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# The Effect of Workplace Design on Personnel's Well-being

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# **Abstract**

Most workplaces nowadays tend to follow the traditional rigid design of common offices, and along with lack of research on the impact of workplace design on personnel's well-being. The rigid design of a workplace can lead to stress and poor space management. Designer have lack awareness on the impact of workplace design on personnel's well-being. Hence, this study aims to investigate the impact of workplace design that include furniture, lighting and colour on employee well-being. The arrangement or composition of diverse design elements in workplace is important for the personnel's well-being. This study employed a mixed method research design specifically concurrent mixed method strategy were used. In-depth interviews, questionnaires and observation were used for data collection. Data from in-depth interview, questionnaire and observation then were triangulated to obtained the conclusion for this study. After gathering data from questionnaires and interviews, the result showed that design choices and



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elements in the workplace does indeed affect the well-being and productivity of the workforce.

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