ability of sludge biomass and enhance the
19 granulation process.

20 **2.4 Surface Charge**

21 Surface charge is one of the parameters that can contribute to microbial attachment or
22 aggregations. In general, bacterial cell surface is negatively charged, and the microbial
23 cell surface of the same charge undergoes electrostatic repulsion and hinder cell
24 aggregation [20, 43]. Therefore, microbial aggregation can be enhanced by reducing the

1 repulsion between bacterial surfaces. Previous studies demonstrated that the addition of
2 metal ions such as Ca^{2+} can neutralize negatively charged cells and facilitate initial cell-
3 to-cell interaction [10, 20, 45]. Ren et.al [47] noted that the addition of Fe^{2+} and Fe_3O_4
4 can accelerate microbial aggregation by reducing the negative charges on bacterial
5 surface while acting as nuclei for bacterial attachments. Moreover, the metal ions can
6 facilitate the attachment between microorganisms, and promote microbial aggregation by
7 decreasing and neutralizing the negatively charged microbial cells.

8 **2.5 Extracellular Polymeric Substances**

9 Extracellular polymeric substances (EPS) is an important component in aerobic granular
10 sludge, which plays a major role in aggregating microbial cells and forming granules [10,
11 21, 48]. EPS are biopolymers secreted by microorganisms, which mainly compose of
12 polysaccharides, protein, humic acid and lipids. Polysaccharides and protein are the
13 predominant constituents of EPS [10, 30, 48]. EPS can influence microbial aggregation
14 by acting as an adhesion to attach single bacterial cells, enhance aggregation and help
15 aggregated cells to develop granules [49]. According to Sheng et.al [21], the interaction
16 between EPS and microbial cells can induce the attachment of bacterial cell by closely
17 binding the cells through ion bridging interactions, hydrophobic interactions and polymer
18 entanglement, which serves to enhance and promote the formation of microbial granules,
19 as shown in Fig.1. Liu and Tay [3] hypothesized that high shear force can enhance EPS
20 production to produce compact and stronger structure of aerobic granules.

21 In general, besides hydraulic selection and OLR, the abilities of microbial
22 communities such as *Zoogloea spp.* and *Rhodocyclales*, *Xanthomonadaceae*, and
23 *Comamonadaceae* to produce EPS are well known. According to Fra-Vázquez et.al [50],
24 it was observed that EPS in aerobic granules were highly secreted by *Brachymonas*,

1 *Zoogloea* and *Thauera* . Moreover, the study indicated that these bacteria were attributed
2 to the granule structure and pollutant removal of aerobic granules. Studies by Szabó et.al
3 [51] and Zhang et.al [52] claimed that, *Rhodocyclaceae*, *Xanthomonadaceae*,
4 *Sphingomonadaceae*, *Meganema* and *Devosia* are highly associated with EPS secretion.
5 Also, these EPS-producing bacteria are reported to be denitrifiers, which help in removing
6 nitrogen in wastewater [53]. Therefore, it is clear that apart from being a good EPS
7 producer, the microbial community also tends to play significant role in maintaining
8 granule stability and is responsible for removal performance of aerobic granules,
9 especially in nitrification-denitrification process.

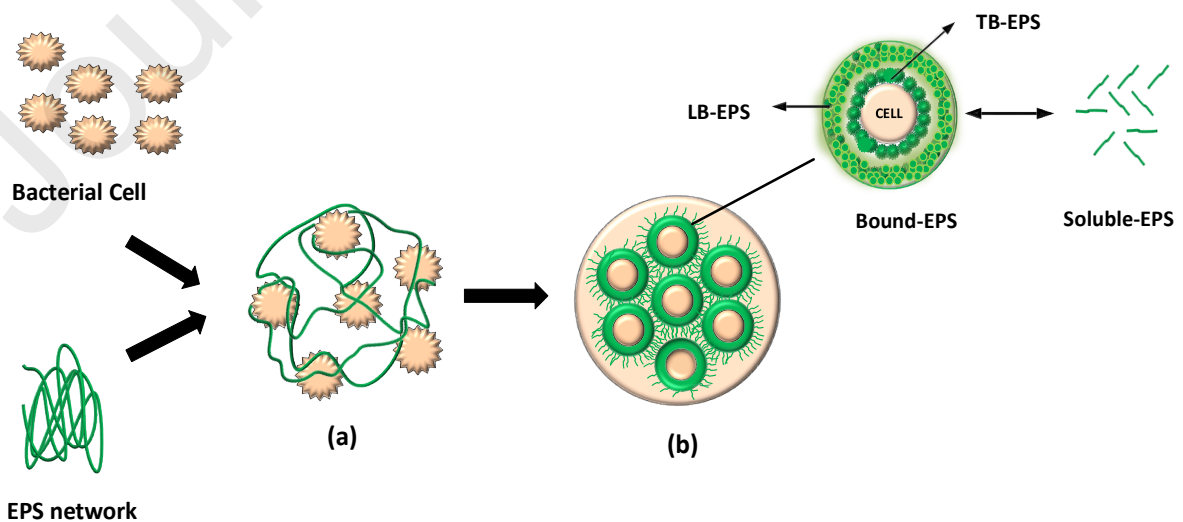
10 EPS have been found to surround the microbial aggregates; they localize both
11 outside the bacterial cell surface and in the inner part of the aggregates. Sheng et.al [21]
12 stated that the structures of EPS are divided into two categories: bound EPS and soluble
13 EPS. The bound EPS structure includes capsular polymers, condensed gel and microbial
14 sheaths, whereas soluble EPS structure includes soluble macromolecules, colloids and
15 slimes. Bound EPS are more likely to attach to the bacterial cells, while soluble EPS are
16 weakly bounded with cells. However, Li and Yang [54] reported that soluble EPS could
17 positively affect the microbial activity of aggregates, although soluble EPS are unattached
18 to the bacterial cells. The structural layer of bound EPS consists of a tight bound and a
19 loose bound. Tight-bound EPS (TB-EPS) are closely bounded with the bacterial cells,
20 while loose-bound EPS (LB-EPS) only cover the outer layer of the cells. Yan et.al [55]
21 claimed that, although the structure of LB-EPS contains less polysaccharides and protein
22 compared to TB-EPS, LB-EPS have shown a greater performance impact on sludge
23 flocculation, sedimentation and dewatering.

24 Cell adhesion can be enhanced by polymeric interaction with high EPS content,

1 but can be inhibited at low EPS content. Wang et.al [56] stated that low secretion of EPS
2 may result in cultivation of a weak structure of aerobic granules. EPS content increases
3 during the cultivation period of aerobic biogranule development, but remains constant at
4 maturity and steady state conditions. Adav et.al [30] noted that high EPS production can
5 increase aerobic granules stability and accelerate the aggregation process. According to
6 Wang et.al [57], the increase of EPS is a key to promoting rapid granulation. Although
7 EPS is important for the initiation of microbial aggregation, there are contradictory
8 findings regarding the roles of protein and polysaccharides in EPS. This is due to both
9 protein and polysaccharides are comprised of different functional groups and have
10 different structures which then resulted to the different effects towards their roles in EPS.
11 Torres et.al [58] observed a sharp increase in protein-EPS content as larger granules
12 appeared. The protein content in EPS was found higher than polysaccharides during
13 granulation process. Similar observations was evidenced by Campo et.al [59], where the
14 proteins were dominant in EPS as compared to polysaccharides in aerobic granulation.
15 McSwain et.al [60] showed that the protein content is rich in the core layer of granules,
16 while polysaccharides are presented only in the outer layer of granules. During the
17 separation of hydrophilic and hydrophobic EPS fractions, approximately 7% were
18 hydrophobic that consisted of proteins, whereas the hydrophilic fraction contained more
19 polysaccharides. Hydrophobic fractions of EPS, which are mainly proteins, could favour
20 the granulation by reducing electrostatic repulsion between cells, neutralizing bacterial
21 cell charges and increasing hydrophobicity of sludge, thus leading to development of
22 compact and denser granules [21, 42, 48, 59]. This is because protein content has a high
23 content of negatively charged amino acids and higher ability to facilitate interaction of
24 electrostatic force towards multivalent cations compared to sugars [61]. Guo et.al [46]

1 reported that protein content contributed to high cell surface hydrophobicity compared to
 2 the polysaccharides. This is due to the presence of inactive hydrophilicity in
 3 polysaccharides.

4 In contrast, high polysaccharides content in EPS can facilitate cell-to-cell
 5 adhesion, bridge the bacterial cells into aggregate and strengthen the microbial structure
 6 by maintaining the structural integrity of granules in a community of immobilized cells
 7 [30, 62]. In addition, Sutherland [63] stated that polysaccharides play an essential role in
 8 the initiation of cell aggregates, as well as in determining the physical properties of the
 9 formed aggregates. Polysaccharides in EPS act as adhesion substances for binding
 10 purposes, and coalesce the bacteria to form bacterial flocs [15]. The polysaccharide
 11 polymers that attach on the surface of microbial aggregates can act as a bridge to link
 12 small aggregates, or aggregates at long distances, together to form larger sized granules.
 13 However, the removal or low amount of polysaccharides in EPS may affect cell adhesion
 14 and cause instability in the aggregation. Previous studies reported that bacterial alginate,
 15 one of the extracellular polysaccharides components, plays an important role in
 16 biogranule formation. Bacterial alginate improves development of aerobic granules by
 17 increasing the density and hydrophobicity of microbial cells [64, 65].



18

1 **Fig. 1:** Graphical representation of the influence of EPS to microbial aggregation (a) EPS
2 act by bridging single bacterial cells. (b) Formation of microbial aggregation with further
3 illustration of the structural layer of EPS.

4 **2.6 Proton Translocation**

5 Proton translocation involves the transfer of proton from the inner mitochondria
6 membrane across the cell membrane to create a proton gradient [10]. Proton translocation
7 theory is another mechanism that can influence the microbial aggregation and initiate
8 granules formation. Based on this theory, activation of proton pumps involved in proton
9 translocation across the cell membrane is due to substrates fermentation. The established
10 proton gradient can cause cell surface protonation, neutralize the negatively charged
11 particles and make the bacterial surface slightly hydrophobic through a dehydration
12 process. According to Liu et.al [66], in proton translocating activity, hydrophobic
13 interaction between bacterial surfaces is necessary for the initiation of bacterial adhesion.
14 Proton translocations across a bacterial surface could induce dehydration of bacterial
15 surfaces. During this phase, proton pumps on the membrane of fermentative bacteria are
16 activated. Proton translocation activity energize the bacterial surface which cause
17 breaking of hydrogen bonds between water molecules and negatively charged surface,
18 neutralize negative charges and induce dehydration of bacterial surface.

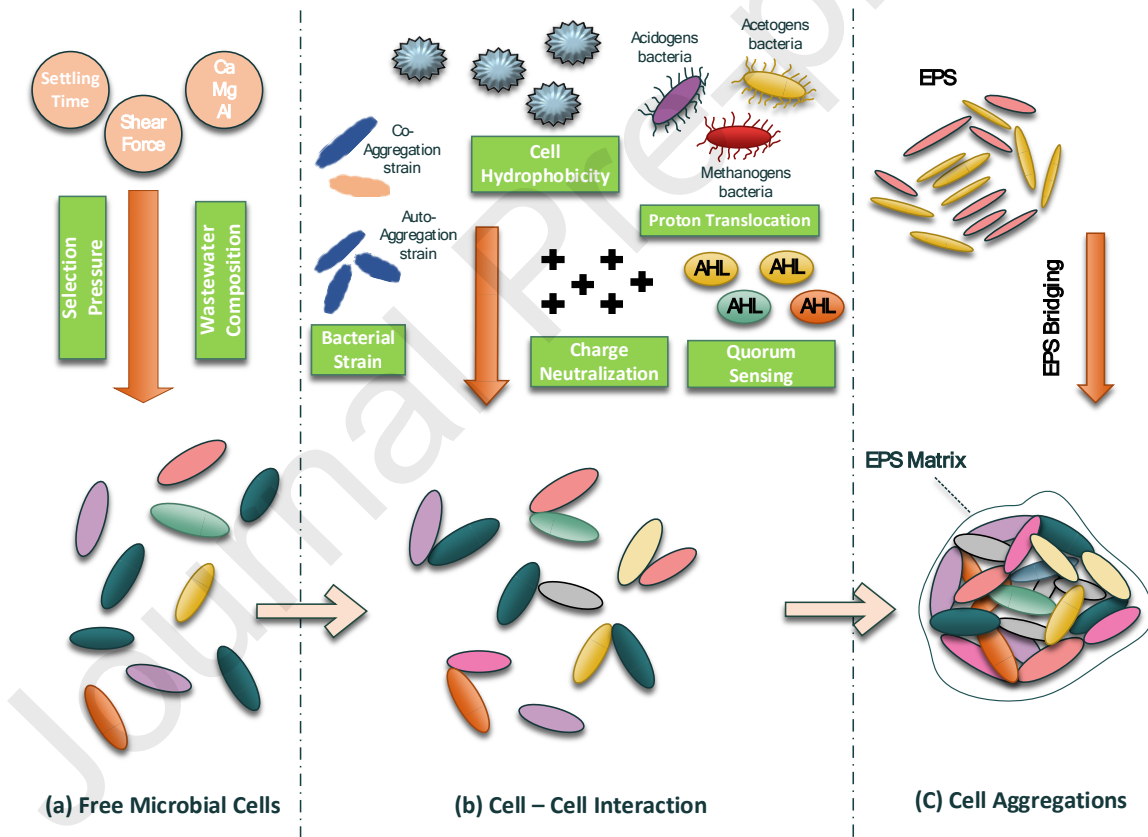
19 Neutral and hydrophobic acidogens, acetogens and methanogens can interact and
20 attach together to form microbial aggregates during the formation of embryonic granules.
21 This scenario can be attributed to the weaker hydration repulsion [67]. Effective
22 metabolites transference causes further dehydration of the bacterial surfaces and
23 strengthen the cell aggregates at initial stage. Those aggregates which can obtain energy
24 and nutrients from the environment are selected for the remaining biomass. The original

1 bacterial community continues to grow in the biogranule maturation stage, while
2 dispersed bacteria will attach to embryonic granules [67]. Proton translocating activity
3 keeps bacterial surface in mature aerobic granules at hydrophobic state during post
4 maturation phase. At this stage, these activities are responsible for maintaining the
5 structure of mature granules. This theory is applicable for microbial adhesion, as well as
6 sludge granulation process.

7 **2.7 Quorum Sensing**

8 Quorum Sensing (QS) is a process by which bacteria cells communicate with each other
9 and survive in continuously changing surrounding. The process of QS includes the
10 monitoring of population density by bacteria and secretion of autoinducer molecules.
11 Autoinducers are defined as signalling molecules, which control the bacterial gene
12 expression depends on the cell density. According to Sarma et.al [10], acyl homoserine
13 lactone (AHL) and autoinducer-2 (AI-2) are the major autoinducers that mainly involved
14 in QS. Many studies have shown the importance of QS activity in granulation process.
15 QS is known to be essential to the initiation of aerobic granules As reported by Tan et.al
16 [68], high concentration of acyl homoserine lactone (AHL) were positively correlates
17 with granules formation, as the AHL ranging from C4-C8 were observed to be increased
18 up to 100-fold along with the aerobic granules development at initial stage. Further, it
19 was found that the secretion of EPS was higher when the AHL concentration increases,
20 with higher hydrophobicity, thus leading to the acceleration of microbial aggregation. In
21 a study conducted by Ren et.al [69], it was observed that autoinducers release by the
22 bacteria could initiate the bacterial cells attachment and positively affects the growth of
23 aerobic granules. Moreover, it was indicated that addition of granular sludge (GS)
24 intracellular substances could accelerate the granulation process. This is due to the GS

1 cellular extracts containing QS molecules (autoinducers), where it is able to induce the
 2 bacterial gene expression, resulting in the rapid cell attachment and formation of aerobic
 3 granules. In addition, the author stated that the higher concentration of autoinducers at
 4 initial stage could lead to the higher microbial attachment and fast aerobic granules
 5 formation. Nonetheless, the production of quorum quenching (QQ) enzymes has resulted
 6 in inhibition of QS activity, which in turn leads to delayed granulation processes, reduced
 7 EPS production and negatively affected the properties of formed aerobic granules [8, 10,
 8 70]. Fig.2 shows the mechanism of aerobic granulation development at initial stage,
 9 which influenced by different factors.



10

11 **Fig.2:** Graphical illustration of factors affecting the initiation of aerobic granules
 12 development

13

1 **3 Enhancement of the Initial Stage of Aerobic Granulation Development**

2 Some studies have attempted to enhance biogranule development through the
3 manipulation of a number of reactor design parameters including aeration phase, shear
4 force, volumetric exchange ratio and settling time. Recent studies have primarily focused
5 on the improvement of the initial stage of aerobic granulation process. Various
6 approaches have been investigated by researchers worldwide to achieve fast granules
7 development. Application of additives including cations and synthetic polymers have
8 shown positive effects on aerobic granules formation. Recently, research on natural
9 polymeric coagulant as alternative approach in improving granulation system is
10 increasing due to the advantages of natural polymeric coagulant over synthetic polymer
11 and chemical additives [71]. Some approaches used selected sludge biomass, either in the
12 form of aerobic granules, anaerobic suspended sludge or granulated biomass aiming at
13 enhancing the aerobic granulation process. Additionally, different types of microbes were
14 added to improve aerobic granules development process and increase the removal
15 percentage of targeted pollutants in wastewater. The influence of magnetic field on the
16 aerobic granules development has been relatively studied and the results show that the
17 magnetic field positively affects the initial condition of aerobic granules, particularly on
18 the percentage of aggregation and cell surface hydrophobicity.

