

## Effects of water additive mixed probiotics on water quality, growth performance, feed utilization, biochemical analyses and disease resistance against *Aeromonas sobria* of Nile tilapia

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### A B S T R A C T

The present study examined the effects of water additive mixed probiotics on water quality, growth performance, feed utilization, biochemical analyses and disease resistance against *Aeromonas sobria* of Nile tilapia (*Oreochromis niloticus*). Triplicate groups of Nile tilapia fingerlings (46 g) were fed a commercial diet (ALLER AQUA FEED) in four water treatments control (0.0 g/m<sup>3</sup>), T1 (0.0010 gm m<sup>-3</sup> day<sup>-1</sup>), T2 (0.0015 gm m<sup>-3</sup> day<sup>-1</sup>), T3 (0.0020 gm m<sup>-3</sup> day<sup>-1</sup>) of probiotic (AquaStar® Pond) for 60 days. The water quality parameters particularly total ammonia nitrogen (TAN) and ammonia (NH<sub>3</sub>) decreased significantly ( $P \leq 0.05$ ) in all three water treatments when compared to the control treatment. The better values of growth performance, feed utilization and hematology recorded of probiotic groups. The results also showed that fish reared in three water treatments with additive probiotics had a lower mortality when challenged with *Aeromonas sobria*. Hence, the water additive probiotic used in this study is a promising solution as an alternative product to improve the water quality, growth, and health of *O. niloticus*.

### 1. Introduction

Globally, aquaculture has emerged as one of the fastest-growing agricommodities, accounting for around 50 % of the food fish basket [1].

Tilapia is the second most commercially farmed fish in the world, after carp [2]. In 2018, Tilapia production was approximately 6.882 million tonnes [3], with a projected increase to 7.3 million tonnes by 2030 [4]. The previous ten years have seen a fourfold growth in tilapia output because of the fish's adaptability for aquaculture, consumer acceptance, and steady market prices [5,6].

However, because of the intense cultural methods used in the aquaculture industry, fish raised for aquaculture are susceptible to a wide range of pathogenic organisms. Furthermore, the overuse of chemotherapy has resulted in the development of antimicrobial resistance and irreversible damage to the aquatic ecosystem due to xenobiotic contamination [7]. Diseases and bad environmental conditions continually hinder productivity, resulting in serious financial losses for farmers [8].

The fish farming sector often uses antibiotics to combat disease outbreaks, but because bacteria can become resistant to antibiotics, their effectiveness is not always assured. It affects aquaculture, fish

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consumers, and the environment in addition to aquaculture ecosystems [9–11].

Probiotics are single or combined cultures of microbiological communities that, in adequate amounts, may aid in the host's growth and well-being [12–14]. Probiotics have been marketed and sold as an instant water supplement and feed additive because of their special qualities and health benefits [15]. Although probiotics have a wealth of evidence supporting their efficacy and sustainability as a biocontrol strategy, the need for novel probiotic candidates and their scientific validation remains a requirement for the well-being of aquaculture [16].

Probiotics serve numerous functions, including boosting water quality and growth performance, promoting digestion and absorption by improving the microbial balance of the intestine, and so on [15,17].

Direct application of probiotics to water is an excellent way for improving water quality [15]. Probiotics improved water quality parameters like dissolved oxygen, hardness, pH, temperature, and osmotic pressure [18]. Therefore, adding probiotics to fish raising water is a promising way to improve growth, feed efficiency, and disease outbreak management while achieving aquaculture sustainability [19,20]. Additionally, the flavor of the probiotics should preferably be agreeable and appropriate for the species being grown [11,21,22]. Probiotic supplements are safe for the environment, useful for aquatic species, and do not negatively impact the naturally occurring good bacteria in the surrounding water [8,23,24]. These probiotics may also strengthen the immune system, boost growth and immunity-related genes, boost economic return, and enhance the quality of the water [25]. In contrast, antibiotics are known to negatively impact live biota, particularly in the naturally occurring beneficial bacterial flora, meaning that using them has unfavorable effects and should be avoided [26].

