

Bed and Revenue Forecasting in Nursing Home Management System

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Abstract

Data management in nursing home typically stored in manual filing systems and hardcopy records. Despite the the adoption of digital systems has begun, the information gathered often remains underutilized, and fails to contribute to nursing home operations. Therefore, this study proposes the integration of predictive analytics to analyse and predict the need for bed capacity and revenue projections to determine the sustainability of nursing homes. This study utilized historical data of bed occupancy and revenue to train two forecasting models, ARIMA and Prophet, which are compared and evaluated based on metrics such as r^2 score, mean squared error, and mean absolute error. The results show that the Prophet algorithm outperforms ARIMA in both bed and revenue forecasting. The system is implemented with a user-friendly web interface that allows users to input the date range for forecast and retrieves the forecast result from the backend. The proposed system provides nursing home managers with valuable insights into the future trends of bed occupancy and revenue, enabling them to make informed decisions and better manage their resources.

1. Introduction

Nowadays, the global trend of population aging is accelerating, and there is a growing demand for effective nursing home management systems. By utilizing modern technology and data-driven strategies, the system plays a crucial role in ensuring optimal resource allocation and enhancing the quality of care delivered in nursing homes. In the last sixty years, the proportion of adults aged 65 and older has shown a modest increase from 8% to 10% across many nations [1]. However, projections indicate a substantial escalation in this demographic over the next forty years, with estimates suggesting that it will surge from 800 million to 2 billion individuals, comprising 22% of the total population [1].

The elderly frequently live alone or in nursing institutions, either temporarily or permanently due to low population density and the migration of young people to wealthier areas. These nursing homes are updating their spaces to give their seniors greater services and attention, resulting in the expense of nursing homes and the standard of living for the elderly are impacted by these advancements [2]. The elderly often require assistance with their daily basic needs and may also suffer from various diseases requiring medication support or specialized treatment to sustain their well-being. Consequently, it is considered unsafe for seniors to live alone at home. Moreover, if a vulnerable adult is left unattended at home, the situation can escalate into a crisis before anyone becomes aware of it [3]. Besides, with the rising standards of living, an increasing number of families have both spouses working to sustain their livelihoods, leaving them with limited additional resources

to care for elderly relatives. One out of three senior citizens in Malaysia do not receive financial support from their child or have been abandoned [4]. Consequently, nursing home emerge as one of the options that is suitable for the elderly who require assistance on a daily basis.

As the population of patients in nursing homes continues to increase, the volume of transactions and bed requirements also rise proportionally. Consequently, nursing homes must adopt a strategic approach to address the occupancy rate and bed availability challenges effectively. Additionally, effective cost management is crucial for sustainable business operations. With the growth in patient numbers, there is a corresponding need to hire more nurses and manage financial resources efficiently. Thus, prudent cost management is essential to mitigate the risk of financial issues and allows ample time to prepare and implement appropriate countermeasures if needed.

Therefore, this study aims to integrate predictive analytics in nursing home management system that addresses the increasing demand for beds and enhances cost management practices. By implementing predictive analytics models and strategic planning techniques, the project seeks to optimize bed allocation, ensure efficient resource utilization, and minimize financial risks.

2. Literatur Review

2.1 Predictive Analytics

As data becomes increasingly abundant in today's society, simply storing it in a database management system (DBMS) is no longer enough. Without taking any action on the data, its potential value remains untapped. Therefore, we propose the implementation of predictive analytics to extract insights and make predictions from the stored data, enabling organizations to make data-driven decisions and gain a competitive advantage in their respective industries.

Predictive analytics is a powerful tool that leverages big data to make forecasts about future events by using statistical knowledge based on past occurrences [5]. It is a branch of advanced analytics which uses a combination of statistical modelling, data mining techniques, and machine learning to create predictions for future outcomes or performance based on the historical data given by the user. Companies frequently employ predictive analytics to forecast future outcomes and discover growth patterns in data in order to identify risks and opportunities. In healthcare, predictive analytics allow for individualized clinical management decisions and patient counselling, as they take into account specific patient characteristics rather than relying on population averages [6].