19 **3.1 Biomass**

20 The performances of different biomass have been evaluated to enhance aerobic granules
21 development at initial stage. Sludge including sewage sludge taken from municipal
22 wastewater treatment plant, anaerobic granular sludge, aerobic sludge and dewatered
23 sludge were used to improve the start-up period of aerobic granules development [23, 57,
24 72]. Aerobic granules can be successfully cultivated with different kinds of sludge. The

1 bacterial community in sludge is important for granulation process, in which the presence
2 of hydrophobic bacteria can strengthen the formation of aerobic granules. Addition of
3 anaerobic granular sludge in aerobic granulation can cause better sludge settling and
4 proper granule formation. Muda et.al [73] demonstrated that anaerobic granular sludge
5 can initiate the formation of aerobic granules. After 30 days, aerobic granules seeded with
6 anaerobic granules formed a structure containing patches of fragmented anaerobic
7 granules with an average size of 0.02 ± 0.01 mm. The application of anaerobic granules
8 could greatly reduce the start-up period of granulation process. Verawaty et.al [74]
9 demonstrated that mixture of crushed granules with flocculated biomass as seed sludge
10 significantly reduced the start-up period of aerobic granulation system and maintained
11 the nutrient removal performance. However, aerobic granules formed under these
12 conditions can destabilize and be washed out before a new granulation occurred.

13 Coma et.al [75] reported that aerobic granules were successfully cultivated in 40
14 days with 10% of crushed granules as seeding and the granules formed at early stage had
15 an average diameter of 0.2 mm. Long et.al [76] used 25% of mature aerobic granules as
16 a seeding material and successfully developed aerobic granules in 4 days. The addition
17 of mature granules has greatly shortened the granulation time. Nevertheless, Bashiri et.al
18 [72] found that the granules initially appeared on day 52 when pre-formed aerobic
19 granules was used to reduce granulation time. However, granules had poor structure due
20 to the tension present in the reactor. Krishnen et.al [77] seeded a pilot scale granular
21 system with sludge from sewage and pineapple wastewater. The average size of the
22 developed granules was 0.2 mm on day 60. The granulation had the longest time to
23 cultivate aerobic granules, due to the longer start-up time required in pilot scale reactor,
24 compared to lab scale reactor. Wang et.al [57] claimed that seeding dewatered sludge

1 could accelerate aerobic granulation. Small granules initially appeared after 2 days with
2 average size of 0.5 mm and the granulation completed within 5 days.

3 Applying different types of microbes is another strategy used to improve the initial
4 stage of aerobic granulation development. The addition of microbes can enhance cell
5 aggregation by facilitating the interaction between cells, and forming compact and stable
6 granules. However, in practice, this can be costly, and the accumulation for the specified
7 pure culture is complex. Ivanov et.al [78] noted that the application of selected bacterial
8 strains with high cell aggregation can accelerate and enhance the formation of microbial
9 aggregates. Aerobic granules were cultivated with the addition of *Pseudomonas veronii*
10 strain F having a self-aggregation and co-aggregation index of 51 % and 58 %, respectively.
11 Aerobic granules were successfully formed after 3 days, indicating that
12 adding microbial strains with higher aggregation abilities can reduce the granulation time
13 from several weeks to 3 days. In addition, Ivanov et.al [79] noted that the augmentation
14 of *Pseudomonas veronii* strain B species with an aggregation index higher than 50% could
15 reduce the granulation time to 3 days.

16 Adav and Lee [80] reported that aerobic granules were successfully cultivated
17 from single-bacterial strain, *Acinetobacter calcoaceticus*. The aerobic granules were
18 initially formed on day 7 of operation with a diameter of 0.7 mm. The granules
19 demonstrated a good settling ability and were able to degrade phenol effectively. The
20 effect of *Rhizobium sp.* and *Shinella granuli* co-aggregative strain on the production of
21 aerobic granules in pyridine wastewater was examined by Liang et.al [81]. After 42 days,
22 the mixture of both strains showed strong co-aggregation index of 62%, produced
23 granules with a mean size of 0.2–0.5 mm and produced higher EPS content compared to
24 other bacterial strains. Combination of *Rhizobium sp.* and *Shinella granuli* as seeds could

1 enhance granulation due to the high aggregation index of both strains. Nevertheless, there
2 are other bacterial strains that cannot produce granules with excellent properties or take
3 longer time to form granules. The addition of mixed bacterial culture could only produce
4 aerobic granules with an average size of 0.02 mm after 7 days of operation [28]. Granules
5 fed with *Rhizobium* sp have the longest cultivation time of 120 days [82]. Thus, this shows
6 that fast granules development was largely dependent on the involved bacterial strains.
7 Table 1 shows details information on the aerobic granules formed with addition of
8 granules, sludge and microbes for rapid granulation.

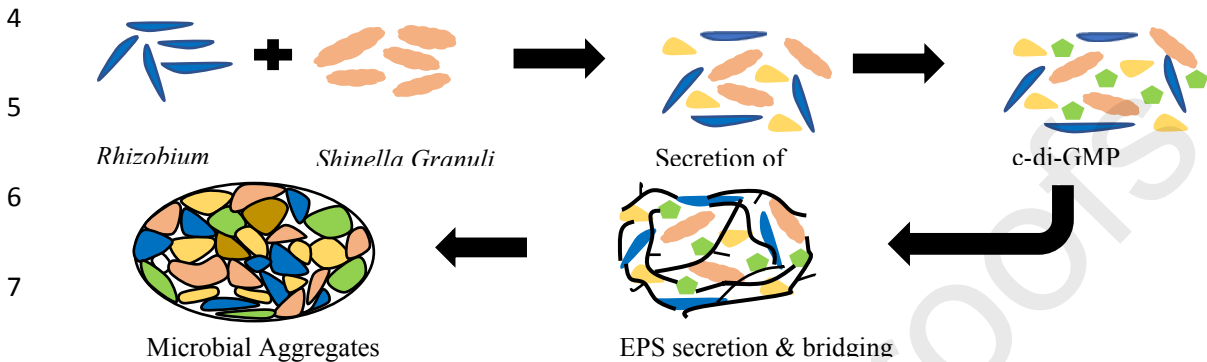
9 As discussed in section 2.5, microbial community especially, *Zoogloea* spp. and
10 *Rhodocyclales*, are associated with EPS production and able to store poly-b-
11 hydroxyalcanoates (PHA) in the presence of high organic loading, and thus promote
12 formation of granules. PHA confers higher density and settling velocity to bacterial cell,
13 in which their storage is highly dominated by *Zoogloea* spp. However, biomass consisting
14 of more filamentous bacteria can form slow-settling fluffy aggregates. This can cause
15 deteriorations to the settling properties of granules, poor nutrient removal performances
16 at early stage and dephosphatation.

17 Fig.3 shows the mechanism of microbial aggregation with addition of two
18 bacterial strains. Microbial aggregation requires secretion of both EPS and the second
19 messenger cyclic diguanylate (c-di-GMP). EPS act as important mediators in the adhesion
20 of bacteria onto carrier surface or other bacteria during aggregate formation. The
21 combination of both *Rhizobium* sp. and *Shinella granuli* co-aggregative strains increases
22 the protein and polysaccharides content in EPS and promotes microbial aggregation
23 during pyridine degradation. The first stage of microbial aggregation involves the
24 secretion of c-di-GMP through the activity of diguanylate cyclases (DGCs). The

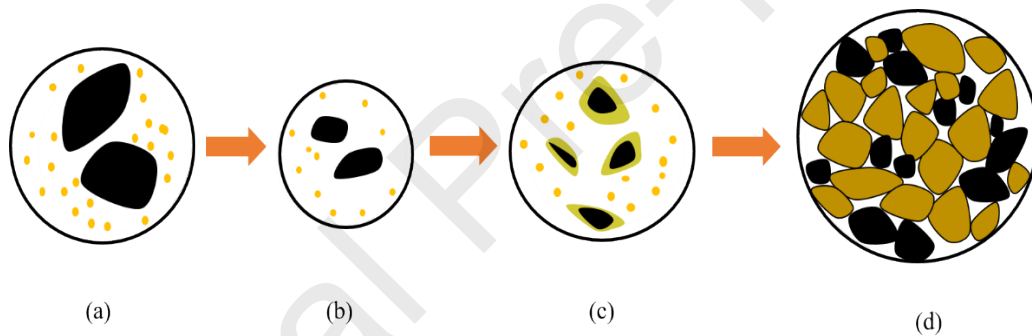
1 concentration of c-di-GMP is highly dependent on this activity. Then, FleQ (master
2 regulators of the flagella gene) acts as a transcriptional repressor and binds with c-di-
3 GMP to form polysaccharides (PS). After c-di-GMP binding, FleQ occupies a different
4 promoter region and activates PS operon transcription. Besides, the c-di-GMP regulates
5 PS production in the post-translational level. The velocity, flexibility and precise control
6 of c-di-GMP regulation represented great advantages in PS synthesis and secretion
7 systems. The increased secretion of PS and c-di-GMP promoted microbial aggregation,
8 which is beneficial for the aerobic granulation process.

9 Another perspective involving the mechanism of biomass is anaerobic granules
10 used as seeding materials. Anaerobic granules may undergo a process of disintegration
11 during initial process of aerobic granules development. Fig.4 shows the process of aerobic
12 granulation development seeded by anaerobic granules. At an early stage, the regular
13 structure of anaerobic granules begins to shrink and disintegrate (Fig.4 (a, b)). This may
14 be attribute to the outgrowth of filamentous bacteria in the reactor which resulted to the
15 formation of loose and unstable granules. This condition led to the granules broke up into
16 pieces and washed out from the reactor. Another possible reason associated with the
17 disintegration of granules is due to the shear force which caused by high aeration applied
18 in the reactor. At this phase, the granules have changed in colour from black into smaller
19 grey granules. Next, new granulation occurs where granules are mainly dominated by
20 aerobic microorganism in the presence of anaerobic patches (Fig.4 (c)). These anaerobic
21 patches acted as the seeding for the microbes to clump together and gradually grow bigger
22 and finally form compact aerobic granules (Fig.4 (d)). The interior of the granules is
23 darker and consists of small fragments of anaerobic granules with various sizes and
24 shapes. On the other hand, the exterior of granules is light brown in colour and consists

1 of aerobic bacterial that was newly attached to the patches of anaerobic granules seeding
 2 during granulation development process. The changes of colour to lighter brown shows
 3 that the aerobic granules are no longer dominated by anaerobic microorganisms.



9 **Fig.3:** Microbial aggregation with combination of both co-aggregative strains [81]



11 **Fig.4:** The illustration of aerobic granulation development seeded with anaerobic
 12 granules: (a, b) anaerobic granules shrink and disintegrate, (c) aerobic microorganisms
 13 become dominant and (d) formation of compact aerobic granules

14 3.2 Cations

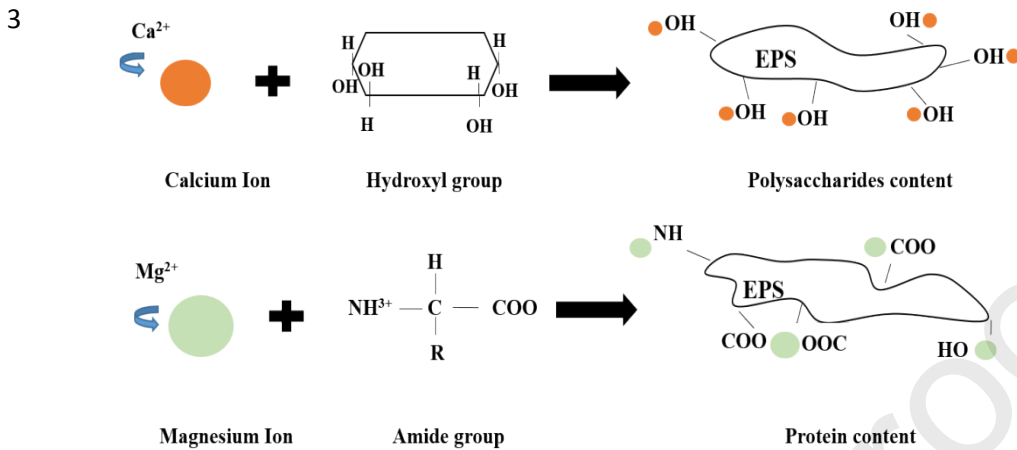
15 Microbial agglomeration is initiated by bacterial adhesion through physical cell-to-cell
 16 interaction to form granules under suitable conditions. The presence of cations is an
 17 important factor that strengthens the granulation through the strong effect of the ions on
 18 the self-immobilization of microbial biomass during the start-up of aerobic granulation

1 process. Cations may facilitate the granulation process by bridging the negatively charged
2 groups on cell surfaces with EPS. Ion bridging between cations and EPS is essential in
3 bacterial aggregation. Multivalent cations such as Ca^{2+} , Mg^{2+} , Fe^{2+} and Fe^{3+} tends to
4 bridge with EPS, enhance the agglomeration process and eventually form stable
5 complexes. Previous studies, as shown in Table 2, indicated that addition of divalent
6 metal ions, particularly Ca^{2+} and Mg^{2+} , can accelerate aerobic granulation process and
7 decrease the start-up period [45, 83]. Calcium ions enhance granulation by neutralizing
8 the negative charges on the bacterial surface, interconnect bacterial surfaces with EPS by
9 acting as a bridge, accelerate microbial aggregation and increase physical strength of
10 granules [84]. Ren et.al [33] noted that addition of Ca^{2+} improved granulation and
11 shortened the time from 32 to 16 days. Aerobic granules augmented with Ca^{2+} develop
12 faster and granules show a strong and dense structure at steady state [45].

13 Li et.al [85] reported that addition of Mg^{2+} can accelerate aerobic granulation and
14 increase microbial diversity of aerobic granules. However, according to Liu et.al [45],
15 Mg^{2+} has a weak effect on the structure of aerobic granules and unsuitable for bridging
16 functions. Granular sludge has been successfully developed with the addition of Fe^{2+} and
17 Fe_3O_4 . The ions promote aerobic granules formation by decreasing the negatively charged
18 microbial cells, contribute to extracellular polysaccharides production and act as nuclei
19 for bacterial attachment. The addition of Fe^{3+} could accelerate microbial aggregation by
20 promoting EPS secretion [86]. Despite the wide usage of these chemical additives, their
21 application is correlated to several drawbacks including high cost, health related issues
22 and production of voluminous sludge. The presence of high concentration of Fe^{2+} could
23 damage the granulation environment, reduce bacterial activity, induce negative effect on
24 the biomass and cause granules degeneration.

1 The mechanism of cations involved in the initial development of granules is
2 complex due to the varying effects of different charges of cations on granulation
3 development. Positive charges on multivalent cations can neutralize all negative charges
4 on the bacterial surface and accelerate granules development. Addition of cations mostly
5 effects the production of EPS and creates binding site for various EPS compounds when
6 different types of cations are added in the granulation system. Calcium ions (Ca^{2+}) has a
7 strong ability to attach with polysaccharides through OH (hydroxyl) groups, due to their
8 reduced hindrance compared with that of proteins [83]. The COO (carboxyl) groups of
9 humic acids do not produce any effect when they interact with Ca^{2+} , due to their small
10 value compared to polysaccharide and protein. In contrast, Mg^{2+} has a strong interaction
11 with amide group of protein, which shows depressed behaviour towards bonding with
12 polysaccharides. Differing reaction between both divalent cations in bonding with
13 polysaccharides and protein may be influenced by the size of metal ions. Basically, larger
14 size Ca^{2+} could easily interact with OH groups of polysaccharides due to its availability
15 compared to amide group of protein. The amide group of protein is surrounded by a
16 carbon atom attached with high molecular weight alkyl or aryl group. Primarily, it is
17 difficult for larger size Ca^{2+} to interact with protein due to this steric hindrance. Therefore,
18 Ca^{2+} initially bonds with polysaccharides and secondarily with protein. Meanwhile,
19 smaller size Mg^{2+} fits well with amide group of proteins, where there are no obstacles in
20 bonding with nitrogen of amide groups in protein. Light metals are retained in protein,
21 whereas heavy metals retain polysaccharides due to the structure of EPS. Fig.5 shows the
22 illustration of EPS mechanism with addition of metal ions. In contrast, combination of
23 both Mg^{2+} and Ca^{2+} as additives could cause a decrease of polysaccharides production.
24 Mg^{2+} causes ion exchange with Ca^{2+} inside the granules, which affects the interaction

1 between Ca^{2+} and polysaccharides. Nevertheless, augmentation of Mg^{2+} , Ca^{2+} and Fe^{3+}
 2 together could increase the granulation [86].