One of the primary causes of infections affecting tilapia is bacterial infection, such as *Aeromonas* spp., which can result in significant financial losses [27]. *Aeromonas* spp. are gram-negative, motile, small rods that live in the fish gut and aquatic environment and can induce sickness and death within one week of infection [28]. Skin sores, fin erosions, eye infection, and hemorrhagic septicemia are symptoms of diseased fish [29]. According to Moustafa, Dawood, Assar, Omar, El-bialy, Farrag, Shukry and Zayed [30], *Aeromonas* infection is the most important impediment to the global expansion of the Nile tilapia business.

*Aeromonas sobria* is a common water-dwelling bacterium that can infect tilapia either acutely or chronically through its virulence components, which include hemolysin, enterotoxins, and others [31]. Hemorrhagic septicemia caused by *A. sobria* can occur year-round, although it is more common in situations with low water quality, little water change, dense stocking, overwintering, and fluctuating temperatures [32]. According to study by Li and Cai [27], *A. sobria* can cause juvenile tilapia to develop tail rot disease.

Consequently, this study investigated the impact of water additive Mixed Probiotics on water quality, growth performance, feed utilization, biochemical analyses and disease resistance against *Aeromonas sobria* of Nile tilapia (*Oreochromis niloticus*).

## 2. Materials and methods

### 2.1. Experimental design

The experimental trial was conducted at a private fish farm, with prior approval of the Faculty of Science, South Valley University Research Ethics Committee (REC-FSCI-SVU-0004/05/24). 240 *Oreochromis niloticus* fingerlings (46 g) were reared in 12 concrete ponds (1 × 1 × 1.2 m, 1 m<sup>3</sup>), where 20 fish were stocked per each pond.

Fish were acclimated for 15 days. Probiotic used in this study is AquaStar® Pond is a blend of probiotic bacteria (*Bacillus* sp., *Pediococcus* sp., *Enterococcus* sp.) and organic carrier. Number of

bacteria is min 2 × 10<sup>12</sup> CFU/kg product (Producer: BIOMIN GmbH, Industriestrasse 21, A-3130, Herzogenburg, AUSTRIA).

Fish were fed on the extruded diets containing 30 % protein ALLER AQUA FEED (<https://www.aller-aqua.com/>). The proximate chemical composition of the used commercial diet is crude protein (30 %), crude fat (5.2 %), NFE (47.2 %), ash (5.8 %), fibre (4.8 %), gross energy (16.74 MJ), and digestible energy (8.7 MJ).

### 2.2. Application protocol

Ponds were assigned to four treatments (triplicate group for each treatment) for 60 days with treatments as follows:

$$T0 = 0.0 \text{ g/m}^3.$$

$$T1 = 0.0010 \text{ gm m}^{-3} \text{ day}^{-1}.$$

$$T2 = 0.0015 \text{ gm m}^{-3} \text{ day}^{-1}.$$

$$T3 = 0.0020 \text{ gm m}^{-3} \text{ day}^{-1}.$$

Fish were fed three times a day at 08:00, 11:00 and 14:00 at 2.5 % of fish biomass. The fish of each experimental group were live-weighed to recalculate the amount of feed consumed during the trial period every two weeks. Water parameters were examined daily during the trial and the treatments were checked under static aerated water conditions with a 30 % water change for the control group and 5 % for all treated group.

### 2.3. Water quality analysis

Water samples were collected twice a month. Temperature and dissolved oxygen (D.O.) levels were measured with an oxygen meter outfitted with oxygen and temperature sensors. The pH values were recorded using a pH meter. The water's salinity was determined using a refractometer (Erma, Japan), and the unionized ammonia (NH<sub>3</sub>) was computed using [33]. An ammonia test kit (Advance Pharma, Thailand) was used to assess the pond water's total ammonia nitrogen (TAN).

### 2.4. Evaluation of the growth parameters and feed utilization

The growth performance, feed utilization, and survival rate were assessed according to average final weight gain, specific growth rate (SGR), and feed conversion ratio (FCR), based on the following equations:

$$\text{weight gain (WG)} = \text{Final weight (g)} - \text{Initial weight (g)}$$

$$\text{Weight gain \% (WG\%)} = (\text{Final weight} - \text{Initial weight}) / \text{Initial weight} \times 100.$$

$$\text{Average daily gain (g/fish/day): ADG} = \text{Wt} - \text{W0} / \text{n}$$

Where: W0: the initial mean weight of fish in grams.

Wt: the final mean weight of fish in grams.

Where: n: duration period.