2.2 Time-Series Forecasting Algorithm

Time-series forecasting algorithms are designed to analyse and predict future values based on historical patterns and trends within a time-dependent dataset. Some examples of popular time-series forecasting algorithms include ARIMA (Autoregressive Integrated Moving Average) and Prophet.

ARIMA is a model used for time series analysis and forecasting future values based on observed patterns [7]. If a statistical model forecasts future values using data from the past, it is said to be autoregressive [8]. ARIMA has been widely used in different domain such as healthcare, transportation and agriculture. Sahai et al. [9] use ARIMA to predict the spread of the COVID-19 epidemic in the US, Brazil, India, Russia and Spain. In a similar study, Tyagi et al. [10] uses an ARIMA model to predict the confirmed and active COVID-19 cases until mid-July, and also estimate the number of isolation beds, ICU beds, and ventilators needed to cater to the increasing number of COVID-19 patients.

Nath et al. [11] employed the ARIMA model to predict wheat production, while Jadhav et al. [12] assessed the accuracy of price forecasts for cereals using the ARIMA model. The results demonstrated the remarkable performance of the ARIMA model in predicting prices, as evidenced by its ability to generate precise price forecasts for the year 2020 [12]. On the other hand, Alghamdi et al. [13] address the growing issue of traffic congestion by using ARIMA-based modelling to examine the factors that contribute to it.

Another time series forecasting algorithm is Prophet. Facebook's Core Data Science team developed the Prophet model, a user-friendly time series forecasting tool that aims to provide accurate forecasts [14]. Prophet considers time series data to be a combination of different patterns, including trends, seasonality, and holidays [15]. Although Prophet has only been available for three years, it has gained a reputation for being a powerful model that is also user-friendly [16].

The prophet model can handle historical outliers by matching them with trend changes and forecasting similar changes in the future [8]. However, the best way to deal with outliers is to remove them. The model has no difficulty in handling missing data. Sardar et al. [8] and Aditya Satrio et al. [16] utilised both Prophet and ARIMA for forecasting the trend of COVID-19. From their study, the ARIMA model performs better for predicting confirmed cases in Afghanistan, Bangladesh, India, Maldives, and Sri Lanka, while the Prophet time series model

is more suitable for forecasting cases in Bhutan and Indonesia. Although Prophet tends to deviate from the actual data the further it forecasts, the overall outcome demonstrates that it outperforms ARIMA [16].

3. Methodology

3.1 Initial Idea

Fig. 1 presents the flowchart for the bed and revenue forecasting. Users are required to enter a date range to the system, and the system will pass the date range to the backend PHP through Ajax and called the Python to load the model and produce the forecast result then send back to the frontend and generate the result into a graph and present it to the users.