4 **Fig.5:** Mechanism of EPS with presence of Ca^{2+} and Mg^{2+}

5 3.3 Magnetic Fields

6 Magnetic field plays a major role in particle aggregation by manipulating the positive and
 7 negative charges of bacterial cells. In general, the particle charges are well separated and
 8 easily aligned in the direction of the magnetic field. This allows the magnetic field to
 9 strengthen the electrostatic force and polymeric interaction, which, therefore, enhances
 10 the cell adhesion. Moreover, the application of magnetic field could enhance the biomass
 11 settleability in wastewater treatment and accelerate the development of aerobic granules
 12 at initial stage by increasing the cell surface hydrophobicity. Table 3 shows the effects of
 13 adding magnetic field on the formation of aerobic granules, particularly in terms of size
 14 and structure of granules at initial stage. According to Omar et.al [87], magnetic field of
 15 moderate field intensity could positively influence particles aggregation. The percentages
 16 of cell surface hydrophobicity and aggregation were reported to increase to 54% and
 17 90.4%, respectively, after being exposed to magnetic intensity of 48 and 10 hours,
 18 respectively. Wang et.al [88] noted that static magnetic field could reduce the long

1 granulation time from 41 to 25 days, by enhancing the settling properties of granules and
2 stimulating the secretion of EPS. Omar et.al [89] demonstrated that static magnetic field
3 intensity of 20 mT suitably decreased granulation time by 20 days and produced granules
4 with good properties.

5 The four factors that contribute to the application of magnetic field include
6 magnetization of magnetic field, magnetic gradient, Lorentz force and magnetic memory.
7 At magnetization of magnetic field, molecules consist of positive and negative charges.
8 Molecular substances can be categorized as polar or nonpolar. Polar molecules are
9 difficult to attach to each other in the absence of magnetic field, even though collisions
10 between molecules occur. Non-polar molecules randomly attach to each other without the
11 presence of magnetic field. This could prevent the occurrence of coagulation. However,
12 when polar molecules are influenced by magnetic field, they easily align in accordance
13 with their charges and direction of magnetic field. When the molecules are in
14 arrangement, coagulation and aggregation occur.

15 With regards to Lorentz force, it can influence the mechanism of magnetic field.
16 Lorentz force could affect charged particles, which increases linearly with particle charge,
17 velocity and component of magnetic field strength. Lorentz force is produced when
18 charged particles flow in a direction perpendicular to the magnetic field in the same plane.
19 Aggregation of particles usually occurs when the particles become unstable, and their
20 surface charge is displaced from original position, causing them to collide with each other
21 in order to form aggregates. Additionally, magnetic memory helps the particles to sustain
22 their magnetization properties after exposure to different intensities of magnetic field
23 [90].

1 3.4 Inert Carrier

2 Activated carbon has been successfully applied in various types of wastewaters. Rapid
3 granulation of aerobic granules could be achieved by using activated carbon as support
4 materials, as shown in Table 4. This is due to their characteristic that have fast settling
5 velocity and large surface area which could initiate the formation of granules although
6 under unfavourable conditions, such as low organic loading rate [91]. Li et.al [91]
7 investigated the effect of granulated activated carbon (GAC) on the formation of aerobic
8 granules under low OLR. The study was conducted in two phases and there was no
9 granulation occurred in phase I. By adding 0.2 mm GAC, small granules with diameter
10 of 0.15 mm was visible after 10 days in phase II and full granulation was completed after
11 20 days despite the low strength influent. However, it was observed that the granulation
12 is quite difficult to be achieved in the reactor with no GAC addition. A similar, but more
13 extensive, study was conducted by Li et.al [92] for partial nitrification treatment of
14 ammonia-rich wastewater. The result showed that dosing 0.2 mm GAC has successfully
15 shortened the granulation period from 42 days to less than 21 days. The granule was
16 initially appeared on day 14 with size larger than 0.2 mm. GAC facilitated the cell
17 aggregation by providing the core for the attachment of bacterial cells thus accelerating
18 the formation of aerobic granules. At maturation phase, GAC addition led to the formation
19 of larger granules with an average diameter of 0.36 mm. On the other hand, slow
20 formation of granules was observed when powdered activated carbon was added in the
21 reactor.

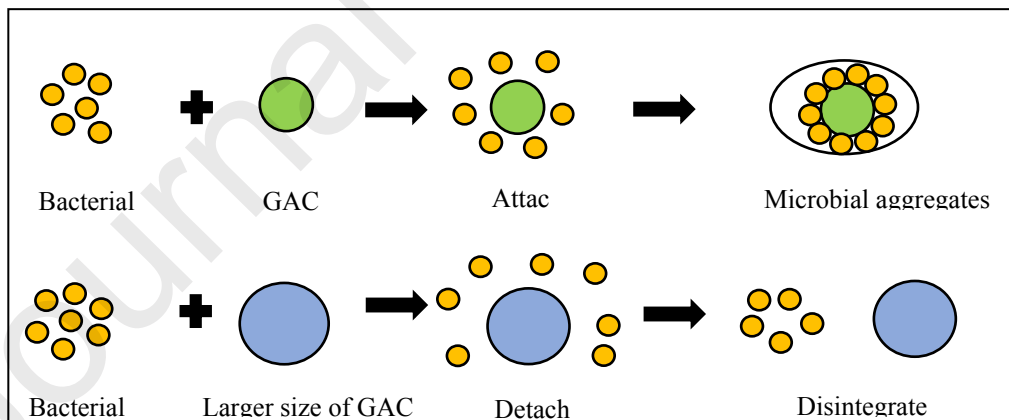
22 Omar et.al [93] studied the effects of magnetic activated sludge (MAC) on the
23 granulation development at initial stage. Cell surface hydrophobicity was used as an
24 indicator for microbial aggregation. It was reported that dosing 3.08 mg/L of magnetic

1 activated carbon in SBR has increased the cell surface hydrophobicity by 56%. Higher
2 cell surface hydrophobicity will cause an increase in cell aggregation, which further
3 accelerates the granules formation. It is summarized that addition of MAC was an
4 effective strategy due to its ability to increase the aggregation rate and cell surface
5 hydrophobicity of microorganisms by acting as nuclei. Based on the finding by Tao et.al
6 [94], GAC addition produced granules with excellent physical properties. Aerobic
7 granules initially appeared on day 21th with size increasing from 0.1 mm to 0.5 mm and
8 were fully granulated after 71 days of operations. Also, the mature granules reached a
9 maximum size of 0.6 mm, which higher than granules cultivated in the reactor that run
10 without GAC. This shows that GAC has the ability to enhance aerobic granulation by
11 providing strong core to the granules and reduce their compaction during granulation
12 process.

13 The mechanism of granular activated carbon (GAC) is still unclear though GAC has
14 demonstrated promising enhancement that has a potential for initial aggregation of
15 microbial particles. The mechanism of granulation development involves three phases:
16 lag, granulation and granule maturation phases [91, 95]. During the lag phase, GAC acts
17 as a supporting medium and provides nucleus for bacterial attachment. At this stage, GAC
18 can increase collisions between aggregated strain and cause a decrease in SVI. During the
19 following phase; granulation phase, GAC can initiate the aggregation of bacterial cell
20 through physical interactions. As a strong nucleating agent, GAC decreases the double
21 layer repulsive potential on bacterial surface and facilitates the aggregation to withstand
22 high shear force. Once the bacteria agglomerated, the attached particles start to grow until
23 larger aggregation is formed. However, aerobic granules development through the
24 addition of GAC is unlikely to be affected by biological and chemical processes. In fact,

1 GAC has no effect on the bacterial community in granules and is unlikely to initiate the
 2 aggregation through chemical interactions. At maturation phase, GAC is no longer
 3 needed after the granules attained steady state and became stable.

4 The GAC size, which is used as a supporting media, is important for a successful
 5 development of aerobic granules at initial stage [95]. GAC of suitable sizes can serve as
 6 the nucleating agent to accelerate cell aggregation. Previous studies demonstrated that
 7 GAC size of 0.2 mm can effectively facilitate initial microbial aggregation. In contrast,
 8 no microbial attachment was observed when GAC size of 0.6 mm was added [95]. An
 9 appropriate GAC size is required to initiate aggregation and form granules. Larger GAC
 10 size is unfavourable due to the disruption of attached flocs, disintegration of granules and
 11 inhibition of flocs-GAC co-aggregation. However, too small size of GAC, particularly in
 12 the form of powder, could be easily washed out from the reactor along with poorly settled
 13 bacterial cells at the initial process of microbial aggregation. Fig.6 shows the effect of
 14 GAC size during initial process of microbial aggregation.



15 **Fig.6:** Aggregation of flocs-GAC at initial process of granules development

16 3.5 Polymer

17 Various types of polymers have shown potential application in water and wastewater
 18 treatment. Polymers help to initiate the flocculation of colloidal particles so that it can be

1 separated from wastewater in a relatively easy manner. Addition of polymers (synthetic
2 and natural) can enhance the agglomeration process by interacting and bridging the
3 bacterial cells at the initial stage of granules formation [96, 97]. Polymers are primarily
4 used in the reactors to immobilize sludge, enhance the strength of granules and improve
5 the mechanism process at the early stage of granulation development. With the
6 application of polymers, the drawbacks of chemical additives in aerobic granules
7 development can be essentially overcome.

8 **3.5.1 Synthetic Polymer**

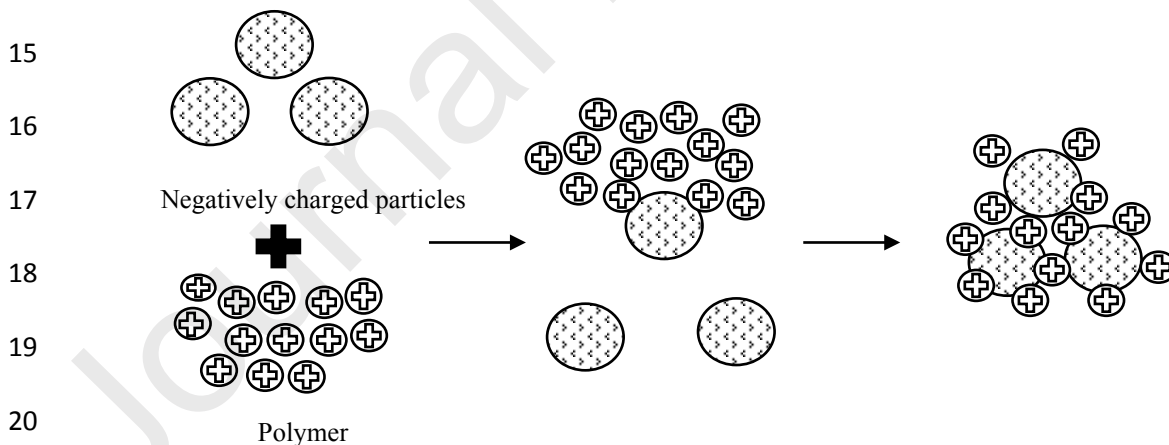
9 Synthetic polymers have been widely used in wastewater treatment to enhance
10 agglomeration process, as summarized in Table 5. Several polymers such as
11 polyacrylamide (PAM), polyaluminium chloride (PAC) and polyhydroxybutyrate (PHB)
12 have been used to accelerate aerobic granules development in wastewater treatment [96,
13 98, 99]. Polymers enhance agglomeration process, increase the flocs size and promote
14 floc removal during the wastewater treatment process.

15 Polyaluminium chloride (PAC) can potentially accelerate sludge granulation
16 process. PAC promotes rapid granules formation in less than 7 days. The granules have
17 good sludge characteristics in terms of settling ability, biomass retention, high EPS and
18 nutrient removal [97, 99]. Liu et.al [100] found that granulation time significantly
19 decreased from 17 to 7 days when PAC was added. The granules were visible with an
20 average size of 0.1 mm - 0.55 mm, which increased to 3.5 mm on day 50 with about 10%
21 visibility. However, the granules that appeared on day 7 had 3% of its sludge larger than
22 2.5 mm [97]. Meanwhile, Nasrullah et.al [99] reported that addition of PAC enhanced the
23 surface area of flocs and increased the settling ability. Applying PAM and PHB can
24 enhance microbial agglomeration at the initial stage of granulation. Addition of these

1 polymers could increase the surface charge, cell surface hydrophobicity, EPS content,
2 produce compact structure and show good removal performance of pollutants [96, 98].
3 This indicates that synthetic polymer is a suitable enhancer for granules formation.
4 However, synthetic polymers exhibit several drawbacks due to their neurotoxic and
5 carcinogenic nature. Kerr et.al [101] reported that both anionic polyacrylamide and
6 cationic polymers are highly toxic and unsafe for aquatic invertebrates and fish. Synthetic
7 cationic polymers accumulate in fish gills, hence interfere with gill function and ion
8 regulation, which causes fish death and reduces the supply of healthy fish for
9 consumption. As a result, regulatory authorities have restricted the use of chemical
10 polymers in various industrial applications.

11 There are four different mechanisms in synthetic polymers that can accelerate
12 microbial aggregation including polymer adsorption, polymer bridging, charge
13 neutralization and sweep flocculation [102]. Polymer adsorption occurs when the
14 interaction between polymer segment and particle surface involves other types of
15 interactions, such as electrostatic interaction, hydrogen bonding and ion binding. In
16 electrostatic interaction, cationic polymers with positive charges easily interact with
17 negatively charged particle surface, due to the attraction between opposite charges.
18 Hydrogen bonding occurs when a polymer such as polyacrylamide and polyethylene
19 oxide contains hydroxyl group and interact with particle surface by forming h-bonding.
20 Ion bonding usually occurs in anionic polymers and interact with negatively charged
21 particle surface without repulsion with similar charges. Adsorption occurs with the
22 addition of cations, which acts as bridges to support the interaction between a polymer
23 and the bacterial surface.

1 Polymer bridging involves the attachment of long chain polymers on colloidal
 2 particles, linking the particles together, which consists of loops and tails. Bridging
 3 mechanism can produce strong and large flocs under high shear conditions. Aggregates
 4 formed by polymers are more resistant to breakage. At low polymer dosage, charge
 5 neutralization takes place to stabilize the particles. Generally, charge neutralization is the
 6 mechanism that uses cationic polyelectrolyte to neutralize the negatively charged
 7 particles. Cationic polyelectrolytes are considered effective flocculants due to their
 8 capability to stabilize colloidal particles by decreasing the repulsion between them, as
 9 well as achieving zero zeta potential. Nevertheless, at sufficiently high dosage, a
 10 mechanism called sweep flocculation (Fig.7) likely occurs. This mechanism occurs
 11 through the precipitation of metal Hydroxide ($M(OH)_3$), due to the addition of metal salt
 12 to water at sufficiently high concentration. This causes colloidal particles to be enmeshed
 13 in these precipitates. Hence, this mechanism eliminates suspended particles that are
 14 harmful for mesh composition because of the superior rate of aggregation.



21 **Fig 7: Mechanism of sweep flocculation**

22 3.5.2 Natural Polymer

23 Due to global concerns over the harmful effects of synthetic coagulants, the application
 24 of natural materials has become a promising solution. Recently, more attention was paid

1 to the application of natural polymers, because of their advantages that outweigh synthetic
2 polymers. Natural polymers are highly biodegradable, non-corrosive, generate less
3 amount of sludge, environmentally friendly and cheap. On the other hand, they are rarely
4 abundant. Several studies have demonstrated that green polymeric coagulants extracted
5 from plants, animals and microorganisms such as chitosan, *Moringa Oleifera*, *Cicer*
6 *arietinum*, *Jatropha Curcas* seeds and dragon fruit foliage can be used in wastewater
7 treatment [58, 103-106]. The addition of coagulant extracted from nature can reduce the
8 cost and enhance quality effluent in terms of turbidity removal. Table 6 evaluates recent
9 studies of natural coagulants applied in treating different wastewaters and their
10 effectiveness. These natural coagulants are efficiently used in treating wastewater
11 containing high turbidity, COD and other organic pollutants. Most of the studies used
12 higher pH values in the range of 6-9 that can influence COD reduction and
13 decolourization efficiency.

14 Chitosan is an important natural polymer that is widely used in the treatment of
15 water and wastewater. It has unique properties such as high cationic charge density, long
16 polymeric chains and bridging of aggregates and precipitations. However, based on
17 previous studies, it has been observed that chitosan is only added in anaerobic granulation
18 system. No studies have been reported on the addition of chitosan in aerobic granulation
19 system. Application of chitosan can effectively enhance anaerobic granules development
20 by increasing the production of EPS, accelerate bacterial agglomeration at the initial stage
21 of granulation and produce dense and compact granules [58, 96]. Based on Table 6, it is
22 clear that application of natural coagulant was effective for the removal of wastewater
23 pollutants. Chitosan was found to reduce start-up period, improve UASB reactor
24 performance, enhance biogranule formation (average diameter 2 mm), produce high EPS

1 content, exhibit high settling velocity (35 m/h) and achieve high COD removal (90%)
2 [58]. The usage of chitosan in anaerobic microbial granulation increased EPS production
3 by 50% [96]. Application of chitosan mushroom for POME treatment achieved 90% total
4 suspended solid and residual oil removal [107]. In addition, utilization of chitosan as
5 coagulant has successfully removed water turbidity by 99.9% [108].

6 Application of *Moringa Oleifera* seeds for pollutants removal from synthetic and
7 POME wastewaters shows more than 95% degradation of COD and turbidity, and high
8 suspended solids removal [109, 110]. These studies indicate that *Moringa Oleifera* seeds
9 is suitable alternative polymer for wastewater treatment. Application of *Cicer arietinum*
10 for POME treatment showed high turbidity and suspended solid removal of 86% and
11 87%, respectively [105]. However, COD removal was relatively low due to the presence
12 of soluble organic groups released during the treatment. Papaya seeds demonstrated high
13 turbidity removal (100%) with no pH neutralization effect [111].