Feed Intake (g/fish): The amount of feed given or supplied during the experimental period /fish (g).

$$\text{Feed conversion ratio (FCR)} = \text{Feed intake (g)} / \text{Weight gain (g)}.$$

$$\text{Specific growth rate (SGR)} = 100 \times (\ln W2 - \ln W1) / T.$$

Where ln is the natural logarithm, W1 is the initial weight, W2 is the final weight (g), and T is the number of days in the feeding period.

Survival rate (SR) = (Z/X) × 100, Where, Z is the surviving fish number and X is the initial fish number.

### 2.5. Proximate chemical analysis

Dry matter, crude protein (N 6.25, using Kjeldahl method), ether extract (Chloroform/methanol extraction by Soxhlet extractor), and ash contents of feed ingredients. Fish samples were evaluated after being weighted and dried for 6 h in an oven at 105 C for feed and 70 C for fish [34,35].

## 2.6. Biochemical analyses

Blood samples were obtained from the caudal vein of fish (three for each replicate) in clean, dry centrifuge tubes, allowed to clot for 15 min, spun at 3000 rpm for 10 min, and then frozen at  $-20^{\circ}\text{C}$  for biochemical analysis. Henry et al. (1974) employed a colorimetric approach to measure serum total protein (g/dL) and albumin (g/dL). creatinine and urea levels were determined according to Heinegård and Tiderström [36]. Sunderman Jr and Johnson [37] determined serum globulin (g/dL) levels by measuring the discrepancies between total protein (g/dL) and albumin (g/dL). The activity of aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase [26] were determined using the method of Reitman and Frankel [38].

## 2.7. Experimental challenge

A pathogenic strain of *A. sobria* was used. The resistance of Nile tilapia to pathogenic *A. sobria* was studied after a 60-day experiment in which the fish were cultured in an incubator on nutritional broth for 24 h at  $30^{\circ}\text{C}$ . Bacterial pellets were produced after 30 min of centrifugation at 3000 g. As mentioned by Schäperclaus, Kulow and Schreckenbach [39], the pellets were suspended in 1.0 mL of 0.1 % peptone water and inoculated with a 0.1 mL dosage of 24 h broth from *A. sobria* (5 105 CFU/mL). In the fish,  $1.5 \times 10^7$  cells/mL cell suspension was administered intraperitoneally [40]. The challenged fish were observed daily for 15 days to record mortalities and/or clinical symptoms.

## 2.8. Statistical analysis

The results for each measured parameter were expressed as means  $\pm$  standard deviations. Statistical evaluation of results was carried out using the one-way analysis of variance [41], to detect the significance of differences of various parameters among the treatments according to SPSS (version 26).

## 3. Results

### 3.1. Water quality

Marked variation in water temperatures and pH levels was detected between the control and supplemented groups. Salinity values were increased in probiotic groups compared to the control group. DO, TAN and Un-ionized ammonia levels were decreased in treatment groups compared to the control group ( $p < 0.05$ ) (Table 1).

### 3.2. Growth performance

The growth parameters, feed utilization, and survival rate values are presented in Table 2. The data indicated that Nile tilapia reared in water with probiotics (T1, T2, and T3) had higher final body weight, weight gain, weight gain rate, feed intake, biomass and specific growth rate (SGR) than fish fed the control group. The better FCR and survival rate were found in T2 (1.20 % and 98.33 %, respectively).

**Table 1**  
Effect of probiotic use on some water parameters of rearing water of Nile Tilapia (*Oreochromis niloticus*).