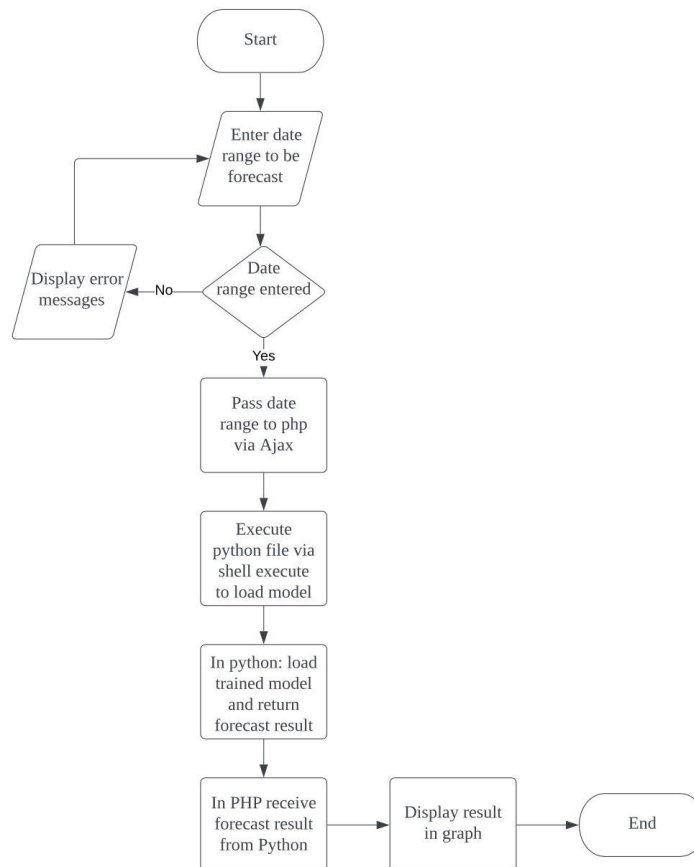


Fig. 1 Flowchart for bed and revenue forecasting

3.2 Dataset

In this stage, dataset will be collected for the preparation of model training. Since two forecast models are involved in the system, so total of two datasets will be collected. Bed dataset was obtained from the National Health Services in England [18]. The data that will be used for model training is the year and the number of beds occupied. Fig. 2 shows the overview of the bed dataset.

Due to the unprecedented COVID-19 pandemic that occurred between 2020 and 2021, the data from this period will be excluded from the dataset used in this study. This decision was made to ensure that the analysis accurately reflects typical conditions in nursing homes, unaffected by the exceptional circumstances of the pandemic. By removing this period from the dataset, the study aims to provide a more accurate representation of the factors affecting bed occupancy and costs in nursing homes, enabling more effective decision-making in these critical areas.

For the dataset of the revenue forecast model, a sample sales dataset is obtained from the internet to be used to train the revenue forecast model. Sales for each month starting from October 2009 to September 2015 have been recorded in the dataset. Before entering the model training phase, the obtained dataset must be

processed to ensure there is no empty row available in the dataset and the data type is prepared for model training. Fig. 3 shows the overview of revenue dataset.

The bed dataset was segmented into quarters, providing a quarterly breakdown of occupancy rates. In contrast, the revenue dataset was organized on a monthly basis, capturing the financial performance month by month. This difference in granularity allows for a comprehensive analysis of both the occupancy trends and revenue patterns, considering the distinct time intervals for each dataset.