14 With regards to biopolymers, such as starch, there is an increasing application in
15 wastewater treatment due to their renewability, non-toxicity, biodegradability, low cost
16 and ability to treat wastewater containing negatively charged particles [71]. Cassava peel
17 starch can achieve 90% removal of total suspended solids in synthetic wastewater (Table
18 6). In addition, rice starch alone and rice starch combined with alum can achieve total
19 suspended solid removal of 84.1% and 88.4%, respectively [112]. Basically, rice starch
20 has bigger polymeric chain, high efficiency in shortening settling time, produces larger
21 and resistance flocs. Moreover, studies suggest that sago trunk starch can effectively
22 remove turbidity, and decolourize landfill leachate by 98.9% and 94.7%, respectively
23 [113].

1 Table 6 clearly shows that *Plantago Major L* and *Tamarindus Indica* Seeds can
2 effectively decolourize different wastewaters up to 92.4% and 97%, respectively [114,
3 115]. *Opuntia ficus indica* mucilage, *Jatropha Curcas* seeds and *Sterculia Foetida* seeds
4 achieve high turbidity removal of 98%, 99% and 97%, respectively [103, 116, 117].
5 Generally, most of the natural coagulants summarized in Table 6 have good turbidity and
6 suspended solid removal capacity. This implies that the application of natural coagulant
7 can increase the agglomeration between cell particles and improve the settling properties
8 of the sludge.

9 Natural polymers are commonly composed of several macromolecules such as
10 carbohydrates, protein and lipids. The major building blocks are the polymers of
11 polysaccharides and amino acids. Natural polymers contain numerous charged functional
12 groups in polysaccharides chain such as $-OH$, $-COOH$, and $-NH$, which are categorized
13 as long polymer chains. The major mechanisms of natural polymer are polymer bridging
14 and charge neutralization [118]. Polymer bridging (Fig.8) usually occurs when long chain
15 polymers are adsorbed on more than one particle surface, leaving the dangling polymer
16 segment to bridge and attach particles together. Bridging is known as the ability of
17 polymer to aggregate and gather particles. Linear polymers that have high molecular
18 weight are effective in bridging mechanism. Long chain polymers can form a strong and
19 large aggregate by bridging at high shear condition. Fundamentally, the mechanism of
20 polymer bridging involves: (i) mixing of polymer chain among the particles, (ii)
21 adsorption of polymer chain to destabilize the particles, (iii) conformation of adsorbed
22 polymer chain, (iv) aggregation (floc) and (v) re-stabilization. Cationic polyelectrolyte
23 acts as a bridge that attaches to negatively charged particle surface and forms flocs.
24 Adsorbed polymer chain adopts a conformation which consists of trains, loops and tails.

1 Trains are polymer segments that attach to the particles, while the unattached polymer
2 form loops and tails. Firstly, polymer is adsorbed onto a particle's surface, while loops
3 and tails as the main structure help to allow attachment of one surface to another.

4 In polymer bridging, sufficient space is required to enable the divisions of
5 polymer chain to be attached with other particles at optimum polymer dosage. At high
6 dosage, colloid particles undergo re-stabilization, because of the excess adsorption of the
7 polymer and the steric repulsion of polymer that covers the particles. At low dosage,
8 however, insufficient polymer chains form bridges and link to the particles. Principally,
9 the optimum dosage of adsorbed polymer is directly proportional to the total particle
10 surface area and particle concentration [102]. Aggregation can be improved by dosing the
11 polymer solution slowly to a stirred suspension during mixing. This is because the growth
12 of flocs is more likely to increase with the addition of polymer. When polymers are added
13 slowly, they may help to prevent overdosing, thus inhibit the rapid growth of flocs at early
14 stage of the process. However, during sudden changes, irreversible floc breakage can
15 happen due to the breakage of bond in long polymer chain. Although long chain polymers
16 have higher resistance to flocs breakage, they tend not to re-form if breakage does occur.
17 To resist breakage, bridging contact is required.

18 Charge neutralization (Fig.9) is a possible mechanism for natural polymers. When
19 a positively charged polymer is adsorbed on negatively charged particles and neutralizes
20 the surface charge of colloid particles, charge neutralization occurs. The added polymers
21 penetrate into the particles that are surrounded by diffuse double layers, causing the
22 particles to move closer to each other. Polymers with high charged density and low
23 molecular weight are the most effective in charge neutralization. To achieve zero zeta
24 potential, an optimum coagulant dosage is required. The reduction of negatively charged

1 surface decreases electrostatic repulsion between particles, making the formation of large
 2 and dense floc possible. However, when polyelectrolytes have maximum charged density
 3 adsorbed on low-density negatively charged particles, electrostatic patch mechanism
 4 likely emerge.

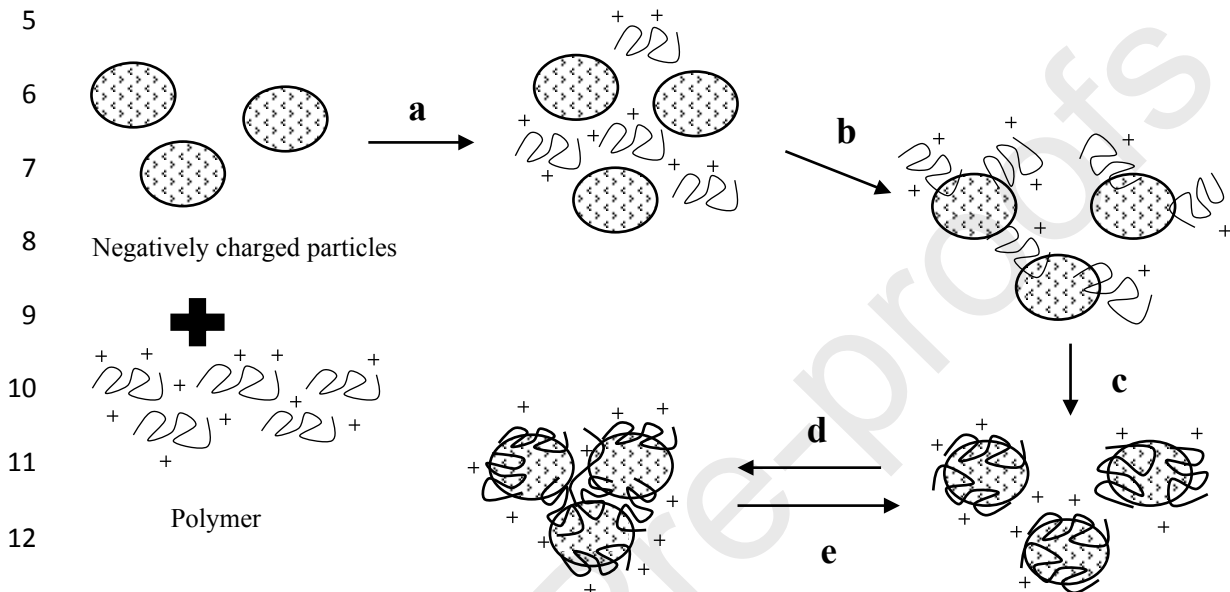


Fig.8: Schematic illustration of bridging mechanism when polymers are added: (a) mixing of polymer chains with particles (b) adsorption of polymer molecules on the particles (c) rearrangement of adsorbed chain (d) aggregation (e) break-up of flocs

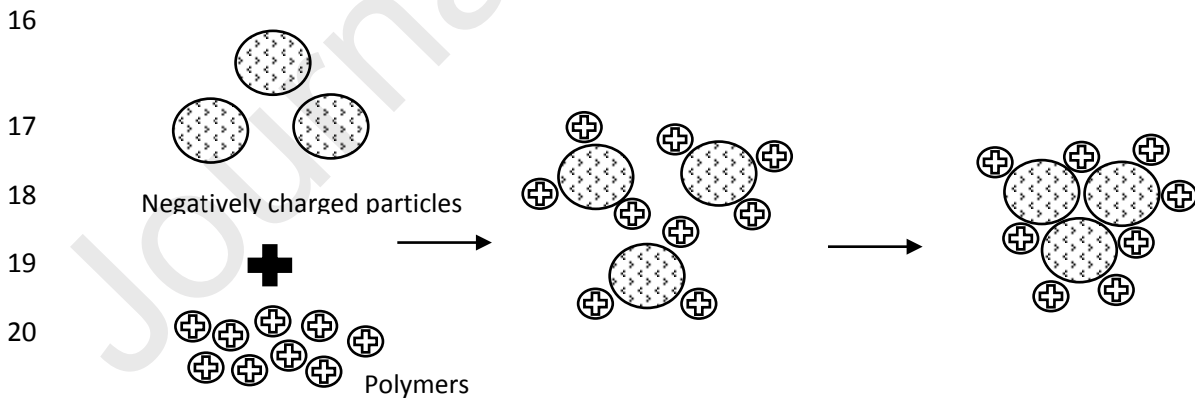


Fig.9: Schematic illustration of charge neutralization mechanism

1 **4 Characteristic of Aerobic Granules Developed Using Different Types of** 2 **Enhancer**

3 This section further discusses the characteristic of aerobic granules formed with the
4 addition of different types of enhancers (Table 7). Nevertheless, this section mainly
5 focuses on the formed granules at maturation phase especially the morphology and size
6 of granules. This is due to the lack of information on the characteristic of aerobic granules
7 at initial stage as most studies only reported the properties of granules when they reached
8 steady state. Several studies discussed in section 3 have shown that the addition of
9 enhancers could positively increase the aggregation rate, accelerate granules formation
10 and thus, increase the quality of the formed granules. In order to obtain good aerobic
11 granules, a number of parameters have been examined including the properties of
12 granules. Physical properties such as settling velocity, sludge volume index (SVI),
13 granulation time, size and granular strength, specified by different research studies, are
14 evaluated in this section. Most studies reported that good formation of granules is mainly
15 dependent on the size and granulation time. Shorter granulation time is important mainly
16 to avoid the loss of biomass during the start-up period. Settling properties are essential
17 parameters in wastewater treatment, particularly in aerobic granulation. Low SVI and
18 high settling velocity are the indicators of excellent settling properties of granules
19 [119]. Aerobic granules with excellent settling properties have strong and compact
20 structure. Additionally, the investigation of the granular strength is crucial to determine
21 the capability of granules to withstand shear force [120]. An extensively high shear force
22 might cause breakage and reduce the stability of the formed granules. Studying the
23 biomass concentration such as MLSS and MLVSS is also necessary to determine a good
24 formation of granules. Generally, the increase of MLSS and MLVSS concentrations
25 shows a good accumulation of biomass in the reactor, as the biomass is not easily washed

1 out from the reactor, hence it has more ability to settle. High biomass concentration may
2 improve the settleability of granules with wastewater, thus resulting in formation of
3 granules with good settling properties. Furthermore, the high MLVSS/MLSS ratio
4 indicates high concentration of microorganisms within the reactor system. This section
5 also focuses on the comparison between aerobic granules facilitated by enhancers and
6 aerobic granules without addition of enhancers, based on the properties discussed above
7 and removal performances.

8 **4.1 Properties of Aerobic Granules**

9 Settling velocity is related to structure and size of granules, varying above 18 m/h and
10 significantly higher than sludge floc. Chemical additives such as sodium chloride
11 demonstrated the highest settling velocity (92 m/h), while carbon sources can achieve a
12 slightly lower velocity of 90 m/h (Table 7). A study by Ren et.al [47] observed that
13 addition of Fe_3O_4 increased the settling velocity to 49.68 m/h, however, addition of Fe^{3+}
14 has resulted to decrement of settling velocity to below 18.72 m/h. This indicates that
15 Fe_3O_4 could accelerated the granulation process and produced aerobic granules with
16 better settling properties. As reported by Sajjad and Kim [83], aerobic granules fed with
17 Ca^{2+} achieved higher settling velocity than aerobic granules fed with Mg^{2+} , by 48.60 m/h
18 and 41.80 m/h, respectively. This is due to Ca^{2+} was capable to cultivated denser and fast
19 settling aerobic granules, which resulted to the increasing of settling velocity. Meanwhile,
20 aerobic granules obtained settling velocity of 35.7 m/h, with addition of acetate [121].
21 Omar et.al [89] reported that when magnetic field was applied in the reactor, aerobic
22 granules produced the highest settling velocity of 92.54 m/h. High settling velocity can
23 withstand the biomass with good settling properties from being washed out, resulting to
24 more biomass retained in the reactor. Further, Muda et.al [122] proved the ability of

1 anaerobic granules as substrate to formed aerobic granules with good physical properties,
2 where the settling velocity obtained average of 42 m/h. It was monitored that settling
3 velocity reached a maximum of 61.4 m/h and resulted in the increase of biomass
4 concentration at the end of granulation process. Another study by Muda et.al [73] also
5 revealed that addition of anaerobic granules could developed aerobic granules with higher
6 settling velocity of 80 m/h. On the other hand, granular activated carbon produced the
7 lowest settling velocity of 6 m/h [91], while addition of 10% crushed granules has resulted
8 to 10 m/h of settling velocity [75]. However, these values are considered as fast settling
9 velocity when compared to conventional activated sludge. Meanwhile, it was observed
10 that without any additives, the settling velocity of 33 m/h could be achieved by mature
11 aerobic granules [119]. Othman et.al [123] indicated the properties of aerobic granules
12 formed without addition of any substrates in the reactor, where aerobic granules could
13 obtained higher settling velocity of 88 m/h. However, it was noticed that the increased of
14 settling velocity in the study was due to the presence of minerals such as Fe^{2+} and Al^{3+} .
15 High concentrations of minerals may contribute to the microbial aggregations, thus
16 leading to the formation of aerobic granules with compact structure and higher settling
17 ability.

18 The sludge volume index (SVI) denotes the degree of compactness of granules
19 with relative to the microbial structure of the granules. Low SVI indicates the aerobic
20 granules have good settling ability which contributed by compact and denser granules.
21 According to Tao et.al [94], low SVI of 20 mL/g can be achieved when aerobic granules
22 is fed with GAC. Nevertheless, it was reported that GAC addition had no correlation with
23 SVI_{30} values, as both control and GAC-fed reactor obtained similar SVI_{30} . In contrast, Li
24 et.al [91] demonstrated that GAC has improved the sludge settleability in the reactor,

1 where the sludge obtained SVI_{30} of 30 mL/g. Further, it was observed that the SVI_{30} and
2 SVI_5 obtained similar values, indicating complete granulation was achieved after 25 days
3 of operations with addition of GAC. Ren et.al [47] reported that when Fe_3O_4 was added,
4 SVI_{30} and SVI_5 decreased to 28.5 mL/g and 30 mL/g at steady state. Also, it was
5 monitored that Fe_3O_4 -fed aerobic granules has successfully achieved full granulation in
6 11 days as the ratio of SVI_{30}/SVI_5 exceeded 90.10%. Based on the findings by Liu et.al
7 [124], SVI values is attributed to the structure of aerobic granules. It was observed that
8 the granules with loose and irregular structure might lead to the higher SVI.

9 Sajjad and Kim [83] noted that at the end of experiment, aerobic granules with
10 Ca^{2+} addition showed rapid decreased of SVI_{30} compared to that of aerobic granules with
11 Mg^{2+} addition, by 28 mL/g and 37 mL/g, respectively. Ca^{2+} allows high secretion of
12 polysaccharides content in the reactor, which helped to accelerated the formation of
13 granules with good properties, thus reduced SVI_{30} values more rapidly. Lower SVI was
14 obtained by de Sousa Rollemberg et.al [121] when acetate was used as substrate in SBR.
15 The SVI was decreased from 198 mL/g to 33.7 mL/g after the system was stabilized.
16 Also, it has been reported that lower SVI of 30 mL/g was attained with addition of glucose
17 [125]. On the contrary, Zhou et.al [126] noted that the augmentation of glucose under
18 alkaline pH could lower the SVI value, where sludge reached below 50 mL/g on 60 days
19 of operation. However, addition of acetate and glucose under acid pH were resulted in
20 higher SVI, by 110 mL/g and 90 mL/g, respectively. Thus, it was inferred that SVI of
21 aerobic granules was highly influenced by reactor pH, rather than carbon sources.
22 Addition of preformed aerobic granules exhibited lower SVI of 28 mL/g [72] . It was
23 reported that, within 35 days of granulation process, disintegration of granules occurred
24 and resulted to the increase of SVI up to 60 mL/g. Nevertheless, SVI was decreased

1 gradually when the system stabilized.

2 On the other hand, several research studies revealed that without any support
3 material, aerobic granules could formed with good settling properties, mainly in terms of
4 SVI [13, 119, 123]. Rosman et.al [119] reported that aerobic granules formed without
5 enhancer had a lower SVI of 22.3 mL/g. At initial stage, the increasing of SVI value was
6 observed due to biomass washout. During maturation phase, SVI decreased substantially
7 along with the formation of denser granules. Similar trend was also observed by [123],
8 where the SVI significantly decreased from 131 mL/g to 42 mL/g, without additives in
9 the reactor. Also, Cetin et.al [13] noted that aerobic granules reached a maximum SVI
10 value of 38 mL/g during the last period of granulation. Therefore, it can be concluded that
11 the lower SVI achieved by most granules are not mainly influenced by addition of
12 enhancers as it did not have any significant effect on the SVI values, while it is clear that
13 the lower SVI could be obtained without addition of enhancer, as reported by most
14 studies.

