

PETRONAS MALAYSIA OPEN 2024

#GemilangkanLagi

Unite Our Voices, Ignite Their Spirit

9-14 January 2024
Axiata Arena, Kuala Lumpur

Organized by **HSBC BWF World Tour Super 1000**

PETRONAS 50 YEARS

Passionate about Progress

Six ways to avoid hypovolemic shock

May 23, 2023 @ 12:01 am



Schoolchildren should be encouraged to wear breathable and lightweight cotton clothing during hot weather. - NSTP file pic

LETTERS: As Malaysia grapples with the repercussions of changing monsoon patterns and the subsequent extreme heat, the Education Ministry's initiative to allow students and teachers to wear sports attire to school is commendable.

One concern arising from the extreme heat is a condition known as hypovolemic shock, colloquially referred to as "organ hangus".

This condition occurs when the body experiences a severe loss of fluids and blood, leading to insufficient blood supply to the organs and subsequent organ failure.

The term "organ hangus" has sparked panic among people, especially parents, who are taking steps to protect their children.



Fusca car conversion kit for VW BUG VW...

Alibaba - Sponsored

[Know More](#)



MORE NEWS

- 3 pillars for students' wellbeing
- Anwar urges monitoring of Palestinian Solidarity Week events in schools [NSTTV]
- Ocean temperatures around South Florida hit hot-tub levels
- India sees hottest, driest August since records began

Here are tips for parents:

ENSURE children drink lots of plain water before going to school;

REMIND children to stay hydrated by drinking water regularly throughout the day;

DISCOURAGE strenuous activities that induce excessive sweating;

ADVISE students to avoid direct sun exposure during peak hours;

OPT for breathable and lightweight clothing, such as cotton, to prevent heat accumulation; and,

PROMPTLY address any illness or injury to prevent complications.

DR AIFA ROZAINI MOHD RADZOL

Senior lecturer, Faculty of Hospitality, Tourism and Wellbeing,

Universiti Malaysia Kelantan

The views expressed in this article are the author's own and do not necessarily reflect those of the New Straits Times



FWD

FWD

Get Covered For The Top 3 Critical Illnesses

FWD Protect Direct

Financial protection for your family, from RM11.15/month.

[Get your quote](#)



GET A FREE G

Keywords: [Weather](#), [Students](#), [School](#), [Heatwave](#), [Education Ministry](#), [Heatwaves](#), [Hot Weather](#), [Hypovolemic Shock](#), [Organ Hangus](#), [Necessarilyreflectthosethenewstraitstimesnewstraitstimespressmbhd](#), [Facultyhospitalitytourismwellbeinguniversitimalaysia](#), [Theeducationminis*](#), [Ensure](#), [Rozainimohdradzolsenior](#), [Newstraitstimesnewstraitstimespress](#), [Aifa](#), [Dr](#)



RELATED ARTICLES

NATION Oct 26, 2023 @ 4:53pm

[Education for all via 'Pendidikan Manusiawi'](#)

LETTERS Dec 11, 2023 @ 12:03am

[Will teachers be trained for Character Education?](#)

NATION Jul 23, 2023 @ 4:27pm

[Form Six College principals given autonomy to recruit students](#)

LETTERS Oct 31, 2023 @ 12:10am

[Teach kids to love, not hate](#)

You May Like

Sponsored Links by Taboola

If you have a mouse, play this game for 1 minute and see why everyone is addicted.

No Installation. Play for free.

Combat Siege

Switzerland BINGER 5078 Top Brand Convex sapphire glass Fashion Business Automatic Mechanical Watch Men Steel Strap fashion Watch

Get latest price now

Alibaba

[Know more](#)

Best Kinocean All Welding Aluminum High Speed Deep-V Fishing Cabin -cruiser-Boat

Get latest price now

Alisourcing

Buy now

Japanese Special hair-growth method. Hair grows too fast

Hair's Rich

Learn More

A woman in her 40s drank "Ceramide" and her skin became...

A woman in her 40s drank "Ceramide" and her skin became...

URUHIME MOMOKO



Doctors amazed - do This every day and lose pounds!