| Year | Period | Org Name | Available | | | | | Occupied | | | | |
|---------|--------|----------|-----------|-----------------|-----------------------|-----------|----------------|----------|-----------------|-----------------------|-----------|----------------|
| | | | Total | General & Acute | Learning Disabilities | Maternity | Mental Illness | Total | General & Acute | Learning Disabilities | Maternity | Mental Illness |
| 2010/11 | Q1 | England | 144,455 | 110,568 | 2,465 | 7,906 | 23,515 | 122,551 | 95,430 | 1,895 | 4,756 | 20,470 |
| 2010/11 | Q2 | England | 141,477 | 108,349 | 2,237 | 7,962 | 22,929 | 119,298 | 92,775 | 1,766 | 4,879 | 19,878 |
| 2010/11 | Q3 | England | 141,630 | 108,023 | 2,088 | 7,778 | 23,740 | 121,497 | 94,741 | 1,618 | 4,738 | 20,400 |
| 2010/11 | Q4 | England | 142,319 | 108,890 | 1,974 | 7,848 | 23,607 | 123,279 | 96,566 | 1,519 | 4,738 | 20,456 |
| 2011/12 | Q1 | England | 137,354 | 104,574 | 1,721 | 7,805 | 23,253 | 116,452 | 90,317 | 1,341 | 4,616 | 20,178 |
| 2011/12 | Q2 | England | 138,525 | 105,545 | 1,784 | 7,987 | 23,208 | 116,372 | 89,981 | 1,412 | 4,841 | 20,139 |
| 2011/12 | Q3 | England | 137,963 | 105,245 | 1,756 | 7,946 | 23,016 | 117,708 | 91,448 | 1,340 | 4,841 | 20,079 |
| 2011/12 | Q4 | England | 140,454 | 107,449 | 1,937 | 7,948 | 23,121 | 122,105 | 95,633 | 1,450 | 4,851 | 20,171 |
| 2012/13 | Q1 | England | 137,287 | 104,888 | 1,966 | 7,883 | 22,550 | 118,064 | 92,145 | 1,457 | 4,730 | 19,732 |
| 2012/13 | Q2 | England | 135,559 | 103,730 | 1,743 | 7,816 | 22,269 | 115,730 | 89,917 | 1,414 | 4,736 | 19,663 |
| 2012/13 | Q3 | England | 136,044 | 103,956 | 1,728 | 7,864 | 22,496 | 116,974 | 91,347 | 1,385 | 4,631 | 19,610 |
| 2012/13 | Q4 | England | 138,178 | 106,374 | 1,697 | 7,839 | 22,268 | 121,108 | 95,516 | 1,378 | 4,486 | 19,728 |
| 2013/14 | Q1 | England | 136,459 | 104,855 | 1,706 | 7,789 | 22,109 | 118,056 | 92,750 | 1,355 | 4,424 | 19,527 |
| 2013/14 | Q2 | England | 135,037 | 103,643 | 1,662 | 7,707 | 22,025 | 115,146 | 89,614 | 1,357 | 4,522 | 19,653 |
| 2013/14 | Q3 | England | 135,489 | 104,244 | 1,636 | 7,679 | 21,931 | 116,488 | 91,353 | 1,308 | 4,514 | 19,313 |
| 2013/14 | Q4 | England | 136,811 | 105,581 | 1,671 | 7,829 | 21,731 | 119,663 | 94,571 | 1,296 | 4,549 | 19,246 |
| 2014/15 | Q1 | England | 135,754 | 104,738 | 1,552 | 7,714 | 21,750 | 117,510 | 92,315 | 1,232 | 4,425 | 19,539 |
| 2014/15 | Q2 | England | 134,753 | 103,758 | 1,518 | 7,858 | 21,618 | 116,300 | 90,948 | 1,244 | 4,732 | 19,376 |
| 2014/15 | Q3 | England | 134,573 | 103,865 | 1,484 | 7,777 | 21,446 | 117,827 | 92,905 | 1,184 | 4,561 | 19,177 |
| 2014/15 | Q4 | England | 136,946 | 106,250 | 1,455 | 7,868 | 21,374 | 121,202 | 96,343 | 1,157 | 4,571 | 19,130 |
| 2015/16 | Q1 | England | 131,812 | 104,096 | 1,322 | 7,825 | 19,569 | 114,509 | 92,007 | 1,058 | 4,746 | 16,697 |
| 2015/16 | Q2 | England | 130,619 | 102,271 | 1,302 | 7,797 | 19,249 | 112,010 | 89,036 | 1,027 | 4,795 | 17,151 |
| 2015/16 | Q3 | England | 130,298 | 101,974 | 1,305 | 7,746 | 19,273 | 113,668 | 90,857 | 975 | 4,751 | 17,085 |
| 2015/16 | Q4 | England | 131,561 | 103,422 | 1,306 | 7,746 | 19,086 | 117,125 | 94,364 | 942 | 4,725 | 17,094 |

Fig. 2 Overview of bed dataset

| 1 | date | sales |
|----|-----------|--------|
| 2 | 1/10/2009 | 338630 |
| 3 | 1/11/2009 | 339386 |
| 4 | 1/12/2009 | 400264 |
| 5 | 1/1/2010 | 314640 |
| 6 | 1/2/2010 | 311022 |
| 7 | 1/3/2010 | 360819 |
| 8 | 1/4/2010 | 356460 |
| 9 | 1/5/2010 | 365713 |
| 10 | 1/6/2010 | 358675 |
| 11 | 1/7/2010 | 362027 |
| 12 | 1/8/2010 | 362682 |
| 13 | 1/9/2010 | 346069 |
| 14 | 1/10/2010 | 355212 |
| 15 | 1/11/2010 | 365809 |
| 16 | 1/12/2010 | 426654 |
| 17 | 1/1/2011 | 335608 |
| 18 | 1/2/2011 | 337352 |
| 19 | 1/3/2011 | 387092 |
| 20 | 1/4/2011 | 380754 |
| 21 | 1/5/2011 | 391970 |
| 22 | 1/6/2011 | 388636 |
| 23 | 1/7/2011 | 384600 |
| 24 | 1/8/2011 | 394548 |
| 25 | 1/9/2011 | 374895 |
| 26 | 1/10/2011 | 379364 |
| 27 | 1/11/2011 | 391081 |
| 28 | 1/12/2011 | 451669 |
| 29 | 1/1/2012 | 355058 |
| 30 | 1/2/2012 | 372523 |
| 31 | 1/3/2012 | 414275 |
| 32 | 1/4/2012 | 393035 |
| 33 | 1/5/2012 | 418648 |
| 34 | 1/6/2012 | 400996 |
| 35 | 1/7/2012 | 396020 |