Parameters	Control	T1	T2	T3
Temp.[42]	27.270 $\pm$ 0.11930 <sup>b</sup>	27.153 $\pm$ 0.03 <sup>b</sup>	27.570 $\pm$ 0.07 <sup>a</sup>	27.163 $\pm$ 0.08 <sup>b</sup>
Salinity (ppm)	214.000 $\pm$ 1.52753 <sup>b</sup>	516.333 $\pm$ 2.03 <sup>a</sup>	519.333 $\pm$ 1.76 <sup>a</sup>	519.667 $\pm$ 3.18 <sup>a</sup>
DO <sub>2</sub> (ppm)	7.820 $\pm$ 0.05292 <sup>a</sup>	7.793 $\pm$ 0.08 <sup>a</sup>	7.800 $\pm$ 0.06 <sup>a</sup>	7.803 $\pm$ 0.04 <sup>a</sup>
pH	8.167 $\pm$ 0.00333 <sup>a</sup>	8.160 $\pm$ 0.00 <sup>a</sup>	8.173 $\pm$ 0.00 <sup>a</sup>	8.123 $\pm$ 0.01 <sup>b</sup>
TAN (ppm)	1.029 $\pm$ 0.03438 <sup>a</sup>	0.864 $\pm$ 0.02 <sup>b</sup>	0.688 $\pm$ 0.00 <sup>c</sup>	0.532 $\pm$ 0.00 <sup>d</sup>
NH <sub>3</sub> (ppm)	0.104 $\pm$ 0.00153 <sup>a</sup>	0.085 $\pm$ 0.00 <sup>b</sup>	0.065 $\pm$ 0.00 <sup>c</sup>	0.042 $\pm$ 0.00 <sup>d</sup>

## 3.3. Chemical composition

The whole-body proximate compositions (dry matter, protein, and ash content) of Nile tilapia were higher in all probiotic-supplemented groups compared to the control group. In contrast, Ether extract content was decreased in the probiotic groups compared to the control group (Table 3).

## 3.4. Biochemical markers

Total protein, globulin, and albumin were significantly ( $p < 0.05$ ) higher in the serum of probiotic groups than in the control group. Serum AST, ALT, ALP and urea activities were significantly decreased in supplemented groups. No marked change was observed in creatinine levels (Table 4).

## 3.5. *A. sobria* challenge test

As shown in (Fig. 1), adding probiotic to water significantly enhanced ( $P > 0.05$ ) Nile tilapia resistance to *A. sobria* infection compared to the control group. After the fish died, exophthalmia, ascites, tail and fin rots, scalelessness with external hemorrhage, and septicemic lesions of the internal organs were discovered. Exophthalmia and internal organ septicaemia were clinical signs of mortality.

## 4. Discussion

The purpose of this study was to assess the growth promoting and immunostimulant effects of probiotic addition to water in Nile tilapia rearing systems, as well as the susceptibility of fish to *Aeromonas sobria* infection. The effects of this probiotic were studied using various factors such as water quality, growth performance, blood biochemical indicators, and histology of the liver and intestine. Aquaculture productivity is strongly reliant on proper water quality [11].

Many research found that using probiotics in aquaculture improved growth performance, survival rate, feed digestion, and animal immunity [43,44].

Water quality parameters may have an impact on the efficacy of probiotic supplementation in aquaculture production [15,45]. Results of our study indicate a clear improvement in water quality, represented by a decrease in total and toxic ammonia levels in probiotics-treated groups. As well, these results are consistent with many previous studies [8,11,13,17,46]. Consequently, these data contributed to the beneficial role of probiotic to enhance the water quality and fish health.

The addition of probiotics to tilapia water enhanced body weight gain, SGR, feed intake, FCR, ADG, biomass, and survival rate when compared to water without probiotics. It has been observed that adding probiotics to fish culture water improved tilapia growth and feed efficiency. Early researchs also demonstrated that probiotic-enriched tilapia rearing water significantly increased growth and production [11,13,47,48].

According to the findings, using probiotic bacteria improved the protein content of fish [8,11,49]. This could be related to increased feed intake, enhanced digestibility and nutrient utilization, and differences in muscle deposition rate [46]. Furthermore, the higher body protein

**Table 2**Effects of probiotic as water additive on the growth performance, fish biomass, and feed utilization of Nile tilapia (*O. niloticus*).