15 The higher biomass concentration (MLSS) is an indication of good settling
16 properties of aerobic granules. However, most studies have identified that the reduction
17 of settling time at the beginning of granulation process is the major factor that can lead to
18 high biomass washout, resulting in a decrease of biomass concentration. A study by
19 Coma et.al [75] revealed the decreases of biomass concentration (MLSS) during the initial
20 stage of granulation. This is due to the settling time was reduced significantly from 23
21 min to 2 min, which then resulted to washout of biomass from the reactor. Nonetheless,
22 on day 30, it was monitored that addition of 10% crushed granules increased the MLSS
23 concentration from 3.4 g/L to 5.8 g/L along with the increased of VER. In contrast,
24 without addition of enhancer, the reactor obtained MLSS concentration of below than 1

1 g /L on day 40, and causes the decrease of VER to minimize biomass loss. In addition,
2 Guo et.al [127] also noted the reduction of settling time had a significant impact on the
3 biomass concentration. The loss of biomass occurred as the settling time was
4 progressively decreased from 20 min to 5 min. Consequently, the initial MLSS
5 concentration was deteriorated from 3.6 g/L to 1.9 g/L. At stabilization phase (day 100),
6 it was observed that the MLSS concentration has eventually reached maximum of 4.5
7 g/L, in the reactor operated under the exposure of electric field. Higher MLSS
8 concentration was obtained by Muda et.al [122], where the MLSS increased from the
9 initial concentration of 4.8 g/L to 7 g/L. Initially, due to short settling times, the biomass
10 concentration declined to 3.14 g/L. However, with the increase in settling velocity, high
11 biomass could have retained in the reactor which resulted to higher MLSS value.
12 According to Muda et.al [73], high settling velocity has the capability to avoid the
13 biomass from being flushed out, mainly during the reduction of settling times.

14 Meanwhile, Wang et.al [57] obtained maximum biomass concentration of higher
15 than 5 g/L in SBR operated with addition of dewatered sludge. After 2 days of operation,
16 it was monitored that the MLSS was significantly decreased from 4 g/L to 2.9 g/L due to
17 the disintegration of sludge into flocs. Then, the MLSS rapidly increased along with the
18 increasing of granulation rate and stabilized within 22 days. Similar trends was evidenced
19 by Bashiri et.al [72], where the MLSS faced massive washout from day 57 to the day 81.
20 Insufficient nutrients due to the presence of more than 60% granules larger than 1 mm in
21 the reactor have resulted in a reduction of biomass activity, which then affects the growth
22 rate and further decreased the MLSS concentration. Subsequently, the MLSS
23 concentration increased when only 50% of the granules over 1 mm were present in the
24 reactor, as it enabled higher diffusion of nutrients in the smaller granules. At the end of

1 experiment, the aerobic granules reached the average MLSS of 2.08 g/L.

2 Rosman et.al [119] found that aerobic granules could achieved higher MLSS
3 concentration even without addition of enhancer to support the formation of granules.
4 During the start-up period, the decreases in biomass concentration (MLSS) was observed
5 in the reactor, from 5.3 g/L to 2.2 g/L, due to the short settling time applied in the reactor.
6 Concentration of biomass kept increasing as the granules appeared until MLSS achieved
7 steady state at 8.2 g/L. Cetin et.al [13] noted that MLSS concentration reached minimum
8 of 0.4 g/L when the settling times was shortened to 3 min. Despite the short settling time,
9 it was monitored that the MLSS concentration was rapidly increased when the first
10 aerobic granule was appeared. Also, it was inferred that the increase in MLSS
11 concentration was attributed to the increase in size of granules. Higher MLSS
12 concentration of 3 g/L was achieved by the reactor fed with settled wastewater. Moreover,
13 the ratio of MLVSS/MLSS was higher than 90%, indicating a good accumulation of
14 biomass in the reactor.

15 A number of studies has indicated that the size and structure of granules are
16 important parameters in the characterization of aerobic granules. Compared to
17 conventional activated sludge, aerobic granules have a minimum diameter of 0.2 mm and
18 typically range from 0.2 mm up to 10 mm. The effective granulation time are also
19 essential to avoid retention of poor biomass in the reactor which might causes the slow
20 growth of bacterial cells and lead to the formation of granules with poor properties. Based
21 on Table 7, it is summarized that addition of enhancers displayed excellent properties of
22 aerobic granules. Addition of 0.5 mm dewatered sludge fastened the growth rate of
23 aerobic granules. It was discovered that on day 2 of operation, the proportion of granular
24 size ranging between 0.5 –1 mm increased up to 59% and becomes dominant in the

1 reactor. Wang et.al [57] explained that the increasing of size was mainly attributed to the
2 larger particle size of dewatered sludge that could avoid disintegration. On day 20, 2-4
3 mm granules dominated the reactor with proportion reached up to 40%. Moreover, the
4 microscopic examination shows that the mature granules were clear, regular, compact
5 with yellowish-brown in colour. Aerobic granules with size of 0.28 mm were observed
6 on day 11 with addition of Fe_3O_4 [47]. 96% of mature granules had size larger than 2 mm
7 on day 30th of operations. It was demonstrated that Fe_3O_4 inhibits the overgrowth of
8 filamentous bacteria on the structure of granules. The result shows that the granules had
9 a dense and compact microbial structure, where the bacteria had structure of rod-like
10 species. Also, it was observed that addition of Fe_3O_4 lead to the presence of mineral
11 crystal in the important fraction of granules structure, which contributed to the fast
12 formation of granules.

13 Feng et.al [128] noted that addition of glucose produced larger granules of 2.5
14 mm while only 1 mm granules were observed with a mixture of glucose and acetate.
15 However, the structure of aerobic granules-fed glucose was mainly dominated by
16 filamentous bacteria, which resulted to loosed and irregular structure. Bacilli and cocci
17 became dominant in aerobic granules-fed glucose and acetate, thus further exhibited a
18 very strong and compact structure of granules. It was inferred that the changes of pH
19 could influenced the formation of granules. The changes of solution pH to acid has
20 favoured the growth of filamentous bacteria while the alkaline pH inhibits the growth of
21 fungi, which then increased the amount of short bacilli and cocci in aerobic granules.
22 Apparently, the granulation time could not be identified as the study does not focus on
23 the formation of granules at initial stage. The author only reported the properties of
24 granules when they achieved maturation phase, which was on day 21 of operations.

1 However, the observation contradicts the findings of Chen et.al [125], as the author
2 indicated the formation of aerobic granules had excellent settleability when glucose was
3 added in the reactor. The structure of mature granules was observed to be more compact
4 and smoother with 50% of particle size greater than 0.46 mm. Despite the excellent
5 properties, the granule cultivation period was longer (day 35) and smaller in size
6 compared to synthetic wastewater treatment where the cultivation process took less than
7 7 days with larger granules. This could be attributed to toxicity in wastewater, leading to
8 slower microbial growth and, hence, inhibition of rapid granule formation. Similar
9 findings was obtained by Krishnen et.al [77], where aerobic granules required 60 days to
10 be developed. Despite the inefficient start-up period, the mature biogranules were larger
11 in size, compact and mainly dominated by coccid bacteria with long rod shape. Therefore,
12 adding suitable enhancers during aerobic granule cultivation can reduce the start-up
13 period of granules development and reduce the long granulation time. Also, it clearly seen
14 that, by adding the enhancers, aerobic granules formed had compact and denser structure
15 with mean size larger than 1 mm. On the contrary, the mature granules formed without
16 enhancers had a smaller structure with maximum diameter of 0.6 mm. Moreover, the
17 development period is longer and can reach 133 days [14]. A study conducted by Cetin
18 et.al [13] noted the cultivation time took 44 days to developed aerobic granules in SBR.
19 From these studies, it can be concluded that when aerobic granules are cultivated without
20 enhancers, the granulation time is longer and the size of mature granules appeared smaller
21 than the granules-fed enhancers.

22 Granular strength is expressed as integrity coefficient (IC). Lower value of
23 integrity coefficient indicates higher granular strength. The strength of aerobic granules
24 could be determined using method suggested by Ghangrekar et.al [129]. The granules are

1 considered high strength when the integrity coefficient reached higher than 80%.
2 According to Chen et.al [130], high shear force contributed to the formation of high
3 strength granules as it may facilitate the aggregation of microbial cells. Tay et.al [25]
4 reported the possible formation of high strength aerobic granules under high shear force,
5 which represented as up-flow superficial air velocity. The reactor was operated at
6 superficial air velocity of higher than 1.2 cm/s, and this resulted to compact and stronger
7 granules. This finding was supported by Zhu et.al [42], who reported that high shear force
8 could positively affects the production of EPS, which may help in strengthening the
9 structure by forming a cross-linked network and further stabilize the structure of aerobic
10 granules. Also, high shear force improves the hydrophobicity of granular sludge and
11 eventually, the hydrophobicity induce the interaction and attachment of bacterial cells.

12 However, only few reports have emphasized on the strength of granules.
13 According to Muda et.al [73], when anaerobic granules patches were used as enhancer,
14 the aerobic granules formed was strong, stable and have low integrated coefficient value
15 of 9.4, indicating a high strength granules. It was observed that the reactor was operated
16 at 1.6 cm/s of superficial air velocity. Similar studies by Muda et.al [122] obtained higher
17 integrity coefficient value of 11 under superficial air velocity of 2.4 cm/s. This may be
18 partially attributable to the longer granulation period took in the reactor which might
19 affects the stability of the formed granules. Also, this could be influenced by intermittent
20 aerobic-anaerobic conditions applied in the study as bacteria in anaerobic phase grow
21 slowly. Ibrahim et.al [28] cultivated aerobic granules with lower integrity coefficient of
22 3.7 in 42 days, at higher superficial air velocity of 2.33 cm/s. The integrity coefficient of
23 granular sludge formed by dewatered sludge and glucose were 99%, respectively,
24 indicating that the granules had strong structure and can be stabilized in the system [57,

1 125]. As reported by Wang et.al [57], the study was carried out under high superficial air
2 velocity of 2.0 cm/s and the results showed that the integrity coefficient value of aerobic
3 granules had similar increasing trend with EPS content. It was inferred that EPS was the
4 main factor affecting the strength and stability of aerobic granules. Therefore, application
5 of shear force higher than 1.6 cm/s is required to accelerate the production of EPS, which
6 further enhance the formation of high strength granules. Strength of granules are also
7 likely to be dependent on HRT, where longer HRT may resulted to the reduction of size
8 and causes instability to the structure of granules [131]

9 **4.2 Removal Performance of Aerobic Granules**

10 Aerobic granulation has been applied in the treatment of various wastewaters for the
11 purpose of removing toxic substances, such as phenols and metals, nutrients and organic
12 matters such as nitrogen, phosphorus and ammonia, and degradation of dyestuff [7, 8].
13 Many studies have shown that aerobic granules supplemented with enhancers achieved
14 excellent performances in removing pollutants, as shown in Table 8. The average
15 removal of COD and nutrient was obtained by Guo et.al [127] using low intensity electric
16 field as enhancer in aerobic granulation process. The removal efficiencies were 97.1%
17 COD, 80.5% TP, 68.1% TN and 99 % ammonium. At first 40 days, it was reported that
18 COD was slightly fluctuated due to biomass washout. When the system stabilized, the
19 COD removal increased. Also, phosphorus removal efficiencies were found to be highly
20 dependent on the characteristic of aerobic granules, where the removal increased as the
21 granules reached maturation phase. However, at the end of experiment, it was noted that
22 capability of denitrification was insufficient as the effluent concentration of nitrate does
23 not reached the environmental-friendly concentration of discharge. Omar et.al [89]
24 achieved over 90% removal of COD, TP, TN, orthophosphate, nitrite and nitrate

1 simultaneously in SBR fed with magnetic field. It was monitored that application of
2 magnetic field influenced the biological activities in the system, resulting in higher
3 removal efficiencies of COD and nitrogen, by 97% and over 80%, respectively.
4 Phosphorus removal reached maximum of 99% and the increased was observed along
5 with the development of aerobic granules. In a recent study by Wang et.al [57], aerobic
6 granules accomplished excellent removal of COD and ammonium, by over 90% and 98%,
7 respectively, with the aid of dewatered sludge. It was shown that the removal rate of
8 ammonium was stabilized at 98%, during the initial phase of operations. This is due to
9 sludge dewatering influenced the granular sludge to accumulate slow growing bacteria
10 especially nitrifying bacteria, thus increased the ammonium removal rate.

11 Effects of different carbon sources on nitrogen removal efficiency of aerobic
12 granules were investigated by Feng et.al [128]. Addition of a mixture of glucose-acetate
13 in the reactor resulted to 97.5% of COD removal while 96.1% was obtained with only
14 glucose. It was inferred that COD removal efficiency in the reactor was less affected by
15 carbon sources. Meanwhile, the removal efficiency of TN was 83% for granules-fed
16 glucose-acetate and 74.6% for granules-fed glucose. It was observed that denitrification
17 rates of aerobic granules fed with glucose-acetate was higher than glucose, by 18.75%.
18 This is due to acetate produced intracellular storage polymer, which is poly- β -
19 hydroxyalkanoates (PHB) to act as electron donor and further replaced the reduction of
20 carbon source during denitrification process. Electron donor is essential to achieved high
21 simultaneous nitrification and denitrification (SND) rate and accelerated nitrogen
22 removal efficiency of aerobic granules [75, 128].

23 de Sousa Rollemberg et.al [121] monitored the effect of different carbon sources:
24 acetate, ethanol and glucose on aerobic granulation in SBR. The COD removal efficiency

1 showed no impact with addition of carbon sources, as COD achieved over 90% removal
2 in all systems. Acetate-granules has better removal efficiency of TN and TP removal, by
3 72% and 42%, respectively, compared to ethanol and glucose. On 72nd day of operations,
4 partial disintegration of granules occurred and resulted to lower removal of ammonium.
5 This is due to the loss of nitrifying bacteria presence in the broken granules. Formation
6 of granule larger than 3mm is among the factor affecting granules disintegration when
7 acetate was the substrate. Long et.al [132] also found that addition of acetate resulted to
8 granules disintegration over long operational periods. Nevertheless, when the granules
9 reintegrated, the ammonium, TN and TP removal increased. In the study, glucose-
10 granules presented the lowest removal performance of TN and TP of 44% and 21%,
11 respectively. Glucose caused the growth of filamentous bacteria, leading to continuous
12 biomass washout and resulted to the lowest SRT value of 5-7 day. It was monitored that
13 low phosphorus removal was due to the absence of storage polymer in the glucose, such
14 as polyhydroxyalkanoates (PHA), to act as electron donor when extra carbon was
15 depleted.

16 Compared with the study by Feng et.al [128] and de Sousa Rollemberg et.al [121],
17 higher removal efficiency was obtained by Chen et.al [125] with addition of glucose. TN
18 and ammonium achieved 100% removal when glucose was added in the reactor after 120
19 days of operations. It was monitored that the removal efficiency of TN and ammonium
20 were fluctuated by less than 40% when petroleum wastewater increased to 100%.
21 Dissolved oxygen (DO) value was increased from minimum 5 mg/L to maximum 8 mg/L
22 in the reactor to improve nitrification, however, there is no significant difference found
23 in TN and ammonium removal. The bioavailability of glucose as carbon source recovered
24 the high nitrification and denitrification capacity. The influent of petroleum wastewater

1 was increased to 200 mg/L during the experiment and achieved COD removal of 95%
2 after 200 min. However, there is no correlation observed between the removal rate of
3 COD and the increased proportion of petroleum wastewater.

4 A study by Ren et.al [47] showed that addition of cations including Fe_3O_4 , Fe^{2+}
5 and Fe^{3+} have no significant effects on the efficiency of COD, TP and ammonium
6 removal in aerobic granulation system. Granules fed with Fe_3O_4 , Fe^{2+} and Fe^{3+} achieved
7 removal of 94.76% COD, 97.68% ammonium and 59.29% TP. Similar observation was
8 also evidenced by Cai et.al [133]. In the study, it was noticed that the removal efficiency
9 of constant Fe^{2+} dosing and pulse Fe^{2+} dosing was similar. Both strategy achieved more
10 than 96% dissolved organic carbon (DOC) removal and 99% ammonium removal. At the
11 same time, constant Fe^{2+} dosing showed higher removal efficiency of TP compared to
12 pulse Fe^{2+} dosing, by 91.9% and 80.8%, respectively. The study indicated that PAOs were
13 found to be enriched under constant Fe^{2+} dosing strategy. Meanwhile, lower removal of
14 TP was driven by high Fe^{2+} concentration. High Fe^{2+} concentration might inhibit the
15 activity of PAOs group of bacteria, which lead to lower anaerobic P release and further
16 resulted to lower TP removal rate. After all, it was inferred that Fe^{2+} dosing strategy was
17 effective for TP removal in wastewater.