Fig. 3 Overview of revenue dataset

3.3 Data Processing

Before model training stage, the dataset undergoes preprocessing procedures to ensure data integrity and appropriate formatting. Essential libraries such as pandas and numpy are imported for data manipulation tasks. The bed dataset is imported and inspected using `df.info()` to assess its completeness and identify any data type inconsistencies. While no null values are detected, the 'total' column is flagged as having an object datatype rather than integer, necessitating further preprocessing steps (see Fig. 4).

```
In [1]: import pandas as pd
import numpy as np

In [2]: ##arima test
df = pd.read_csv('C:/Users/Isaac/Desktop/bed_dataset.csv', index_col='year', parse_dates=True)

In [3]: from pandas.plotting import autocorrelation_plot
df.info()

<class 'pandas.core.frame.DataFrame'>
DatetimeIndex: 42 entries, 2010-03-01 to 2022-03-01
Data columns (total 1 columns):
# Column Non-Null Count Dtype
---
0 total 42 non-null object
dtypes: object(1)
memory usage: 672.0+ bytes
```

Fig. 4 Inspect the dataset using `df.info()`

Subsequently, the initial rows of the dataset are examined using `df.head()` to gain insight into its structure. It is observed that the 'total' column contains numerical values formatted with comma separators, indicating the need for preprocessing to convert these figures into integers (see Fig. 5).

```
In [5]: df.head()

Out[5]:
```

| | total |
|------------|---------|
| year | |
| 2010-03-01 | 122,551 |
| 2010-06-01 | 119,298 |
| 2010-09-01 | 121,497 |
| 2010-12-01 | 123,279 |
| 2011-03-01 | 116,452 |

Fig. 5 Display first 5 rows of the bed dataset

The preprocessing procedure involves utilizing the `replace()` function to remove comma separators from the 'total' column and subsequently converting it into an integer datatype (see Fig. 6). A similar preprocessing approach is applied to the revenue dataset, where `pd.read_csv` is utilized to import the dataset and `df.info()` is employed to confirm the absence of null values. Additionally, adjustments are made to the date format to ensure proper parsing of dates using the `dayfirst` parameter.

```
In [9]: df = df.replace(',', '', regex=True)
df['total'] = df['total'].astype(int)
df.info()

<class 'pandas.core.frame.DataFrame'>
DatetimeIndex: 42 entries, 2010-03-01 to 2022-03-01
Data columns (total 1 columns):
# Column Non-Null Count Dtype
---
0 total 42 non-null int32
dtypes: int32(1)
memory usage: 504.0 bytes
```

Fig. 6 Apply preprocessing technique to remove comma separator

3.4 Model Training

In the model training phase, two algorithms, Prophet and ARIMA will be used to make comparisons in terms of accuracy for the forecast model.

3.4.1 ARIMA algorithm

The ARIMA model requires three parameters: 'p', 'd', and 'q', where 'p' represents the number of autoregressive terms, 'd' signifies the number of nonseasonal differences necessary for stationarity, and 'q' indicates the number of lagged forecast errors in the prediction equation. To determine the value of 'p', an autocorrelation plot is utilized, where the intercept value of the x-axis to the grey line corresponds to 'p', typically set as 5 (see Fig. 7).