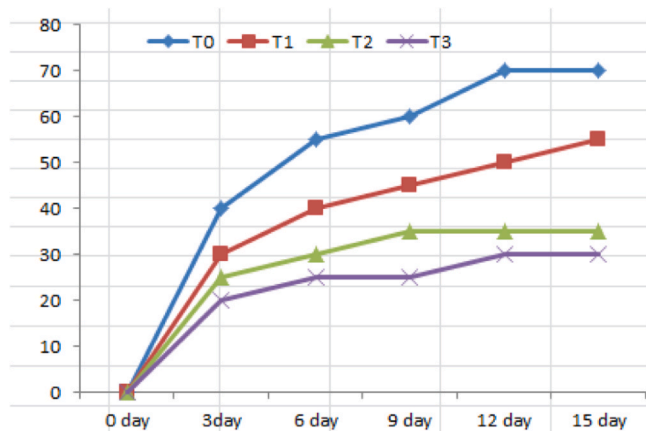
Parameters	Control	T1	T2	T3
initial fish weight(g)	46.97 ± 0.09 <sup>a</sup>	47.03 ± 0.12 <sup>a</sup>	47.03 ± 0.09 <sup>a</sup>	47.10 ± 0.21 <sup>a</sup>
final fish weight (g)	77.17 ± 0.89 <sup>c</sup>	83.37 ± 1.30 <sup>b</sup>	87.87 ± 1.58 <sup>a</sup>	86.77 ± 0.90 <sup>ab</sup>
Weight gain	30.20 ± 0.80 <sup>c</sup>	36.33 ± 1.18 <sup>b</sup>	40.83 ± 1.51 <sup>a</sup>	39.67 ± 0.86 <sup>ab</sup>
Weight gain %	64.29 ± 1.59 <sup>c</sup>	77.24 ± 2.33 <sup>b</sup>	86.81 ± 3.07 <sup>a</sup>	84.22 ± 1.86 <sup>ab</sup>
Feed intake	48.85 ± 0.09 <sup>a</sup>	48.91 ± 0.12 <sup>a</sup>	48.91 ± 0.09 <sup>a</sup>	48.98 ± 0.22 <sup>a</sup>
Feed conversion ratio (FCR)	1.62 ± 0.04 <sup>a</sup>	1.35 ± 0.04 <sup>b</sup>	1.20 ± 0.04 <sup>c</sup>	1.24 ± 0.03 <sup>bc</sup>
Specific growth rate (SGR; %/fish/day)	0.83 ± 0.02 <sup>c</sup>	0.95 ± 0.02 <sup>b</sup>	1.04 ± 0.03 <sup>a</sup>	1.02 ± 0.02 <sup>ab</sup>
ADG	0.50 ± 0.01 <sup>c</sup>	0.61 ± 0.02 <sup>b</sup>	0.68 ± 0.03 <sup>a</sup>	0.66 ± 0.01 <sup>ab</sup>
initial number	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00	20.00 ± 0.00
Final number	18.33 ± 0.33 <sup>b</sup>	19.33 ± 0.33 <sup>ab</sup>	19.67 ± 0.33 <sup>a</sup>	19.33 ± 0.33 <sup>ab</sup>
Fish biomass per m3	1414.97 ± 35.67 <sup>b</sup>	1611.00 ± 13.26 <sup>a</sup>	1728.30 ± 47.78 <sup>a</sup>	1677.50 ± 33.83 <sup>a</sup>
Survival rate	91.67 ± 1.67 <sup>b</sup>	96.67 ± 1.67 <sup>ab</sup>	98.33 ± 1.67 <sup>a</sup>	96.67 ± 1.67 <sup>ab</sup>

**Table 3**Effects of some probiotics on the body composition of Nile tilapia (*O. niloticus*).

Parameters	Control	T1	T2	T3
Dry matter	25.35 ± 0.05 <sup>c</sup>	27.04 ± 0.04 <sup>b</sup>	27.21 ± 0.04 <sup>a</sup>	27.33 ± 0.02 <sup>a</sup>
Crude protein	57.21 ± 0.51 <sup>c</sup>	59.60 ± 0.11 <sup>b</sup>	60.75 ± 0.04 <sup>a</sup>	60.99 ± 0.07 <sup>a</sup>
Ether Extract	25.34 ± 0.03 <sup>a</sup>	24.39 ± 0.02 <sup>b</sup>	24.27 ± 0.05 <sup>c</sup>	24.17 ± 0.03 <sup>c</sup>
Ash	14.45 ± 0.01 <sup>d</sup>	15.14 ± 0.02 <sup>c</sup>	15.42 ± 0.05 <sup>b</sup>	15.54 ± 0.02 <sup>a</sup>