18 Liu et.al [100] reported that addition of PAC showed no significant difference
19 with COD and ammonium removal rate of aerobic granules. Both PAC-fed granules and
20 control granules obtained almost same removal efficiency of COD, by 93% and 92%,
21 respectively. Also, it was observed that both granules achieved ammonium removal in
22 range between 64% and 75%. Tao et.al [94] indicated that addition of granular activated
23 carbon did not affect the removal efficiencies of COD, TN and ammonium in SBR. Both
24 reactor, control and with addition of GAC achieved high COD removal (80%), total

1 nitrogen removal (80%) and complete removal of ammonium (100%). On the other hand,
2 augmentation of GAC in the reactor enhanced the TP removal rate. GAC-fed aerobic
3 granules obtained excellent efficiency of TP removal, by higher than 80%, on day 53. On
4 day 18, it was observed that TP removal rate significantly decreased due to the absence
5 of regular removal of biomass which then affects the phosphorus removal ability. GAC
6 was found capable of enhancing the recovery ability of aerobic granules, resulting in a
7 rapid increased of the TP removal. The findings are supported by Zhou et.al [95], who
8 observed almost similar removal efficiencies of COD in control reactor and reactor added
9 with GAC. High COD removal of 90.8%, 94.4% and 91.8% were achieved by control
10 reactor, 0.2 mm GAC-fed reactor and 0.6 mm GAC- fed reactor, respectively. At low
11 OLR of 1.5 kg COD m⁻³ d⁻¹, 0.2 mm GAC reactor showed higher removal rate of
12 ammonium (98%) and TN (75.2%). Mature granules formed with addition of GAC
13 enhanced the occurrence of SND, along with the presence of high DO, resulting in higher
14 nitrogen removal efficiency. Apparently, based on previous research, it is summarized
15 that most removal efficiency of COD was not affected by addition of enhancers.
16 Nonetheless, the augmentation of enhancers has positively influenced the removal
17 performance of aerobic granules in terms of biological nutrients such as ammonium, TN
18 and TP.

19 Othman et.al [123] found that the aerobic granules achieved maximum COD, TN
20 and TP removal of only 74%, 73% and 70%, respectively, without addition of support
21 material. It was monitored that lower removal efficiencies obtained in the study were
22 affected by high OLR. Similar findings was obtained by Di Bellaa and Torregrossa [134],
23 where the result showed that aerobic granules reached lower COD removal of 50%.
24 Initially, the efficiency decreased up to 20% due to the changing of influent from synthetic

1 wastewater to landfill leachate. This resulted to de-flocculation of granules and biomass
2 washout, which affects the organic removal. When leachate was fed, granulation occurred
3 and increased the removal efficiency. After the change of influent, ammonium dominated
4 the granules, lead to the inhibition of ammonium oxidizing bacteria (AOB) and
5 subsequently decreased the denitrifying performance lower than 20%. Due to higher
6 nitrate concentration, aerobic granules only obtained 50% of nitrogen removal.

7 On the other hand, a study by Rosman et.al [119] demonstrated that aerobic
8 granules successfully achieved higher removal efficiencies in COD (96.5%), TN (89.4%)
9 and ammonium (94.7%), without presence of enhancer. COD removal rate increased from
10 70% to 89.9% after 30 days and eventually increased to a maximum of 96.5%,
11 demonstrating the occurrence of high biological activity in the system. When aerobic
12 granules developed, ammonium removal rate increased and the concentration was
13 maintained below 10 mg/L. Simultaneous COD and nutrient removal was also obtained
14 by Liu et.al [23] treating slaughterhouse wastewater in SBR, without support of additives.
15 Removal efficiencies reached 95.1% (COD), ammonium (99.3%) and phosphate (83.5%).
16 COD achieved lower removal efficiency of 80% on the first 60 days of operation,
17 probably due to biomass washout and sludge acclimatization of slaughterhouse
18 wastewater. When aerobic granules become matured, stable removal performance of
19 COD were achieved. The ammonium concentration remained below 2.0 mg/L at the end
20 of experiments. It was reported that matured aerobic granules promoted the nitrifying
21 bacteria which resulted to high ammonium removal. Furthermore, PAOs was found
22 enriched in aerobic granules. The phosphate concentration was remained at 4.5 mg/L,
23 indicating higher removal efficiency of phosphate. Therefore, it is well summarized that
24 without addition of enhancers, aerobic granules could also achieve COD and biological

1 nutrients removal above 90%. However, as discussed in section 4.1, the granulation
2 process took longer time (exceeding 49 days) to develop the granules. This indicates the
3 deficiencies of aerobic granules formed without enhancers in rapid granulation, although
4 high removal performances can be achieved.

5 Based on the characteristic and removal performance of aerobic granules
6 developed as summarised in Table 7 and Table 8, it can then be justified that addition of
7 enhancers is the most effective approach to cultivate aerobic granules with excellent
8 physical properties. The granules formed initially appeared as early as day 2 with a
9 diameter of 0.5 mm. The granulation could be completed within 5 days with average size
10 of 2-4 mm. The mature granules were compact, regular, fast-settling and having high
11 granular strength. Most aerobic granules fed with enhancers achieved over 90% removal
12 of COD, biological nutrients and phosphorus, while only certain studies have reported
13 that aerobic granules without enhancers could achieved higher removal performance over
14 90%.

15 **5 Future Research**

16 At present, although the research on aerobic granulation has made significant progress,
17 studies conducted still does not convey the knowledge of various aspect. The scenario
18 requires further investigation to fully understand the whole aspect. Several
19 recommendations for future research directions are listed below, as follows:

20 As summarized in section 4.1, the addition of enhancers has successfully
21 minimised the granulation time and positively affects the properties of aerobic granules
22 developed, but only in terms of size and structure of granules. Aerobic granules formed
23 without enhancers could also achieved excellent properties, including higher settling

1 velocity, lower SVI value and higher MLSS concentration. Apart from enhancers, there
2 may be other factors involved that could influence the properties of the granules
3 developed, including operational parameters or other environmental factors which require
4 further investigations.

5 The article has discussed and reviewed thoroughly on the strategies to enhance
6 the development of aerobic granular sludge. However, studies on anaerobic granules
7 formation with addition of enhancers are limited. Evaluations on the efficiencies of
8 enhancers on the removal performance and characteristic of anaerobic granules
9 specifically in terms of physical and biological properties should be taken into
10 consideration for further research.

11 Further in-depth investigations are demanding at initial process of aerobic
12 granules development, as it is still far from being understood. Knowledge about the
13 interaction between bacterial strain, surface hydrophobicity, EPS, surface charge and
14 proton translocations that contributes to the formation of granules is required. This would
15 give further insight towards achieving rapid development of granules. The mechanisms
16 of aerobic granules development have to be thoroughly explored, as this can further
17 explain the clear mechanism involved during the initiation of granulation process.

18 A detailed analysis on the physical properties of aerobic granules is required.
19 Research studies should indicate the amount of granulated biomass retained after
20 granulation is completed. Some studies reportedly enhanced aerobic granules
21 development after few days, however, they did not indicate when the system was fully
22 granulated with certain amount of granulated biomass. In certain conditions, some
23 experiments can produce compact and dense granules of large sizes at early stages of
24 operation, however, they are still unable to attain full granulation. This should be

1 investigated in further, as the condition can be caused by several factors including design
2 parameter of the reactor system, settling ability, as well as surrounding factors such as
3 shock loading and toxic substances in wastewater. Based on the findings, only a few
4 studies have focused on the strength of aerobic granules. Investigation on physical
5 strength (IC), is essential because it is one of the parameters that determines the strength
6 and stability of developed granules. Investigations on the properties of aerobic granules
7 at initial stage are warranted to enhance the granulation development.

8 As shown in Table 8, with addition of enhancers, aerobic granules have been
9 successfully applied for carbon, nitrogen and phosphorus removal in wastewaters.
10 Nonetheless, the strategies of aerobic granules fed with enhancers to deal with toxic
11 compounds are not well explored by many researchers. Thus, further investigation is
12 required to determine the capability of enhancers to improve the removal performance of
13 aerobic granules on toxic and recalcitrant pollutants in high strength wastewaters.

14 Little attention has been paid to the application of natural polymers on aerobic
15 granulation technology. Natural polymers appear promising because they are excellent
16 pollutant removal, and have high potential in improving start-up period of aerobic
17 granulation due to their characteristics as a good coagulating agent which helps in
18 promoting aggregations. Research on factors affecting long start-up period of granules is
19 also crucial to obtain the best approach for shortening the granulation time along with
20 addition of enhancers. However, as summarized in table 1- 8, different operational and
21 environmental parameters involved in a single reactor, including wastewater
22 composition, cycle period, operating pH, OLR and inoculum, may cause difficulties to
23 evaluate the factors that mainly contributed to the long start-up period. Therefore,
24 extensive lab-scale studies or alternative methods need to be conducted in further research

1 to determine the main factors which resulted to longer granulation time, in order to
2 improve the start-up period of granulation and the characteristic of aerobic granules.

3 **6 Conclusion**

4 Aerobic granules have demonstrated superior settling characteristics, nutrient removal
5 and biodegradation of recalcitrant pollutants. The knowledge accumulated evidently
6 shows that aerobic granules is reliably cultivated in SBR with the addition of enhancer.
7 The aerobic granules fed with the enhancer showed excellent properties and pollutant
8 removal, compared to granules formed without any enhancer. Strategies to enhance
9 aerobic granulation development as well as reducing start-up time required were analysed
10 to improve the formation of granules in future research. This review provides an insight
11 on the importance of enhancers in accelerating aerobic granules development at initial
12 stage.

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13 **Figure Legends**

14 **Fig.1:** Graphical representation of the influence of EPS to microbial aggregation (a) EPS
15 act by bridging single bacterial cells. (b) Formation of microbial aggregation with further
16 illustration of the structural layer of EPS.

17 **Fig.2:** Graphical illustration of factors affecting the initiation of aerobic granules
18 development

19 **Fig.3:** Microbial aggregation with combination of both co-aggregative strains [81]

20 **Fig.4:** The illustration of aerobic granulation development seeded with anaerobic
21 granules: (a, b) anaerobic granules shrink and disintegrate, (c) aerobic microorganisms
22 become dominant and (d) formation of compact aerobic granules

23 **Fig.5:** Mechanism of EPS with presence of Ca^{2+} and Mg^{2+}

24 **Fig.6:** Aggregation of flocs-GAC at initial process of aerobic granules development

25 **Fig.7:** Mechanism of sweep flocculation

26 **Fig.8:** Schematic illustration of bridging mechanism when polymers are added: (a)
27 mixing of polymer chains with particles (b) adsorption of polymer molecules on the
28 particles (c) rearrangement of adsorbed chain (d) aggregation (e) break-up of flocs

29 **Fig.9:** Schematic illustration of charge neutralization mechanism

1 **Table Legends**

2 **Table 1:** Findings on aerobic granules formation with addition of granules, sludge and
3 microbes for rapid granulation

4 **Table 2:** Findings on aerobic granules formation with addition of cations (Mg^{2+} , Ca^{2+} , Fe^{2+} ,
5 Fe^{3+} , Fe_3O_4) for rapid granulation

6 **Table 3:** Findings on granules formation with addition of static magnetic field and electric
7 field for rapid granulation

8 **Table 4:** Findings on aerobic granules formation with addition of granular and magnetic
9 activated carbon for rapid granulation

10 **Table 5:** Findings on aerobic granules formation with addition of synthetic polymers for
11 rapid granulation

12 **Table 6:** Natural coagulant used for different wastewater treatment

13 **Table 7:** Comparison on the physical properties of aerobic granules developed using
14 different types of enhancers

15 **Table 8:** Main works on the removal performances of aerobic granules with and without
16 addition of enhancers

1 **Table 1:** Findings on aerobic granules formation with addition of granules, sludge and microbes for rapid granulation

Ref	Biomass	Operational Conditions	Findings
[73]	Anaerobic granules	<ol style="list-style-type: none"> 1) SBR (lab scale): 4 L; working volume 2) VER: 50%; Temp: 30 °C; pH: 6.0- 7.8; Airflow rate: 1.6 cm/s; Cycle period: 6 h; HRT: 12 h 3) Inoculum: mixture of sludge from municipal WWTP and textile mill WWTP 4) 100 mL of anaerobic granules (size: < 1 mm) were used as additives; taken from anaerobic sludge blanket reactor treating paper mill industrial effluent 5) The reactor was operated for 66 days 	<ol style="list-style-type: none"> 1) Biomass conc. decreased on the initial few days of operation due to half of sludge washed out from reactor. 2) Anaerobic granules were disintegrated into smaller fragments of granules during the initial stage and washed out from reactor due to poor settling ability 3) On 7th day, Anaerobic granules were observed to have changes in colour and size (from 1mm granules and black in colour into smaller grey granules). On 30th day, granules were clearly observed in the reactor. 4) The average diameter of aerobic granules developed on day 66 were 2.3 mm and max size reached 4 mm
[14]	Crushed granules (AGS)	<ol style="list-style-type: none"> 1) SBR: 2 L, working volume; VER: increased from 12.5% to 25%- 50%; Temp: 20 - 23 °C; pH: 6.8-8.6; Airflow rate: 1 L/min; Cycle period: 8 h; Inoculum: floccular sludge from full scale WWTP 2) Mixture of crushed aerobic granules (5%, 10%, 15%, 25%, 30% and 50%) and floccular sludge were seeded in 6 reactors. 3) Initial settling time: 20 min; reduced to 10 min on the first 10 days and reduced to 5 min in the next 10 days; further reduced to 2 min when 50% of granules higher than 0.2 mm; constantly reduced to 1.5 min when reactor achieve full granulation 	<ol style="list-style-type: none"> 1) Biomass conc. did not decrease during granulation; no loss of biomass occurred in the reactor 2) Granulation had the shortest time (18 days) with addition of 50% crushed granules; The longest time was obtained (133 days) with only 5% crushed granules 3) The reactor seeded with crushed granules (0.5 mm- 1.0 mm) attain full granulation in 35 days – 40 days; seeding 0.1mm crushed granules took 80 days to achieve full granulation
[75]	10% crushed granules (AGS)	<ol style="list-style-type: none"> 1) SBR (lab scale): 2 L; working volume; VER: increased from 25% to 62.5%; Temp: 20-22 °C; pH: 7.2- 8.2; Cycle period: 6h; Inoculum: floccular sludge (90%) 2) Seed 10% crushed granules (mean size: 0.3 mm), taken from a lab-scale SBR treating abattoir wastewater 3) Settling time was decreased from 23 min to 2 min to enhance granulation time and HRT decreased from 24 h to 9.6 h 	<ol style="list-style-type: none"> 1) On 40th day of operation, the visible granules appeared with average size of 0.2 mm, when settling time decreased to 10 min 2) Full granulation was achieved on day 80, where the granules had size > 0.2mm 3) 10% crushed granules was able to formed granules with compact structure and achieved stable biomass

1 **Table 1: Findings on aerobic granules formation with addition of granules, sludge and microbes for rapid granulation (continue)**

Ref	Biomass	Operational Conditions	Findings
[76]	25% mature granules (AGS)	<ol style="list-style-type: none"> 1) SBR (pilot scale): 150.46 L, working volume; VER: 60%; Temp: 15-20 °C; Cycle period: 6 h; Inoculum: activated sludge. Initial settling time: 25 min; Initial MLSS conc.: 3000 mg/L 2) 25% of mature AGS (size: 1.61 mm) was added into the reactor when settling time reduced to 10 min on 11th day 	<ol style="list-style-type: none"> 1) 1 day after inoculum seeded in reactor, a few small bacteria called zoogloea appeared. A small granules appeared on day 4 and AGS dominated the reactor on the 17th day, the structure was irregular and pale yellow 2) On 11th day, AGS granules gradually increased due to the addition of 25% of mature AGS (the particle size of > 0.3mm increased).
[77]	Mixed sludge	<ol style="list-style-type: none"> 1) SBR (pilot scale): 70 L, working volume; Airflow rate: 3 L/min; pH: 10; Cycle period: 24 h; Inoculum: sewage sludge (50% v/v); 2) Additives: mixed sludge (50% v/v sewage and textile) 3) Sewage sludge was reduced from 50% to 20% within six weeks; After 90 days, sewage replaced with pineapple wastewater (7% v/v) 4) Settling time was initially 30 min; reduced to 10 min within six weeks; further reduced to 5 min on week 8 	<ol style="list-style-type: none"> 1) Small granules appeared on 15th day of operation 2) After 56th day, granules were observed to have size ranging from 0.2 mm to 9.5 mm 3) 67% of biomass formed biogranules and AGS (size: 0.2 mm to 0.4 mm) dominated the reactor 4) Maximum size of biogranules reached 10 mm; the average size obtained: 2.7 mm ± 3.0 mm
[72]	Preformed aerobic granules	<ol style="list-style-type: none"> 1) SBR (lab scale): 4 L, working volume; VER: 50%; Airflow rate: 4L/min; Temp: 27°C; pH: 8.69-9.09; Cycle period: 6h. 2) Inoculum: Preformed aerobic granules (mean size: 0.7mm), which formed by activated sludge and slaughterhouse ww 	<ol style="list-style-type: none"> 1) On 52th day, 95% granules had size > 1 mm 2) On 57th day to 81th day, the structure of granules weakened and only 60 % of granules had size > 1mm due to present tensions in the reactor
[57]	Dewatered activated sludge	<ol style="list-style-type: none"> 1) SBR (lab scale): 2 L, working volume; VER (anaerobic condition): 50%; Temp: 15-20 °C; pH: 6.9-7.3; Cycle: 4 h; Inoculum: activated sludge taken from aerobic tank 2) Activated sludge was dewatered for 4 min and cut into granules (mean size: 0.5 mm) 3) Granules were seeded into the reactor on day 0 with short settling time (3 min) 4) Initial MLSS: 4000 mg/L 	<ol style="list-style-type: none"> 1) During the initial 2 days, granules were disintegrated into smaller particles. Flocculent sludge washed out from reactor 2) On 5th day of operation, AGS dominated the reactor and had structure with smooth surface, clear outline, regular and the colour changed to yellowish brown. 3) Full granulation was achieved on day 5; The granules size increased from 0.52 mm on day 2 to 0.88 mm on day 5 4) 58.48% of granules formed achieved size between 0.5-1 mm, on day 2; the percentage of granules size (2-4 mm) increased from 3.52% to 39.98% 5) Mature granules had average size of 2.8 mm on 15th day