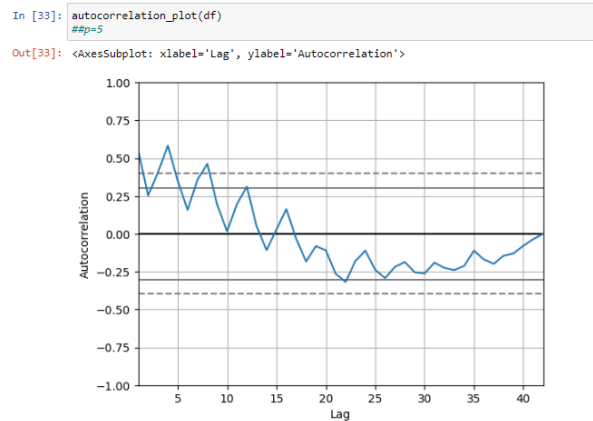


Fig. 7 Autocorrelation plot for bed dataset

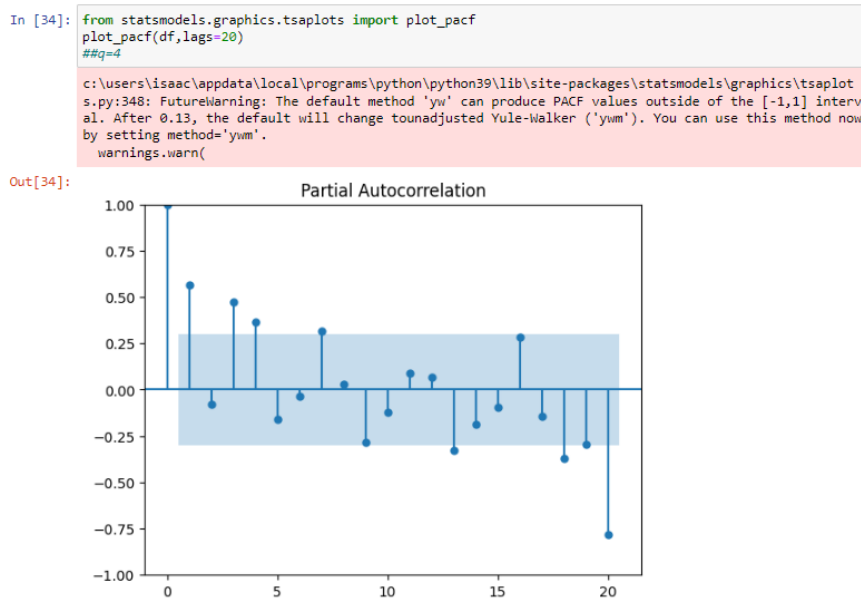


Fig. 8 Partial auto correlation graph for bed dataset

The value of parameter 'q' in the ARIMA model can be determined by examining the partial autocorrelation function plot (plot_pacf). The lag beyond which the partial autocorrelation is statistically significant (higher than the grey area) indicates the appropriate value of 'q', typically set as 4 in this case (see Fig. 8). The parameter 'd' is commonly set to 0 to denote no differencing.

Similar steps were conducted for the revenue dataset. The output of the autocorrelation_plot revealed a 'p' parameter value of 9, the 'q' parameter was determined to be 6, mirroring the procedure followed for the bed forecast model. The 'd' value remained unchanged at 0 for both datasets.

Once the parameters 'p', 'd', and 'q' are determined, the ARIMA model training process can be conducted. The dataset is split into training and testing sets, with the last 15 rows reserved for testing purposes. Subsequently, the ARIMA model is constructed using the training dataset and the identified parameters.

3.4.2 Prophet algorithm


```
In [119]: ##prophet test
bed_df = df.reset_index()

In [120]: df=bed_df.rename(columns={'year': 'ds', 'total': 'y'})

In [121]: from prophet import Prophet
import matplotlib.pyplot as plt
```

Fig. 9 Preparation of dataset for model training

Fig. 9 shows the initial preparation steps for implementing the Prophet algorithm. Firstly, the dataset index is reset to designate the date as the index. Subsequently, the column named 'year' is renamed as 'ds', and the column named 'total' is renamed as 'y', adhering to Prophet's specific requirements. Following these preparatory steps, the model training process can be started.

```
In [73]: model = Prophet(yearly_seasonality =False)
model.fit(df);
df.tail()

21:17:49 - cmdstanpy - INFO - Chain [1] start processing
21:17:49 - cmdstanpy - INFO - Chain [1] done processing

Out[73]:
```

| | ds | y |
|----|------------|--------|
| 37 | 2019-06-01 | 111938 |
| 38 | 2019-09-01 | 114757 |
| 39 | 2019-12-01 | 111321 |
| 40 | 2021-12-01 | 111871 |
| 41 | 2022-03-01 | 113651 |

Fig. 10 Model training using Prophet

Fig. 10 illustrates the model training process using the Prophet algorithm. The parameter 'yearly_seasonality' is set to false to prevent the prediction from being influenced by yearly patterns in the dataset, thereby avoiding the possibility of negative forecast outputs. These steps are similar for both datasets.

