



# Summer as I see

With sizzling hot summers and sub-zero temperatures in winter, Budapest; the capital of Hungary shows a different face with each changing season, but there's something to enjoy at every time of year. City life spills outdoors into restaurant terraces, parks and even Danube beaches in the summer, while the winter is more about culture and cosiness. Coming from a tropical country, I mostly enjoy the summer and the fall seasons as it brings more warmth and festive vibes to the city. In between the blossom filled spring and the hiking friendly, colourful months of fall, no matter when it is, there is always something to do in Budapest.

Daylight Saving Time (DST) is the practice of advancing clocks by one hour during warmer months so that darkness falls at a later clock time. The standard implementation of DST is to set clocks forward by one hour in the spring and to set clocks back by one hour in the fall to return to standard time. As a result, there is one 23-hour day in late winter or early spring and one 25-hour day in autumn. This makes the whole summer more engaged with so many outdoor activities and mostly in Central Europe people have 18-hour active days where they have bright early mornings and late nights throughout the summer.

The warm summer from May to September is the time to enjoy the outdoors the most. It's also the peak season for tourism, bringing high temperatures and higher prices. The lively Sziget Festival, which takes place in August on Óbuda island, is perhaps the city's most famous party. The

week-long festival has grown from a relatively low-profile student event in 1993 to become one of the prominent European rock festivals, with about half of all visitors coming from outside Hungary, especially from Western Europe.

A summer holiday is not perfect without authentic local food, juicy drinks, BBQ parties, ice cream and limitless beer evenings. There are many small-medium scale and fancy luxury outlets, and hotels to enjoy summer specials across the country. This is the time the Europeans enjoy the most of tropical fruits, cocktails, seafood, and sweets.

For me, summer is full of simple outdoor pleasures, such as the feeling of sun and wind on your arms and legs, freshly uncovered. It contains a larger amount of happiness born out of escapes of any kind. It tastes of roasted vegetables and fruits so ripe they dribble off your chin. This is the ideal time to get out as much as you can for as long as you can. Feel the freshly cut grass in the garden, climb the trees, swim in the waves, eat outdoors, take a walk at dusk and sleep under the stars. Also, it reminds me of a family get-together and limitless talks, laughs while enjoying mom's special dishes. You don't want to miss anything by hurrying past it. And there is no need to sweat even more unless you're also having fun while doing it. Well, that's the wisdom of summer. It teaches everyone to be fully awake, engaged, and open to everything around us. Appreciate what we have. It's about being outside, whether on crowded streets or deep in nature.

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## Communication Skills in the Hospitality Industry

**E**ffective communication is important in any workplace, and this is included in the restaurant industry. This communication is more than exchanging information, but understanding the emotion and intention is the main factor. In the restaurant industry, the sender must convey the information communicated among the staff, managers and also the guests. Failure to communicate will disperse unsatisfactory moods.

For instance, the chefs who get involved in this industry have their duties and responsibilities to be done without a mistake. Any mistake will lead to creating their jobs will be redundant since all of them are connected to the restaurant's operation. Routine and timing need to be kept on track because both are important things to make sure the operation runs smoothly. So, effective communication in the restaurant is a big thing that must be clear all the time during the operation hour. In line with the above mention, mutual understanding in communication plays important role in every aspect of life and career.

There are two subsets of communication skills, verbal communication and non-verbal communication. Verbal communication is sharing of information between the

senders and received by face-to-face speech. This verbal communication is an articulate fact and data. Meanwhile, non-verbal communication includes body language, facial expression and speech tone. Non-verbal communication is showing off the ability to make others understand the meaning of what we say physically, mentally and emotionally.

In contrast, today, in the era of electronic communication, people were talking thru short text messaging to spread the important message or news without any boundaries. This communication was called social media communication. By having this communication, the sender and receiver must clearly understand the situation to avoid miscommunication among themselves. Communication tends to be less effective due to the lack of focus, unable to manage stress and over-thinking. The sender must control their emotional stability and must increase their emotional intelligence when they are dealing with a tough decision. We are unable to forgo multi-thinking. The distraction and the tendency being miss cues in the conversation are high. So, we need to Keep it simple, FOCUS!



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