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1 **Table 1: Findings on aerobic granules formation with addition of granules, sludge and microbes for rapid granulation (continue)**

Ref	Biomass	Operational Conditions	Findings
[80]	<i>Acinetobacter calcoaceticus</i> strain	<ol style="list-style-type: none"> 1) SBR: 2 L, working volume 2) VER: 50%; pH: 7.02 3) Reactor was seeded with 2 L of free cell of <i>A. calcoaceticus</i> strain 4) Autoaggregation index of <i>A. calcoaceticus</i> strain reached maximum of 81% 	<ol style="list-style-type: none"> 1) After 9 h of operation, cells began to aggregates 2) After 27 h, visible aggregates were formed and 0.7 mm granules appeared within 7 days 3) In 49 days, granules size increased to 2.3 mm with addition of <i>Acinetobacter calcoaceticus</i> strain
[79]	<i>Pseudomonas veronii</i> strain B bacteria	<ol style="list-style-type: none"> 1) GSB: 2.5 L, working volume 2) VER:50%; Airflow: 2.5 L/min; Temp: 25-32 °C; Cycle period: 3 h; HRT: 6 h 3) Inoculum (GSBR1): activated sludge; Reactor (GSBR2) was seeded with 100 ml cell suspension of <i>P. veronii</i> strain B. Aggregation index <i>P. veronii</i> strain B is higher than 50% 	<ol style="list-style-type: none"> 1) AGS from GSB2 were initially cultivated in 3 days with mean size of 0.5 mm 2) AGS from GSB1 were initially cultivated after 9 days of operations; wit mean size increase from 0.08 m to 0.75 mm. 3) <i>P. veronii</i> becomes dominant in AGS for 14 days AGS formed faster with addition of <i>P. veronii</i> strain B due to higher aggregation index
[82]	<i>Rhizobium</i> sp	<ol style="list-style-type: none"> 1) SBR: 2.2 L, working volume 2) VER: 50%; Flowrate: 0.2 m³/h; Temp: 30 °C; Airflow rate: 0.02 m/s; Cycle period: decreased from 24 h to 6 h 3) Settling time reduced from 12 min to 2 min 4) 2g of <i>Rhizobium</i> sp strain were initially added into reactor 	<ol style="list-style-type: none"> 1) Fragile and small granules were observed on 14th day of operation. 2) AGS with diameter 0.2- 0.5 mm were formed after 98 days with changes in colour from white to yellowish brown; AGS becomes denser and regular in the following 28 days 3) After 120 days, mature AGS with diameter 0.5- 1.0 mm appeared in the reactor 4) <i>Rhizobium</i> sp strain is a good autoaggregator and have high potential in fastening start-up period of granulation
[81]	Mixture of <i>Rhizobium</i> sp and <i>Shinella granuli</i> bacterial strain	<ol style="list-style-type: none"> 1) SBR: 2.2 L, working volume 2) VER:50%; Temp: 30 °C; Cycle period: decreased from 24 h to 12 h 3) Settling time: decreased from 20 min to 1 min 4) The reactor was initially seeded with 1g <i>Rhizobium</i> sp strain and 1g <i>Shinella granuli</i> strain 	<ol style="list-style-type: none"> 1) AGS with diameter 0.2 – 0.5 mm were observed on day 42 of operation 2) Mixture of two bacterial strain (<i>Rhizobium</i> sp and <i>Shinella granuli</i>) showed higher coaggregation ability, leading to shortening of AGS cultivation period

2 *Notes: AGS (aerobic granular sludge); SBR (sequencing batch reactor); GSB (granulating sequencing batch reactor);WWTP (wastewater treatment plant); EGSB (expanded granular sludge bed); HRT
3 (Hydraulic retention time); ML(V)SS-mixed liquor (volatile) suspended solids; VER (volumetric exchange ratio)

1 **Table 2:** Findings on aerobic granules formation with addition of cations (Mg^{2+} , Ca^{2+} , Fe^{2+} , Fe^{3+} , Fe_3O_4) for rapid granulation

Ref	Cations	Operational Conditions	Findings
[85]	Mg^{2+}	1) SBR: 10 L, working volume 2) VER: 50%; Temp: 25 °C; Cycle period: 4 h; settling time: 60 min 3) 10 mg/L of Mg^{2+} was inoculated in the reactor	1) AGS were firstly appeared on day 4; Full granulation in 18 days ;45% of granules had size > 0.6 mm on day 30; 2) Augmentation of Mg^{2+} have significantly decreased the granulation time, from 32 days to 18 days
[45]	Ca^{2+} Mg^{2+}	1) SBR: 12 L, working volume 2) VER: 75%; Temp: 24 °C; Airflow rate: 1.2 cm/s; Cycle period: 5 h; Inoculum: activated sludge from WWTP 3) Settling time reduced from 10 min to 1min 4) Two reactors used (R1 and R2); R1 was seeded with 40 mg/L Ca^{2+} and R2 was seeded with 40 mg/L Mg^{2+}	1) AGS initially appeared on 16 th cycles with addition of Ca^{2+} and appeared on 30 th cycles with addition of Mg^{2+} in 2) Full granulation achieved during 88 th cycles and 100 th cycles in R2 3) 60% of granules (1.3- 2 mm) observed in R1; In R2, 61% of granules (0.3 mm to 1.3 mm) 4) Addition of Ca^{2+} fastened the formation of granules
[83]	Ca^{2+} Mg^{2+}	1) SBR: 3 L, working volume 2) Temp: 25 °C; Cycle period: 5 h 3) Inoculum: Activated sludge from WWTP 4) Settling time reduced from 45 min to 15 days 5) Reactor (R2) was dosing with 25mg/L Ca^{2+} and reactor (R3) was dosing with 25mg/L Mg^{2+}	1) In R2, granules appeared on day 9 and achieved full granulation on day 16 2) In R3, granules were observed on day 14 and achieved full granulation rate on day 24 3) The granulation speed increased with the addition of Ca^{2+} compared to Mg^{2+}
[47]	Fe^{2+} Fe^{3+} Fe_3O_4	6) SBR: 2 L, working volume 7) VER: 50%; Airflow rate: 3 L/min; Temp: 13 °C; Cycle period: 2 h; HRT: 4 h 8) Inoculum: 2 g/L activated sludge 9) Ions were added into different reactors; Fe^{2+} (R2), Fe^{3+} (R3) and Fe_3O_4 (R4)	4) Granules appeared on day 11 with addition of Fe_3O_4 , earlier than: Fe^{2+} (day 16) and Fe^{3+} (day 27) 5) On day 11, 0.27 mm granule were observed in R4 6) On 30 th day of operation 96% and 82% of granules in R4 and R2: > 2mm; only 12.5% of granules in R3 > 2mm 7) Fe_3O_4 accelerated the granule formation by increasing the abundance of zooglea, contributed to more secretion of EPS
[133]	Fe^{2+}	1) SBR: 1.30 L, working volume 2) VER: 50%; Temp: 25 °C; Cycle period: 4 h; HRT: 8 h; Settling time: reduced from 20 min to 3 min after 3 days; Inoculum: 400 mL seed sludge from sewage treatment plant; 5 mg/L Fe^{2+} constantly added into reactor 1 (R1) and 30 mg/L Fe^{2+} added into reactor 2 (R2) only in the first cycle	1) AGS appeared in R2 on day 9; in R1, AGS appeared on day 15 2) R1 achieved full granulation on day 36, while R2 required 48 days to be fully granulated 3) 73% of granules > 0.8 mm in R1; In R2, only 37% of granules > 0.8 mm

2 *Notes: AGS (aerobic granular sludge); SBR (sequencing batch reactor); WWTP (wastewater treatment plant); HRT (Hydraulic retention time); VER (volumetric exchange ratio); EPS (extracellular polymeric
3 substances)

1 **Table 3:** Findings on aerobic granules formation with addition of static magnetic field and electric field for rapid granulation

Ref	Enhancers	Operational Conditions	Findings
[88]	48 mT static magnetic field	<ol style="list-style-type: none"> 1) SBR: 3.5 L, working volume 2) VER: 50%; Temp: 22 °C; Airflow rate: 0.1 m³/h; Cycle period: 6 h; 3) Inoculum: activated sludge from secondary settling tank 4) Initial settling time: 9 min; reduced to 3 min on day 16 5) Magnetic field with intensity of 48 mT attached to the reactor 	<ol style="list-style-type: none"> 1) Granulation time decreased from 41 to 25 days 2) On day 18th, small granules visible in the reactor; 3) full granulation was achieved on day 25th 4) Granules had dense and compact bacterial structure that shows magnetic field could influence dominant bacterial of granules
[87]	15 mT static magnetic field	<ol style="list-style-type: none"> 1) Schott bottles, h:230 mm; d: 101 mm 2) Airflow rate: 6.5 L/min; Temp: 24 °C; 3) Inoculum: activated sludge; dissolved oxygen: > 5 mg/L 4) 9 mT, 15 mT and 30 mT magnetic field were used 	<ol style="list-style-type: none"> 1) After 10 hours, % of aggregation achieved 90.4% under 15 mT intensity 2) After 30 hours, % of aggregation increased to more than 95% 3) At 15 mT intensity, surface hydrophobicity reached to 54% within 48 hours 4) Addition of magnetic field with 15 mT intensity have positively influence the initial state of aerobic granulation
[89]	20 mT static magnetic field	<ol style="list-style-type: none"> 1) SBR: 3 L, working volume 2) Airflow rate: 2.5 cm/s; Cycle: 6 h; Settling time: 15 min 3) Inoculum: 1.5 L sludge from sewage STP 4) Reactor was operated with magnetic field at 20 mT intensity 	<ol style="list-style-type: none"> 1) On 7th day of operation, irregular sludge with diameter 0.2 mm appeared 2) On day 20th, small visible granules were clearly observed with size of 1 mm 3) After 90 days, granules become mature with average size of 6.5 mm and reached maximum to 8.9 mm 4) Addition of magnetic field was effective in formation of biogranules
[127]	Low intensity direct current (DC) electric field via reactive iron anode	<ol style="list-style-type: none"> 1) SBR: 1.6 L, working volume; 2) Reactor was inserted with a pair of iron-titanium electrodes 3) VER: 37.5%; Airflow rate: 1.2 cm/s; cycle period: 4 h; settling time: decreased from 20 min to 5 min; HRT: 10.7 h 4) Inoculum: activated sludge from local WWTP 5) 1.0 V DC was constantly supplied to the reactor 	<ol style="list-style-type: none"> 1) Granules were observed after 20 days with diameter of 0.2mm 2) After 60 days, granules become mature and the size were stabilized at 1.23 –1.28 mm 3) Mature granules had structure of clear-cut, rigid, and compact 4) Addition of electric field accelerated the granulation rate as well as maintaining the granular structure

*Notes: SBR (sequencing batch reactor); WWTP (wastewater treatment plant); VER (volumetric exchange ratio); HRT (hydraulic retention time)

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1 **Table 4: Findings on aerobic granules formation with addition of granular and magnetic activated carbon for rapid granulation**

Ref	Enhancers	Operational Conditions	Findings
[135]	0.2 mm granular activated carbon (GAC)	1) SBR: 4 L, working volume; VER: 50% 2) Airflow rate: 1.5 cm/s; Cycle period: 6 h; settling: 5 min 3) 0.2mm GAC was added into reactor which inoculated with activated sludge	1) Visible granules appeared after 14 days with size 2) Granules becomes mature after 39 days and the size reached 1.2 mm
[95]	0.2 mm granular activated carbon	1) SBR: 10 L, working volume 2) VER: 50%; Airflow rate:1.0 cm/s; Cycle period: 4 h; Settling time: 10 min; Inoculum: seed sludge from WWTP 3) 1000 mg/L GAC with size of 0.2 mm was inoculated in the reactor	1) After 10 days, microbial attachment was firstly observed and completed on day 26 2) After 43 days, GAC was completely covered and clear boundary between floc and inner core were observed 3) GAC (size 0.2 mm) served as nucleating agent that could facilitate initial microbial attachment
[93]	3.08 g/L magnetic activated carbon (MAC)	1) Schott bottle: 1 L; 500 mL working volume 2) Magnetic field intensity: 15 mT; Airflow rate: 1.5 cm/s 3) 1.0- 5.0 g/L magnetic activated carbon were inoculated in the bottle	1) At the best experimental condition of 3,000 mg/L sludge concentration and 3.08 g/L of MAC, a maximum of 56% SHb was obtained in 24 hr of aeration time. 2) MAC induce microbial attachment and increase aggregation
[94]	0.125-0.3 mm granular activated carbon (GAC)	1) SBR: 4 L, working volume 2) VER:50%; Temp: 25 °C; Airflow rate: 0.4 L/min; Cycle period: 4.8 h; Inoculum: 4 g/L seed sludge local STP 3) Reactor was inoculated with 14.5 g GAC (diameter: 0.125-0.300 mm)	1) No obvious granules appeared until day 20 th 2) On day 21 th onwards, size of granules increased from 0.1 mm to 0.5 mm; Full granulation was achieved on day 71 th 3) Maximum size of granules reached 0.635 mm 4) GAC provided strong support medium to granules; granules able to reduce their compaction
[91]	0.22 mm granular activated carbon (GAC)	1) SBR: 2.4 L, working volume 2) Airflow rate: 2 L/min; Cycle period: 4 h; settling time: 30 min; HRT: 6 h; Influent COD: 200 mg/L 3) Inoculum: activated sludge from full scale STP 4) Consists of 2 operating phase: Phase I (first 30 days); Phase II (next 90 days) 5) 7.2g GAC size of 0.224 mm was added into the reactor	1) No granulation occurred in Phase I; sludge with size < 0.13 mm were observed 2) In Phase II, GAC-fed granules began to formed rapidly and small granules (diameter: 0.15 mm) appeared after 10 days in Phase II 3) Full granulation was achieved after 20 days in Phase II 4) Mature granules had a mean size of 0.6 mm
[92]	0.22 mm granular activated carbon (GAC)	1) Bioreactor: 200 mL; working volume 2) Airflow rate: 8 L/min; HRT: 12 h; Inoculum: nitrifying activated sludge cultivated from lab-sacale fermentor 3) 0.1 g GAC (size: 0.22 mm) were inoculated in the reactor	1) With addition of GAC, size of sludge increased from 0.18 to 0.27 mm after 12 days and granules appeared after 14 days 2) Mature granules had mean size of 0.36 mm 3) GAC shortened the granulation time from 42 days to 21 days

2 *Notes: AGS (aerobic granular sludge); SBR (sequencing batch reactor); WWTP (wastewater treatment plant); STP (sewage treatment plant); HRT (Hydraulic retention time); VER (volumetric exchange ratio)

1 **Table 5: Findings on aerobic granules formation with addition of synthetic polymers for rapid granulation**

Ref	Synthetic Polymer	Operational Conditions	Findings
[100]	PAC	<ol style="list-style-type: none"> 1) SBR: 2 L, working volume 2) Airflow rate: 2 L/min; Cycle period: 6 h; 3) settling time: reduced from 15 min to 5 min on day 8 4) 500 mg/L PAC was added into the reactor for 8 days 	<ol style="list-style-type: none"> 1) Granules firstly observed on day 7th and becomes stable after 35th day. 2) On 30th day, 45% of granules were in range 1.0-2.5 mm; 10% of granules > 2.5 mm; 3) On 50th day, 10% of granules had size > 3.5mm; 4) PAC- fed granules decreased granulation time from 17 days to 7 days
[98]	PHB	<ol style="list-style-type: none"> 1) SBR: 2L, working volume; 2) Temp: 25 °C; settling time: 5 or 15 min; HRT: 12 h; SRT < 10 days 	<ol style="list-style-type: none"> 1) Granulation was occurred on 80th day and granules becomes dominant on 100th day 2) The mature PHB-rich granules showed a regular morphology with diameter of 1.0–3.8 mm
[96]	PAM	<ol style="list-style-type: none"> 1) CSTR: 5 L, working volume; 2) HRT: 4 d; airflow rate: 1 m/h; Inoculum: sludge from anaerobic pond of cassava starch treatment plant 3) PAM was inoculated in the reactor with dose 2 mg/g SS 	<ol style="list-style-type: none"> 1) After 120 days, 70% of granules had diameter of > 0.1 mm 2) 16% of granules were in range over 0.6 mm 3) Addition of PAM was suitable for initial stage of granulation
[97]	PAC	<ol style="list-style-type: none"> 1) SBR: 2.4 L, working volume 2) VER: 50%; airflow rate: 2 L/min; cycle period: 6 h; settling time: reduced from 15 min to 5 min 3) Inoculum: 1.2 L activated sludge from local WWTP 4) 50 mL PAC with conc. 20g/L was added into reactor STF_{SBR} (8 days) and reactor LTF_{SBR} (40 days) 	<ol style="list-style-type: none"> 1) Granules firstly appeared on day 7th and day 8th in LTF_{SBR} and STF_{SBR} 2) full granulation was achieved after 15th and 16th days in both reactors. 3) In C_{SBR} (without PAC), no granules observed until day 21th and 4) full granulation was achieved on day 29th