3.5 Model Evaluation

Following the model training phase, an evaluation will be conducted to compare the performance of the two algorithms on the dataset. Table 1. presents a comparison of key performance metrics for the two algorithms used in bed number prediction, ARIMA and Prophet.

Table 1 *Comparison between ARIMA and Prophet for bed prediction mode*

| | ARIMA | Prophet |
|---------------------|----------|---------|
| R2 score | -3.01 | 0.59 |
| Mean Squared Error | 13670951 | 4367937 |
| Mean Absolute Error | 3171 | 1764 |

Based on the comparison of key performance metrics in the table, it can be observed that the Prophet algorithm has demonstrated superior performance, with a higher r_2 score, and lower mean squared error and mean absolute error compared to the ARIMA model. Therefore, the Prophet algorithm has been selected as the optimal forecasting model for bed occupancy in nursing homes.

Similarly, an evaluation of the revenue forecast model will be conducted by comparing the performance of the ARIMA and Prophet algorithms. Table 2. presents the evaluation results of the ARIMA and Prophet algorithm for the revenue forecast model. Given the higher r_2 score, lower mean squared error, and mean absolute error achieved by the Prophet algorithm, it has been selected to be implemented for the revenue forecast model in the project.

Table 2 *Comparison between ARIMA and Prophet for revenue prediction model*

| | ARIMA | Prophet |
|---------------------|-----------|----------|
| R2 score | 0.73 | 0.99 |
| Mean Squared Error | 182192915 | 19250404 |
| Mean Absolute Error | 11577 | 3357 |

In the model training phase, two algorithms, Prophet and ARIMA will be used to make comparison in terms of accuracy for the forecast model. Starting from the bed forecast model, start with import the ARIMA model.

4. Model Implementation

As the Prophet algorithm shows a higher r2_score, lower mean squared error, and mean absolute error compared to ARIMA, it is selected for implementation in the bed forecast and revenue forecast page.

4.1 Bed Forecast

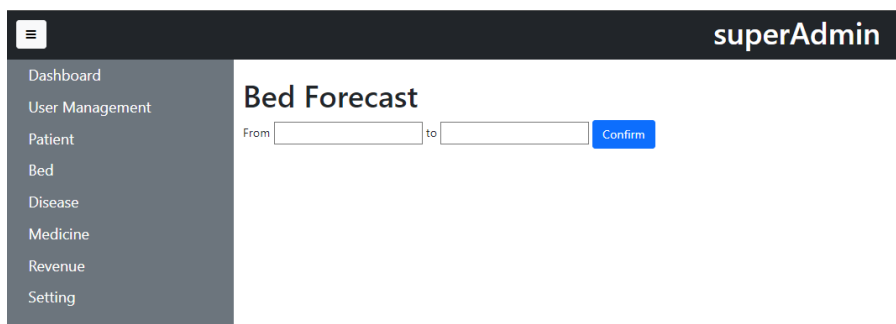


Fig. 11 Bed Forecast page

Fig. 11 shows the bed forecast page of the system. Users are required to enter the date range in future with a maximum of 6 months then click the 'Confirm' button and it will return the forecast result in graph form. The backend will execute a Python script to generate the bed forecast result based on the entered date range. The result will be returned to the frontend in JSON format after converting the date and forecast output. Fig. 12 shows the bed forecast result.