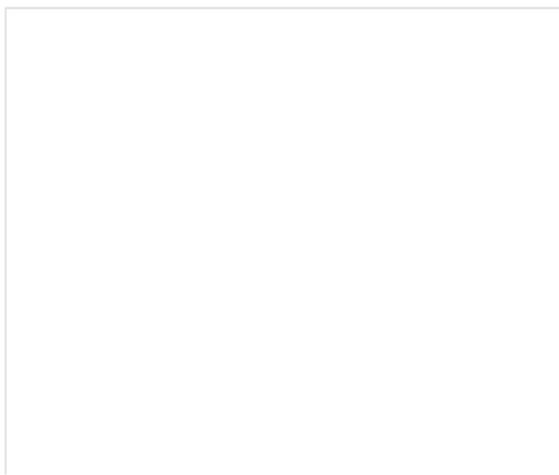
well-being-review DietDrops

MOST POPULAR

LATEST

MOST READ

- 23m ○ [Three men arrested for trespassing MB's residence](#)
- 28m ○ [MPKB identifies eight business premises which hired foreigners](#)
- 42m ○ [Sultan Azlan Shah Cup returns after one-year hiatus](#)
- 53m ○ [MMEA takes action on two tourist boats in KK found neglecting safety](#)
- 1h ○ [Review functions of J-Kom first before appointing new DG - Fahmi](#)
- 1h ○ [Alif Satar featured in Padu promotional music video \[WATCH\]](#)
- 1h ○ [Padu will not be misused for election campaigns - Fahmi](#)



ACROSS NEW STRAITS TIMES



NATION 3 hours ago

[Perodua agrees to buy Nagakanni's Bezza at full price](#)



NST VIRAL 4 hours ago

[#NSTviral: Foreigners turn park into makeshift residence, prompting community concerns](#)



NATION Jan 6, 2024 @ 12:19am

[Tourism minister denies allegations of eating pork and drinking alcohol in office](#)



NATION Jan 5, 2024 @ 9:24pm

[The process of replacing Nagakanni's Bezza far from straightforward, says lawyer](#)



CRIME & COURTS Jan 5, 2024 @ 1:02pm

['Mini Dhaka' at Jalan Silang raided again in DBKL operation \[NSTTV\]](#)

WHAT TO READ NEXT



Dec 31, 2023 @ 10:33pm

[PM in New Year's message: Unity govt to prioritise economic development for people](#)



Dec 25, 2023 @ 10:12pm

[Land ownership issues impede plans to develop Meor Abdul Rahman's residence](#)



Dec 31, 2023 @ 9:24pm

[Israeli jets pound central Gaza as Netanyahu indicates longer war](#)



Dec 31, 2023 @ 10:11pm

[Family of murdered Dutch model seeks assistance from Anwar](#)



Dec 31, 2023 @ 10:17pm

[Four men injured as fire razes transformer room in Sungai Way](#)

STORIES FROM SAYS



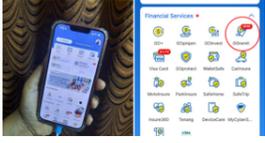
2 hours ago

AirAsia Announces Fixed Low Fares Of RM298 To Sarawak And RM348 To Sabah For CNY



Jan 5, 2024 @ 5:36pm

High Court Reduces Ex-Judge's 6 Month Jail Sentence To 1 Day For Pocketing RM5,000



Jan 5, 2024 @ 6:10pm

Here Is The List Of 50 Countries You Can Easily Transfer Your Money To With TNG GOremit



Jan 5, 2024 @ 5:46pm

Ini 10 Syarikat Tawarkan Gaji Permulaan Tertinggi Bagi Graduan Di Malaysia



Jan 5, 2024 @ 5:40pm

"We Started Together" – K9 Handler Can't Hold Back Tears At Four-Legged Friend's Funeral



GET MOBILE APP



NEWS

- [Crime & Courts](#)
- [Govt / Public Policy](#)
- [Nation](#)
- [Politics](#)

BUSINESS

- [Business Times](#)
- [Property](#)
- [Cars Bikes Trucks](#)

LIFE & TIMES

- [Sunday Vibes](#)
- [Bots](#)
- [Heal](#)
- [Flair](#)
- [Jom!](#)
- [Groove](#)

SPORTS

- [Football](#)
- [Badminton](#)
- [Tennis](#)
- [Cycling](#)
- [Golf](#)
- [MMA](#)
- [MotorSport](#)
- [Cricket](#)
- [Others](#)

WORLD

- [World](#)
- [Region](#)

OPINION

- [Columnists](#)
- [Letters](#)
- [Leader](#)

GALLERY

- [Photos](#)
- [Infographics](#)

NST PODCAST

- [NST TV](#)
- [EDUCATION](#)
- [VOUCHER](#)

RADIO

- [Get Audio+](#)
- [Hot FM](#)
- [Buletin FM](#)
- [Fly FM](#)
- [8FM](#)
- [Molek FM](#)