2 *Notes: SBR (sequencing batch reactor); WWTP (wastewater treatment plant); CSTR (continuous stirred tank reactor); STF_{SBR} (short term feed SBR); LTF_{SBR} (long term feed SBR); C_{SBR} (control SBR); HRT
 3 (Hydraulic retention time); ML(V)SS-mixed liquor (volatile) suspended solids; VER (volumetric exchange ratio); PAC (poly aluminium chloride); PHB (poly hydroxybutyrate); PAM (polyacrylamide);

1 **Table 6:** Natural coagulant used for different wastewater treatment

Reference	Wastewater	Natural coagulant	Condition	Performance
[109]	Palm oil mill effluents	<i>Moringa Oleifera</i> seeds	pH: 4-9; Dosage: 500-6000mg/L;	COD removal: 52.5% ; SS removal: 99.2% ; settling velocity: 0.25 cm/min; SVI: 295 cm ³ /g
[103]	Synthetic wastewater	<i>Jatropha Curcas</i> seeds	pH: 3; Dosage: 120 mg/L;	Turbidity removal: 99%
[136]	Synthetic turbid water	Margaritarea Discoidea seeds	pH:3.94; Dosage: 10mL/L	Turbidity removal>90% Coagulation efficiency: 98%
[112]	Palm oil mill effluents	Rice starch	Dosage: 2 g/L; pH: 3;	TSS removal: 84.1%; COD removal: 17.4%
[116]	OSPW	<i>Opuntia ficus indica mucilage</i>	pH:7-8; Dosage: 1500 mg/L	Turbidity: 98%
[114]	Textile Wastewater	Plantago Major L	pH: 6.5; Dosage: 297.6 mg/L	Colour: 92.4%; COD: 81.6%
[113]	Landfill Leachate	Native Sago Trunk Starch	pH: 4; Dosage: 7000 mg/L	Colour: 94.7%; SS: 99.2%; Turbidity: 98.9%
[96]	Synthetic wastewater	Chitosan	Dosage: 13.0 mg/g VSS;	EPS production: 50 mg/g VSS; SVI: 36.1 ml/ g VSS
[108]	Highly turbid water	Chitosan	Chitosan: 5 mg/L; AlCl ₃ : 13.5 mg/L; pH:7	Turbidity Removal: 99.9%
[137]	Textile Wastewater	PAFC-Starch-g-p (AM-DMDAAC)	pH:7; Dosage: 0.2 mL/mg dye	Dye removal: 86%
[138]	Turbid water	Chitosan	pH:6.6-7.0; chitosan: 0.8 mg/L; PAC: 4 mg/L	Turbidity: 87% Residual Al: 0.07 mg/L;
[110]	Paper mill effluents	<i>Moringa Oleifera</i> seeds	pH: 6-8; Dosage: 150 mg/L;	COD removal: 97.28%; Turbidity : 96%
[107]	Palm oil mill effluents	Chitosan Mushroom	pH: 3; Dosage: 20 mg/L;	COD: 75%; BOD: 73%; TSS: 98%
[58]	Organic solvent	Cationic-Chitosan	Dosage: 2.4 mg gVS/S;	COD removal: >90%, granules size:> 2 mm;
[105]	Palm oil mill effluents	<i>Cicer arietinum</i>	pH: 6.69; Dosage: 2.6 g/L	Turbidity: 86%; COD: 56%; SS: 87%
[111]	Synthetic turbid water	Papaya Seeds	pH: 7; Dosage: 0.2 mg/L;	Turbidity: 100%
[139]	Synthetic kaolin	<i>Opuntia ficus indica</i>	pH:10; Dosage: 18 mg/L	Turbidity: 72%; coagulant efficiency:84%
[117]	Synthetic turbid water	<i>Sterculia foetida</i>	pH: 7.8; Dosage: 20 mg;	Turbidity: 97%
[115]	Landfill leachate	<i>Tamarindus Indica</i> Seeds (TIS)	pH:6; TIS Dosage: 2000 mg/L; PAC Dosage: 2750mg/L	COD: 67.4%; SS: 99.3%; Color: 97.3% with combination of PAC

2 *Notes: PAC (Polyaluminium chloride); NaCl (Sodium chloride); COD (Chemical Oxygen Demand);TSS (total suspended solid);
3 EPS(extracellular polymeric substance);BOD (biological oxygen demand; PACI (poly-aluminium chloride; NaCl (sodium chloride);
4 SS(suspended solid); AlCl₃. Aluminium Chloride; PAFC- Starch-g-p (AM-DMDAAC): (polyaluminum ferric chloride-starch graft
5 copolymer with acrylamide and dimethyl diallyl ammonium chloride; OSPW: oil sands process-affected water

Table 7: Comparison on the physical properties of aerobic granules developed using different types of enhancers

Reference	Type of enhancer	Description	System	Characteristic of biogranules							
				Structure	Ave. Dia. (mm)	Day granule was formed	*IC	Initial SVI ₃₀ (mL/g)	SVI ₃₀ (mL/g)	Settling velocity (m/h)	MLSS and MLVSS (g/l)
[14]	No enhancer	No enhancer	SBR	Irregular shape	< 0.2	day 133	–	–	–	–	–
[119]	No enhancer	No enhancer	SBR	Regular	1.5	day 49	–	84.7	22.3	33	MLSS decreased to 2.2 on the first 15 days and increased to 8.2 on days 75; MLVSS: 6.5
[123]	No enhancer	No enhancer	SBR	Compact	3.5-4	day 30	–	131	42	88	MLSS increased from 7.11 to 10.3; MLVSS: 8.5
[134]	No enhancer	No enhancer	GSBR	Compact with spherical shape	0.2	day 14	–	–	–	–	–
[31]	No enhancer	No enhancer	Flow system	Less dense granules	0.5	day 14	–	–	–	–	–
[23]	No enhancer	No enhancer	SBR	Smooth and compact	1.2-1.8	day 60	–	–	–	–	–
[13]	No enhancer	No enhancer	SBR	Smaller mature granules	0.6	day 44	–	40	38	18	MLSS increased from 2.9 to 8; Ratio of MLVSS/MLSS > 90%
[79]	Biomass	<i>Pseudomonas veronii</i> strain B	GSBR	Compact	0.5	day 3	–	154	70	–	–
[73]	Biomass	Anaerobic granules	SBR	Compact and round shape with anaerobic patches	2.3	day 30	9.4	276.6	69	80	MLSS increased from 2.9 (initial period) to 7.3 (final period); MLVSS increased from 1.9 to 5.6 on day 66 th
[122]	Biomass	Anaerobic granules	SBR	Compact	2.5	day 35	11	218	61	42	MLSS increased from 3.14 to 7; Ratio of MLVSS/MLSS increased from 69% to 84%

Table 7: Comparison on the physical properties of aerobic granules developed using different types of enhancers (continue)

Reference	Type of enhancer	Description	System	Characteristic of biogranules							
				Structure	Ave. Dia. (mm)	Day granule was formed	*IC	Initial SVI (mL/g)	SVI ₃₀ (mL/g)	Settling velocity (m/h)	MLSS and MLVSS (g/l)
[75]	Biomass	10% crushed granules	SBR	Regular	1	day 40	–	–	< 100	10	MLSS increased from 3.4 to 5.8 and maintained at 3.0
[72]	Biomass	Aerobic granules	SBR	Unstable structure	1	day 57	–	80	28	–	MLSS increased from 2.6 to 3.414
[57]	Biomass	Dewatered sludge	SBR	Compact	2 - 4	day 2	99%	12.5	55	–	MLSS increased from 4 to 5.2 on day 20; MLVSS/MLSS ratio: 0.7
[127]	Electric field	Electric field	SBR	Compact and spherical	1.2-1.3	day 10	–	75	34	–	MLSS increased from 1.9 to 4.5; MLVSS/MLSS ratio: 0.72
[89]	Magnetic field	Static magnetic field	SBR	Dense and compact	6.5	day 20	–	–	–	92.54	–
[128]	Carbon sources	Glucose	SBR	Loose and fluffy	2.5	day 21- mature granule	–	–	–	–	–
[128]	Carbon sources	Glucose and acetate	SBR	Very compact	1	day 21	–	–	–	–	–
[125]	Carbon sources	Glucose	SBR	Regular and compact	0.46	day 35	99%	80.6	30	–	Initial MLSS: 5.958; increased to 8.509
[121]	Carbon sources	Acetate	SBR	Granular with irregular surface	1.5	14	–	198	33.7	35.7	–
[91]	Activated carbon	Granular activated carbon	SBR	Compact round shape with clear boundary	0.6	day 35	–	90	30	6	–

Table 7: Comparison on the physical properties of aerobic granules developed using different types of enhancers (continue)

Reference	Type of enhancer	Description	System	Characteristic of aerobic granules							
				Structure	Ave. Dia. (mm)	Day granule was formed	*IC	Initial SVI (mL/g)	SVI ₃₀ (mL/g)	Settling velocity (m/h)	MLSS and MLVSS (g/l)
[94]	Activated carbon	Granular activated carbon	SBR	Small, Dense, compact and round shape	0.84	day 21	–	200	20	–	–
[100]	Synthetic polymer	PAC	SBR	Compact and round shape	3.2	day 7	–	176	38	–	Initial MLSS: 7.8, increased to 8.0 on day 50 th
[98]	Synthetic polymer	PHB	SBR	Regular shape	1-3.8	day 56	–	150	60	–	Initial MLSS: 1.5, increased to 10 on day 150 th
[83]	Cations	Magnesium ion- Mg ²⁺	SBR	Compact and round shape	1.2	day 14	–	195	37	41.80	–
[83]	Cations	Calcium ion- Ca ²⁺	SBR	Compact and round shape	1.5	day 9	–	195	28	48.60	–
[47]	Cations	Magnet powder- Fe ₃ O ₄	SBR	Dense, large and compact structure	96% of granules > 2	day 11	–	221.78	28.5	49.68	Initial MLSS: 2, increased to 10.32
[47]	Cations	Ferric ion – Fe ³⁺	SBR	Dense, small and compact structure	12.5% granules > 2	day 27	–	221.78	60	18.72	Initial MLSS: 2, slightly increased to 2.96

*Notes: IC (Integrated coefficient); PAM: (Polyacrylamide); PAC: (Polyaluminium chloride); PHB: (Polyhydroxybutane); SVI (sludge volume index); SBR (sequencing batch reactor); GSB (granulating sequencing batch reactor); ML(V)SS (mixed liquor (volatile) suspended solids);

Table 8: Main works on the removal performances of aerobic granules with and without addition of enhancers

Ref	Granules	Wastewater	Wastewater Characteristics (mg/L)	Removal performances
[73]	Anaerobic granules-fed Aerobic Granules	Textile wastewater	COD: 1270; Ammonium chloride: 160; Ammonia:38; Dipotassium phosphate: 580; Colour; 1020 ADMI	1) COD and ammonia removal achieved 71% and 67% at initial period and increased to 94% and 95% at the end of operation. 2) Colour removal increased from 25% during start-up to 62% at the end of operation
[128]	Glucose- fed Aerobic Granules; Glucose/ Acetate-fed Aerobic Granules	Synthetic wastewater	Ammonium chloride: 200; Dipotassium phosphate: 30; Calcium chloride: 30; Magnesium sulphide: 25; Iron (II) sulfate:20	1) COD removal achieved 96.1% with addition of glucose; 97.5% with addition of glucose and acetate 2) Nitrification & denitrification rate of granules was 8.03 and 2.73 with addition of glucose; glucose+ acetate achieved rate of 8.38 and 3.36 3) TN removal efficiencies were 74.6% with glucose and 83% with glucose + acetate 4) SND removal efficiencies were 34% with glucose and 40.1% with glucose + acetate
[75]	Crushed granules-fed Aerobic Granules	Domestic wastewater	Total COD:326; Soluble COD: 179; VFA: 21; ammonium:51; TP: 11; Phosphate: 9; TN: 67	1) Organic matter removal efficiencies reached 80% 2) The system achieved 85% and 94% nitrogen and phosphorus removal at the end of operations 3) SND increased over 50% when nitrite at low concentration and reduced to 20% on day 65 when nitrite at high concentration
[100]	PAC-fed Aerobic granules	Synthetic wastewater	Influent COD: 750; Glucose: 1L; Ammonium chloride: 200; Magnesium sulphide: 25; Iron (II) sulfate: 20;	1) Effluent of COD achieved 59 mg/l with removal of 92% 2) Ammonium conc. decreased from 38 mg/l to 17.6 mg/l after 10 days 3) Ammonium removal efficiency were between 64% 75%
[47]	Fe ₃ O ₄ - fed Aerobic Granules; Fe ³⁺ - fed Aerobic Granules	Synthetic wastewater	COD: 1600; Ammonium chloride:75; Phosphorus: 15; Calcium chloride: 15; Magnesium sulphide: 12.5	1) COD and ammonium removal: 94.76% and 97.68%
[133]	Fe ²⁺ - fed Aerobic Granules	Synthetic wastewater	COD:600; Monopotassium phosphate: 10; Ammonium chloride:100	1) High phosphorus removal was obtained at 92% 2) Sludge phosphorus content (45.6 mg/g-SS) with higher bioavailability (95%)

Table 8: Main works on the removal performances of aerobic granules with and without addition of enhancers (continue)

Ref	Biogranules	Wastewater	Wastewater Characteristics (mg/L)	Removal performances
[127]	Electric Field- fed Aerobic Granules	Synthetic wastewater	COD: 600 ; Ammonium Nitrogen: 60; Phosphate: 10; Magnesium ion: 12; Calcium ion: 20	1) COD removal efficiency achieved stable value of 97.12%; TP removal increased to 80.52%; TN removal: 68.05% and ammonia removal: 99% 2) Effluent concentration of nitrate was 19.99 mg/L, unable to meet environmental- friendly discharge value
[89]	Magnetic Field- fed Aerobic Granules	Pharmaceutical wastewater	<i>no data available</i>	1) COD removal increased from 64% to over 90% after 10 days of operations 2) TP removal increased to 99% on 50 th day of operations 3) Orthophosphate removal was about 9% during start-up period and increased to 93%
[125]	Glucose- fed Aerobic Granules	Synthetic petroleum wastewater	Influent COD:600-900; Ammonium: 25-40; TN: 30-47;	1) COD removal efficiency achieved 95% as the conc. decreased from 625 mg/l to 30 mg/l; Oil removal achieved over 90%, oil content maintained below 25mg/l; On the first 40 days, ammonium and TN removal achieved 100% and 85%; Addition of 400 mg/L glucose after day 120 increased the TN and ammonium nearly 100%
[57]	Dewatered sludge- fed Aerobic Granules	Synthetic wastewater	COD:1000; TN:50; TP:6; Calcium chloride: 1.50; Iron(II) sulfate:0.24; Magnesium sulphide:0.27	1) COD removal achieved only 66.91% on day 2 of operation and increased over 90% 2) Ammonium removal rate achieved > 98%; concentration of NO ₂ -N was lower than NO ₃ -N
[123]	No addition of enhancer	Livestock wastewater	COD: 3600; BOD: 1750; TN:650;TP:380;TSS: 230	1) COD, TN and TP removal rate were slightly lower by 74%,73% and 70%.
[119]	No addition of enhancer	Rubber wastewater	COD: 1850; SS:270; TN: 278; AN: 49	1) COD removal rate: 96.5%; Ammonia removal rate: 95%; 2) Total nitrogen removal rate: 89.4%
[134]	No addition of enhancers	Landfill Leachate	COD: 4560; Ammonium: 945; NO ₃ ⁻ : 0.3	1) COD removal efficiency achieved 70% 2) Ammonium removal efficiency achieved only 59%
[23]	No addition of enhancers	Slaughterhouse wastewater	COD: 1250 ± 150; Ammonia: 120 ± 20; TP: 30 ± 5	1) COD removal: 95.1%; Ammonia removal efficiency: 99.3%; 2) TP removal efficiency: 83.5%
[13]	No addition of enhancers	Real domestic wastewater	COD:900; Ammonium:54; TN: 70; PO ₄ ³⁻ – P:8; Oil and grease: 280	1) COD removal efficiencies: 89%; Ammonium removal: 60% 2) PO ₄ ³⁻ – P removal efficiencies: 76%
[140]	No addition of enhancers	Saline wastewater	Glucose: 1536; NH ₄ Cl: 240; Seawater crystal: 0% to 8%	1) COD removal decreased to 25% with increasing of salinity to 8% 2) NH ₄ ⁺ -N removal decreased to 21% as salinity increased to 8%

*Notes: TP (Total phosphorus); TN (Total nitrogen); NH₄⁺-N (Ammonium nitrogen); COD (chemical oxygen demand); BOD (biological oxygen demand); TSS (total suspended solid); NO₂-N (nitrite); NO₃-N (nitrate); PO₄³⁻-P (phosphate); VFA(volatile fatty acid); SND (simultaneous nitrification denitrification); Fe₃O₄ (magnetic powder); NH₄-Cl (Ammonium Chloride)

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