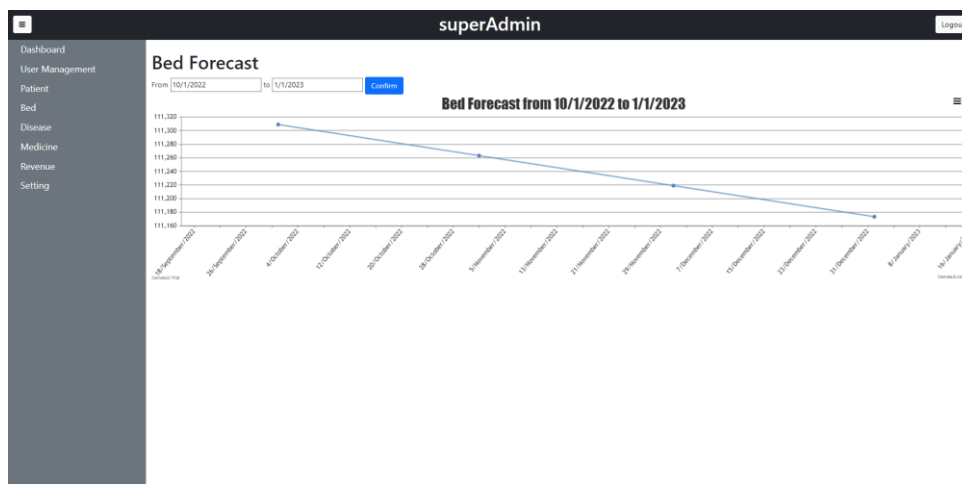


Fig. 12 Bed forecast result page

Fig. 13 shows the revenue forecast page of the system. Users are required to enter the date range in future with a maximum of 6 months then click the 'Confirm' button and it will return the forecast result in graph form. The process, which involves the execution of backend to frontend is similar to bed forecasting.

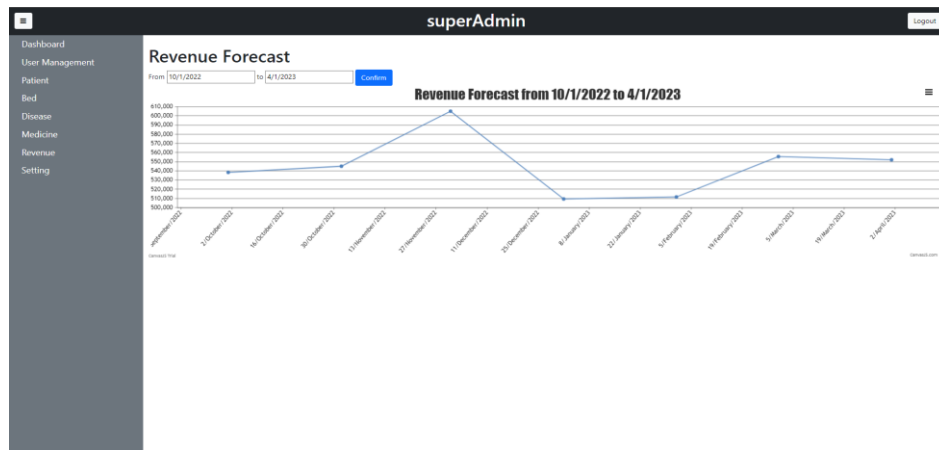


Fig. 13 Revenue forecast result page

The system developed in this study allows users to generate bed and revenue forecasts for a maximum of six months in the future. Future work could involve expanding the system to incorporate other forecasting methods and variables, as well as integrating it with other healthcare systems.

5. Conclusion

As the conclusion for this paper, the implementation of predictive analytics using the Prophet algorithm has shown promising results in forecasting bed occupancy and revenue for nursing homes. The use of this technology can help nursing homes in managing their costs more efficiently and providing better care for their patients. With further development and improvement, predictive analytics can be implemented in other areas of the healthcare industry to improve decision-making and overall efficiency.

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Conflict of Interest

Authors declare that there is no conflict of interests regarding the publication of the paper.

Author Contribution

The authors confirm contribution to the paper as follows: **study conception and design:** Isaac, Fakhitah; **data collection:** Isaac; **analysis and interpretation of results:** Isaac; **draft manuscript preparation:** Isaac, Fakhitah. All authors reviewed the results and approved the final version of the manuscript.

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