**Table 4**Effects of some probiotics on the biochemical markers of Nile tilapia (*O. niloticus*).

Parameters	Control	T1	T2	T3
AST (IU/L)	79.11 ± 0.04 <sup>a</sup>	78.22 ± 0.21 <sup>a</sup>	76.56 ± 0.11 <sup>ab</sup>	71.89 ± 0.18 <sup>b</sup>
ALT (IU/L)	8.34 ± 0.06 <sup>a</sup>	8.08 ± 0.02 <sup>b</sup>	7.92 ± 0.01 <sup>c</sup>	7.67 ± 0.05 <sup>d</sup>
ALP (IU/L)	31.45 ± 0.04 <sup>a</sup>	31.25 ± 0.06 <sup>a</sup>	30.73 ± 0.13 <sup>b</sup>	30.38 ± 0.05 <sup>c</sup>
Creatinine (mg/dL)	0.37 ± 0.01 <sup>a</sup>	0.36 ± 0.00 <sup>a</sup>	0.37 ± 0.00 <sup>a</sup>	0.37 ± 0.01 <sup>a</sup>
Urea (mg/dL)	4.55 ± 0.01 <sup>a</sup>	4.49 ± 0.02 <sup>b</sup>	4.45 ± 0.03 <sup>bc</sup>	4.41 ± 0.01 <sup>c</sup>
Albumin (g/dL)	1.44 ± 0.02 <sup>d</sup>	1.69 ± 0.02 <sup>c</sup>	1.90 ± 0.01 <sup>b</sup>	2.03 ± 0.02 <sup>a</sup>
Globulin (g/dL)	1.75 ± 0.01 <sup>d</sup>	2.02 ± 0.03 <sup>c</sup>	2.12 ± 0.01 <sup>b</sup>	2.20 ± 0.02 <sup>a</sup>
Total protein (g/dL)	3.20 ± 0.04 <sup>b</sup>	3.70 ± 0.05 <sup>ab</sup>	4.43 ± 0.43 <sup>a</sup>	4.23 ± 0.04 <sup>a</sup>

**Fig. 1.** Mortality of Nile tilapia (*Oreochromis niloticus*) fingerlings after infection *Aeromonas sobria* infection.

content seen in this study could be attributed to more proteins released by probiotics and efficient conversion of consumed food into structural protein, resulting in increased muscle development [50]. Fish administered with high dosages of probiotics had a lower ether extract composition. Yones, S Hussein, W Ali, M Abdel-Azem and Fisheries [51] and Eissa, Baghdady, Gaafar, El-Badawi, Bazina, Abd Al-Kareem and Abd El-Hamed [8] found similar results. In the current study, body composition analysis reveals that addition of probiotics to water of fish increased dry matter and ash contents compared to the control group. The present results are in parallel with [43] who found that inclusion of

probiotics significantly increased dry matter and ash content of body composition.

In this study, probiotic could reduce AST, ALT and ALP enzymes, these results are in agreement with [41]. Meanwhile, Banerjee and Ray [52] found that probiotics had no effect on AST, ALT and ALP enzymes. In comparison to the control group, the usage of probiotics reduced urea levels. On the other hand, creatinine levels did not differ between groups, which is consistent with Moaheda, Alaryani, Elbahnaswy, Khattab, Elfeky, AbouelFadl, Eissa, Ahmed, Van Doan and El-Haroun [17]. Albumin is the most abundant protein in vertebrate blood plasma, acting as a carrier for a range of nutrients and metabolites [53]. Furthermore, larger amounts of serum protein, albumin, and globulins in fish were assumed to be associated with a strong innate immune response [54] [54].

When compared to the control group, probiotics added to water significantly reduced Nile tilapia mortality after *A. sobria* injection. According to these findings, probiotic improved the immune system of Nile tilapia, boosting the fish's resistance to *A. sobria* infection. This is consistent with Abou-El-Atta, Abdel-Tawwab, Abdel-Razek and Abdelhakim [55]. This is because probiotic bacteria can produce "bacteriocins" that are poisonous to other bacteria [46]. According to the findings of the above-mentioned study, probiotics significantly enhanced fish tolerance to many dangerous microbes [56].

## 5. Conclusion

This study exhibited the efficacy of water additive probiotic, as probiotic improved water quality, growth performance, feed utilization, biochemical analyses and disease resistance against *Aeromonas sobria* of

Nile tilapia (*Oreochromis niloticus*). As a result, water additive probiotics could be employed in sustainable aquaculture as a safe and novel alternative capable of improving growth, nutritional efficiency, and overall health in farmed fish.

### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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